

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p ME University 2p	4 AM Mtg 10a Lunch 12:30p HOUSE MEETING 1P PM Mtg 1:15p Social Practice 2p - 3:30p	5 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p Club Ed 2p	6 AM Mtg 10a Lunch 12:30p Lucky Strike Bowling 2p 	7 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	8
9 Dallas World Aquarium 12p 	10 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p ME University 2p Tea Time 3p	11 AM Mtg 10a Lunch 12:30p HOUSE MEETING 1P PM Mtg 1:15p	12 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	13 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	14 AM Mtg 10a JFS Hoops 11a Lunch 12:30p PM Mtg 1:15p	15
16	17 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p ME University 2p	18 AM Mtg 10a Newsletter 11a Lunch 12:30p HOUSE MEETING 1P PM Mtg 1:15p Social Practice 2p - 3:30p	19 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	20 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p Employment Dinner 5p	21 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	22
23	24 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p ME University 2p Tea Time 3p	25 AM Mtg 10a Birthday Bash 12:30p HOUSE MEETING 1P PM Mtg 1:15p 	26 Clubhouse Closed	27 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	28 AM Mtg 10a JFS Hoops 11a Lunch 12:30p PM Mtg 1:15p	29 Supper Club: Noodle Wave 5p 1490 W Spring Valley Rd, Richardson, TX 75080
30	31 AM Mtg 10a Lunch 12:30p PM Mtg 1:15p	August 2026 PROFESSIONALS				

August 2026

PLAN at Katz Corner
16301 Quorum Dr
Addison, TX 75001
972-379-9904



Upcoming Events



Lucky Strike Bowling - 8/6 at 2 PM

Dallas World Aquarium - 8/9 at 12:00 PM

JFS Hoops - 8/14 at 11:00 AM

Employment Dinner - 8/20 at 5:00 PM

Birthday Bash - 8/25 at 12:30 PM

JFS Hoops - 8/28 at 11:00 AM



Supper Club: Noodle Wave - 8/29 at 5:00 PM

AUGUST MEETINGS

Weekly House Meeting

8/4, 8/11, 8/18, 8/25 @ 1p

Clubhouse Texas Social Practice

8/4, 8/18, 2:00 - 3:30p

Club Ed

Wednesday 8/5 @ 2p

Me University

Now on Mondays, @ 2p

8/3 - Managing Time

8/10 - Follow-Through

8/17 - Flexibility

8/24 - Self-Monitoring

Sept Newsletter Planning

Tuesday, 8/18 @ 11a

Happy Birthday

- Helen F. - 8/8
- Wes M. - 8/10
- Michelle C. - 8/13
- Scott E. - 8/28
- Jade M. - 8/28
- Grant P. - 8/29

PLAN CONNECTIONS

People Living Active Now

Interested in Peer Support or
Case Management Services?

Contact PLAN Connections at
972-379-9904

CASE MANAGEMENT

DANI.....214-235-4536



CONTACT LIST

PLAN CLUB.....972-379-9904

DEANNA.....214-542-1482

DANIEL.....972-703-2150

LAUREN.....972-703-2151

EMILY.....972-703-2152

TJ.....469-589-9903