

According To PLAN

The core of the Clubhouse is the Work-Ordered Day, making it a place of work. Following that logic, everyone at the Clubhouse who does the work can see themselves as professionals. The term professional "encompasses a commitment to high competence, rigorous ethical standards, and a serious, respectful demeanor as recognized by established institutions." For us, these institutions include PLAN itself, Jewish Family Service, Clubhouse Texas, and globally, Clubhouse International. Members embody these characteristics through the work of each Unit of the Clubhouse, earning the compensation of recovery. As a team, we are all colleagues working together in specialized tasks to become who we are meant to be. Together, we are professionals.

by Robin K., Fletcher P.,
Alice H., Daniel M.



PROFESSIONALS

PLANning Day Report

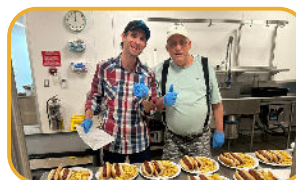
We had a successful MidYear PLANning Day with over thirty in attendance. High Points include getting ready for Re-accreditation in November, a planned trip to the Dallas Arboretum in October, and our next Arm Chair Traveler coming at the beginning of 2027!



Kelly and Charlene: PLANning Day was good! We especially liked the two ice breakers, and a slide show on the past year!

Anonymous: It felt amazing to look back at how far we have come! It was very special for everyone to share their favorite memories or accomplishments that we had forgotten about. It really put into perspective how much we really do here at PLAN! I am now even more excited for the next 7 months after getting to help plan some of the major events and trips!

Action Plan Update



Here's our progress with our first Action Plan Goal:

Work-Ordered Day

Create and maintain a full, balanced, engaging, and meaningful work-ordered day.

- ✓ We presented the "side-by-side" model approach (June)
- ✓ We have updated our work-ordered day boards and the work of the Clubhouse is fully laid out.
- ✓ We are starting to implement more diverse methods of outreach (call, text, email, etc.).
- ✓ We have created info face-sheets for most members, reorganizing our outreach books.

In Process!

- ☀ We are making progress in moving new member intake into the Member Services, and creating the process within the Unit.

Clubhouse Standards

10. Clubhouse staff have generalist roles. All staff share employment, housing, evening and weekend, holiday and unit responsibilities. Clubhouse staff do not divide their time between Clubhouse and other major work responsibilities that conflict with the unique nature of member/staff relationships.

18. The Clubhouse is organized into one or more work units, each of which has sufficient staff, members and meaningful work to sustain a full and engaging work-ordered day. Unit meetings are held to foster relationships as well as to organize and plan the work of the day.

Just Gettin' Better

By Jim D.



Is the heat getting to you? August was my least favorite month until I found a cooler and more interesting place near me where my day begins much better. It's Cottonwood Creek Park. When I realized early mornings are twenty degrees cooler than our hot, muggy afternoons, I now go to the pond at Cottonwood early to cool off and be entertained. Wildlife seem less afraid in the early hours. Squirrels and rabbits scamper about looking at me as I stroll past. I stop to enjoy watching a mama duck swimming along with four little ducklings behind. Colorful Canadian geese swim together across the pond. A great white heron slowly tiptoes near the shoreline looking for breakfast. I call a day like this a "Turtle on a Log Day" because I often see turtles lined up atop a floating log, and everything seems right with the world. I hope you have a turtle on a log day, too, to refresh both mind and body as we keep Just Gettin' Better.

Member Showcase: James J.

By Chris S., Peter M.

James is from Overland Park, Kansas. He's been in Texas for 24 years, and a member of PLAN for 13 years. He enjoys PLAN because it helps him socialize, meet people, and exercise. You will often find him having a rigorous match of Ping-Pong with a fellow member, one of his favorite things to do at PLAN. In his time as a member, James has found the Clubhouse has improved his mental health in providing him with purpose. As he says, "I always look forward to coming to PLAN; it gives me something to do."

In his free time, James loves watching sports. NBA, NFL, college sports--he enjoys it all. When asked who he admires most in the world, he answered, "Bill Gates. He's a great example of success."

His main personal goal right now is to get in better shape, which he is using the Clubhouse to do! He's also interested in trying the Public Speaking workshop coming later this Fall and doing more workshops and events at PLAN. For anyone experiencing the Clubhouse for the first time, James encourages, "come and meet people at the Clubhouse. It is a safe environment to socialize."

We also asked James what makes him feel the most professional. He answered, "Be on time. Be organized."

Thank you for being an example of professionalism and wellness for us, James. It is a pleasure doing business with you!

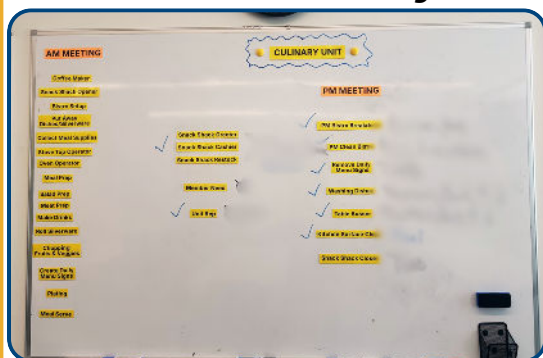


Flower Girl's

ARRANGEMENT
OF THE MONTH
KATIE S.



The Culinary Board



The tasks are organized in two ways now.

The first way is Morning and Afternoon Tasks. Tasks are in a list formation with AM & PM above each list. Names of members are to be written next to the appropriate AM/PM Tasks on this first board.

The second board is organized in accordance with the days of the week. Monday through Friday has specific tasks attached to each day that member names will be written next to.

Culinary Professionals: The Three-Sink System

By: Tyler, Todd, TJ, Rhonda

Our long awaited restaurant grade, 3-sink dishwashing system has finally been installed! More members are now able to be involved in this integral Clubhouse process. We have a small but mighty, hardworking crew of dedicated dishwashers. We've never been so excited to see 3 kitchen sinks filled with dishwashing stuff. It was wonderful to see so many smiles, laughs, and high fives amongst the Culinary Crew the first day we used our new system. Our intern, Isaac, said, "I've never had so much fun washing dishes." One of our members said, "It's therapeutic. It's not so bad." Of course, there is still some scrubbing and rinsing involved, but the new sink system has made our lives much easier. Once the remaining food has been scrubbed off, the rest of the process couldn't be any easier, making washing dishes more efficient and sanitary!

- Sink 1: Clean
- Sink 2: Rinse
- Sink 3: Sanitize

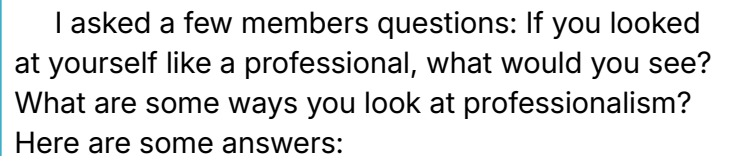
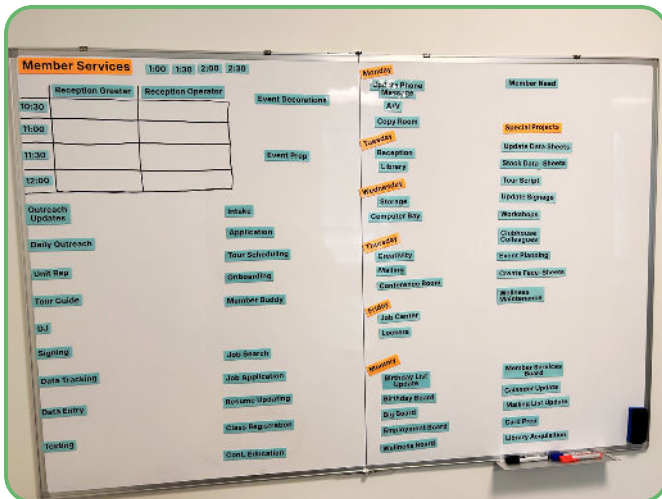


This will make our culinary unit better overall, run more smoothly, allow more time to devote to other things, and like Rhonda says "Makes me feel good to be in the kitchen". We have a good assembly line going now. According to Todd: "It's three people working instead of one!" Which fits perfectly with the clubhouse model of side-by-side work. In keeping with this philosophy, we could always use more hands in the kitchen, and with our new system it's even easier for anyone who has ever wanted to help wash dishes. So please, get your food handler's license if you don't have one yet (which we can help you get), and join us in the kitchen!

Member Services Professionals

By Robin K.

To me, being a professional in member services means performing specialized work to get our health back through specialized education and training for a good and better life. Every new skill we learn makes us experts over time as we study the people in our program. Professionalism shows up as we do our best to pursue excellence in our job together during a work-ordered day. The team supports its members as we all strive for the skills, good judgements, and polite behavior befitting professionalism. We focus on building long-term relationships by addressing specific needs within PLAN to satisfy the wellness and recovery we are seeking.



- PLAN AT KATZ CORNER - 16301 Quorum Dr., Addison, TX 75001 - 972-379-9904**
www.planntx.org - PLAN is a program of Jewish Family Service of Dallas

Newsletter Board

New to our systems, the Newsletter Board is where you will find newsletter assignments, layout and design tasks, and progress updates. This new system is clearer and more visually accessible than old ones we've used, making it more seamless and effective.



Wellness Board

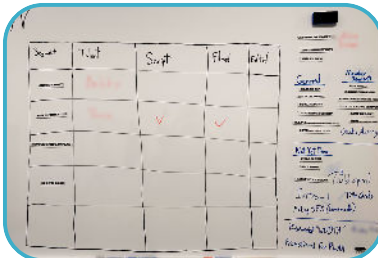
The Wellness Board is how we track our collective wellness progress as we continue our "Step To It" endeavor as a community.

Located in the Fitness Center, this board helps us work toward physical wellness goals we define together.



A/V Board

The A/V Board is open to further development, but we've established a working system for planning a newscast, including the segment name, the talent, script writing, film completion, and editing status. We need more Audio/Visual participants to help make A/V a bustling production.

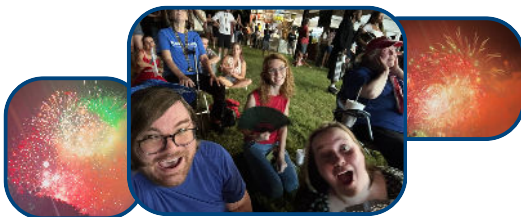


Big Board

The Big Board is the one-stop-shop for flyers, sign-up sheets, birthdays and the newsletter and calendar itself. We strive to make it colorful, inviting, clear, and informative. Consult the Big Board for planning what events and activities in which you would like to participate.



Kaboom Town



The sparklers, the fireworks, the ooh and the aah! Out in the summer air with some of our favorite people. The air show had planes diving and looping and when it became dark: the first loud kaboom! The fireworks lit up the sky and the grand finale was better than ever. We celebrated 250 years of our nation's independence with our fellow Americans, and it was a remarkable time together with a spectacular, colorful light show that filled the sky. The gold sparkling fireworks and a green spiral firework were my favorite. We made a new friend and all of us had such a *blast*! -by Robin K.

Rangers Game



On July 12th, we had a blast rooting on the home team at Rangers Stadium. It was a close game, where the Rangers tied with the Astros 5-5 in the 8th inning. The Rangers took out the Astros with a double-play and scored one run in the bottom of the ninth to secure a 6-5 win, and the crowd went wild! It was a lot of fun and a new experience for a lot of us! Go team! -by Thomas S. and Daniel M.

ME UNIVERSITY

Now on
MONDAYS
at 2pm



INCREASING EXECUTIVE FUNCTION

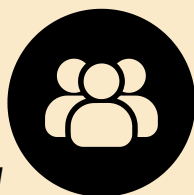
1. Managing Time
2. Follow Through
3. Flexibility
4. Self-Monitoring

Aug 3rd
Aug 10th
Aug 17th
Aug 24th

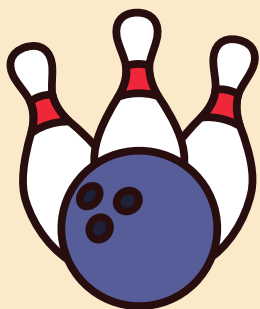
SOCIAL PRACTICE

August 4th, and 18th at 2pm

A collaborative learning lab presented over zoom where colleagues test new approaches and build practical skills for empowering others in social environments



LUCKY STRIKE BOWLING



Thursday
August 6th
at 2pm

Sign up to strike up some fun!

DALLAS WORLD AQUARIUM

August 9th
12pm



Sign up to see the animals of the world!

EMPLOYMENT DINNER

Thursday
August 20th
at 5pm

Come to connect with each other.



CLUBHOUSE CLOSED



The Clubhouse will be closed
Wednesday,
August 26th

SUPPER CLUB: NOODLE WAVE



Saturday, August 29th, 5pm

1490 W Spring Valley Rd, Richardson, TX 75080

JOIN OUR TEXT ANNOUNCEMENT SYSTEM!

Text PLAN to
866 -655 -9759

followed by your name so we can keep track of who is getting reminders!



Get up to date info on events and other Clubhouse updates

SUPPORT YOUR CLUBHOUSE



IF YOU'D LIKE TO DONATE TO PLAN, SCAN THE QR CODE WITH YOUR CAMERA ON YOUR PHONE AND FOLLOW THE LINK. WE APPRECIATE YOUR GENEROSITY!