

Make a Good Marriage Better

6-Week Relationship Enrichment Course for Engaged, Newlywed & Married Couples



What to Expect

This virtual workshop gives couples practical tools to strengthen communication, deepen friendship, navigate conflict, and build a lasting connection. Based on the scientific research of renowned relationship expert John Gottman, you'll learn skills that successful couples use to stay connected through all of life's seasons.

About This Workshop

- ♥ Learn proven relationship skills based on the research of renowned marriage expert John Gottman
- ♥ Strengthen friendship, trust, and emotional connection
- ♥ Discover how to better understand your partner's needs, goals, and communication style
- ♥ Learn healthy ways to navigate conflict and avoid common relationship pitfalls
- ♥ Explore love languages and practical ways to help your spouse feel loved and appreciated
- ♥ Practice listening, validation, and communication skills in a supportive, judge-free environment
- ♥ Learn how to support each other's dreams while building a shared vision for your future together
- ♥ Make meaningful traditions, rituals, and habits that strengthen your marriage
- ♥ Create tools to manage disagreements, repair after conflict, and stay connected through life's challenges
- ♥ Participate in engaging exercises with your spouse throughout the course

Course Details

Workshop is 6 weekly sessions.

Upcoming Session Dates:

- **In Person**
 - **July 6 - August 10, 2026**
 - Mondays at 5:30pm (approx 60–90 min)
- **Virtual**
 - **November 2 - December 7, 2026**
 - Mondays at 7:30pm (approx 60–90 min)

Questions or Ready to Register?



Contact **Beth Broodo** at bethbroodo@jfsdallas.org to learn more, discuss pricing, or reserve your spot. There is a cost of \$300 per couple to participate, with discounts available. Private workshops can also be arranged for congregations, organizations, and groups.