**Mitzvah Central**

*A guide to giving back in the Greater Dallas community*

In 1998, Mitzvah Central was created by Barbara Schwarz, a dedicated volunteer of Jewish Family Service of Greater Dallas. It began as a resource for students to find volunteer opportunities in the community to fulfill school service hours or for Bar/Bat Mitzvah requirements. Mitzvah Central has expanded over the last two decades and now works to connect the people of Greater Dallas to the opportunities that are available to give back to their communities, regardless of their age.

Once you’ve found an agency you’d like to give your time to, please contact the Volunteer Coordinator listed to schedule your opportunity.

We want to know about your experiences and how you used Mitzvah Central to connect to a cause you’re passionate about and make a difference in your community. Contact us at [vols@jfsdallas.org](mailto:vols@jfsdallas.org) to tell us your story of volunteerism!

Thank you again on behalf of all of the agencies listed, for taking time out of your day to help others.

Mitzvah Central is available as a pdf on the JFS website at [jfsdallas.org/volunteer](file:///\\srv-dc.jfsdallas.local\OrgData\Volunteers\Mitzvah%20Central\2021\jfsdallas.org\volunteer).

If you know of an agency that is not on the list but would be well-suited for Mitzvah Central, please provide us with the organization’s name and, if possible, the name of their Volunteer Coordinator.

**Barbara Schwarz**

*JFS Volunteer, Mitzvah Central Founder/Coordinator*

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*Volunteer Engagement Manager at JFS*

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# All Agencies

*This is a master list of all the agencies that are included in Mitzvah Central.*

**Aaron Family Jewish Community Center of Dallas**

**Mission statement:** The JCC of Dallas brings the community together by providing state-of-the-art facilities and exceptional programs in an inclusive environment defined by Jewish values and culture.

**Organization Website**:[www.jccdallas.org](http://www.jccdallas.org)

**City Name/General Location**: Dallas, West of 75 between Forest Ln & Royal Ln

**Phone Number**: 214-739-2737

**Contact Person Name and Title:** Laura Seymour, Director of Jewish Experience

**Contact Email:** [lseymour@jccdallas.org](mailto:lseymour@jccdallas.org)

**Age Requirements:** Based on project

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture, Community Development, Education, Food and Hunger

**Ability Connection**

**Mission statement:** Enriching the lives of people with disabilities…one person at a time

**Organization Website:** [abilityconnection.org](http://www.abilityconnection.org)

**City Name/General Location**: Dallas, Harry Hines and Regal Row

**Phone Number:** 214-351-2500

**Contact Person Name and Title:** Landon Cole, Volunteer and Community Outreach Manager

**Contact Email**: [lcole@abilityconnection.org](mailto:lcole@abilityconnection.org)

**Age Requirements**: N/A

**Types of Opportunities**: In-Person Opportunities only

**Weekend Availability:** No, not at this time

**Categories:** Special Needs

**ACEing Autism Dallas**

**Mission statement:** ACEing Autism - Dallas offers weekly tennis lessons to children and adults on the autistic spectrum. Each student works one-on-one with 1-2 volunteer instructors. The program uses the game of tennis to improve gross and small-motor skills, hand-eye coordination, communications, social skills, and self-esteem.

**Organization Website:** [aceingautism.org](http://www.aceingautism.org)

**City Name/General Location:** UT Dallas Tennis Complex in Richardson

**Phone Number:** 214-901-9010

**Contact Person Name and Title:** Adrienne Bransky, Program Director

**Contact Email:** [dallas@aceingautism.org](mailto:dallas@aceingautism.org)

**Age Requirements:** 12 years or older

**Types of Opportunities:** In-Person opportunities only, family opportunities

**Weekend Availability:** Yes, Saturday mornings

**Causes:** Education, Health and Wellness, Special Needs

**Alzheimer’s Association - Dallas and Northeast Texas Chapter**

**Mission statement:** The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support**.**

**Organization Website:** [**alz.org/dallasnetexas**](http://www.alz.org/dallasnetexas)

**City Name/General Location:** Serving Dallas, Anderson, Bowie, Camp, Cass, Cherokee, Collin, Cooke, Delta, Denton, Ellis, Fannin, Franklin, Grayson, Gregg, Harrison, Henderson, Hopkins, Hunt, Kaufman, Lamar, Marion, Morris, Navarro, Panola, Rains, Red River, Rockwall, Rusk, Smith, Titus, Upshur, Van Zandt and Wood counties

**Phone Number:** 800-272-3900

**Contact Person Name and Title:** Kelly Wilmore, Coordinator, Programs & Services

**Contact Email: kewilmore@alz.org**

**Age Requirements:** Adults 18 and older. Background checks are required.

**Types of Opportunities:** Remote Opportunities, Holidays and One Time Event

**Weekend Availability:** Yes, Saturdays and Sundays as needed

**Causes:** Advocacy, Education, Other: Program Technology Support

**Arthritis Foundation**

**Mission statement:** The Arthritis Foundation is boldly pursuing a cure for America's #1 cause of disability while championing the fight to conquer arthritis with life-changing science, resources, advocacy and community connections.

**Organization Website**: [www.arthritis.org](http://www.arthritis.org)

**City Name/General Location**: North Texas

**Phone Number**: 945-202-6045

**Contact Person Name and Title:** Sarah Allen, Executive Director

**Contact Email:** [sallen@arthritis.org](mailto:sallen@arthritis.org)

**Age Requirements:**

**Types of Opportunities:** Remote opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Community Development, Health and Wellness

**Attitudes & Attire®**

**Mission statement:** Attitudes & Attire® is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency. Our program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to develop successful life skills.

**Organization Website:** [**attitudesandattire.org**](http://www.attitudesandattire.org)

**City Name/General Location:** Dallas, TX

**Phone Number:** (214) 746-4222

**Contact Person Name and Title:** Evelyn Earl, Boutique Manager and Volunteer Coordinator

**Contact Email: info@attitudesandattire.org**

**Age Requirements: 1**6 years of age, unless accompanied by an adult

**Types of Opportunities:** In-Person Opportunities, Spanish Speakers

**Weekend Availability:** Yes, on occasional Saturdays.

**Causes:** Job Training and Employment, Veterans

**CC Young Senior Living**

**Mission statement:** To foster premi**er environments where every life at every age is valued and enriched.**

**Organization Website:** [**ccyoung.org**](http://www.ccyoung.org)

**City Name/General Location:** Dallas, White Rock Lake, 4847 W. Lawther Dr 75214

**Phone Number:** 214-841-2988

**Contact Person Name and Title:** Elena Jeffus, Volunteer Manager

**Contact Email: ejeffus@ccyoung.org**

**Age Requirements:**15+, unless accompanied by adult

**Types of Opportunities:** Remote Opportunities, Holidays and One Time Events, family Opportunities

**Weekend Availability:** Yes, scheduled in advance

**Causes:** Family Opportunities,

**Other:** Senior Citizens, Memory Support

**Challenge Air for Kids and Friends**

**Mission statement:** Challenge Air for Kids and Friends, Inc. Exists to build confidence and self-esteem in children and youth with special needs, through the gift of flight.

**Organization Website:** [**challengeair.org**](http://www.challengeair.org)

**City Name/General Location:** Dallas, TX

**Phone Number:** 214-351-3353

**Contact Person Name and Title:** April Culver, CEO/Executive Director

**Contact Email: givekidswings@challengeair.org**

**Age Requirements:** 7-21 years old

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability:** Yes, Saturdays

**Causes:** Advocacy, Education, Special Needs

**City House**

**Mission statement:** Our mission at City House is to protect, empower and transform the lives of at-risk children, youth and young adults suffering from abuse, neglect or homelessness.

**Organization Website:** [**cityhouse.org**](http://www.cityhouse.org)

**City Name/General Location:** Plano

**Phone Number:** 972-424-4626

**Contact Person Name and Title:** Lisa Rodgers; Director of Volunteer Resources

**Contact Email: Lrodgers@cityhouse.org**

**Age Requirements:** Onsite age requirement is 18 years of age. There are opportunities for children to do offsite and also for workdays for groups that can include children.

**Types of Opportunities:** In-Person and Remote Opportunities, Holidays and One Time Events

**Weekend Availability:** Yes – 7 days/wk, 365 days/yr.

**Causes:** Advocacy, Food and Hunger, Family Opportunities, Housing, Mental Health,

**Other:** Homelessness, Children

**City of Plano - Volunteers in Plano**

**Mission statement:** To create and support meaningful community engagement and to facilitate community partnerships through new and innovative opportunities which elevate City services and the quality of life in Plano.

**Organization Website**: [www.volunteersinplano.org](http://www.volunteersinplano.org)

**City Name/General Location**: Plano, Texas

**Phone Number**: 972-941-7627

**Contact Person Name and Title:** Morgan Green-Griffin

**Contact Email:** [mgreengriffin@plano.gov](mailto:mgreengriffin@plano.gov)

**Age Requirements:** Varies

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Animals, Arts and Culture, Environment, Government and Civic Services

**Color Me Empowered**

**Mission statement:** Color Me Empowered provides programming that empowers children and communities through visual arts education and the implementation of civic art. We believe that giving children the opportunity to improve their immediate community will enable them to see the power of art and the ability within themselves to bring about positive change in their environment.

**Organization Website:** [**cmedfw.org**](http://www.cmedfw.org)

**City Name/General Location:** Dallas, TX/ Oak Cliff

**Phone Number:** 214-729-2499

**Contact Person Name and Title:** Kristen Rice, Executive Director

**Contact Email: kristen@colormeempowered.org**

**Age Requirements:** none

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability:** Yes, some Saturdays

**Causes:** Arts and Culture, Community Development, Education, Family Opportunities

**Community Homes for Adults, Inc**

**Mission statement:** Community Homes for Adults, Inc. (CHAI) is a non-sectarian, non-profit corporation under Jewish auspices that provides programs and services to enable adults with intellectual disabilities to live full, rich lives in a safe environment and to meaningfully participate in the community.

**Organization Website**: [www.chaidallas.org](http://www.chaidallas.org)

**City Name/General Location**: Dallas, TX

**Phone Number**: 214-888-4915

**Contact Person Name and Title:** Brian Kaner, Development Associate

**Contact Email:** [bkaner@chaidallas.org](mailto:bkaner@chaidallas.org)

**Age Requirements:** 12+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Community Development, Jewish Organizations, Mental Health, Special Needs

**Dallas Arboretum**

**Mission statement:** The mission of the Dallas Arboretum and Botanical Garden is to build and maintain a public venue that promotes the art, enjoyment and knowledge of horticulture, while providing opportunities for education and research. We are committed to excellence, inclusion, good management and fiscal responsibility.

**Organization Website**: <https://www.dallasarboretum.org/>

**City Name/General Location**: Dallas/White Rock Lake

**Phone Number**: 214-515-6560

**Contact Person Name and Title:** Meg Bittner, Director of Volunteers

**Contact Email:** [mbittner@dallasarboretum.org](mailto:mbittner@dallasarboretum.org)

**Age Requirements:** 14+

**Types of Opportunities:** In-Person opportunities, Holiday and One time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Arts and Culture, Education, Environment

**Dallas CASA**

**Mission statement:** Dallas CASA advocates in the community and the courtroom for children in the protective care of the state so they can grow up in safe, permanent homes where they can thrive.

**Organization Website:**[dallascasa.org](http://www.dallascasa.org)

**City Name/General Location:** Dallas County

**Phone Number:** 214-827-8961

**Contact Person Name and Title:** Jennie Sullivan, Manager, Volunteer Recruitment & Outreach

**Contact Email:** jsullivan@dallascasa.org

**Age Requirements:** 21

**Weekend Availability:** Some

**Causes:** Advocacy, Abuse

**Dallas Children's Advocacy Center**

**Mission statement:** Improving the lives of abused children in Dallas County and providing national leadership on child abuse issues.

**Organization Website**: [www.dcac.org](http://www.dcac.org)

**City Name/General Location**: East Dallas

**Phone Number**: 214-818-2684

**Contact Person Name and Title:** Murphey Sears, Chief Development & Outreach Manager

**Contact Email:** [msears@dcac.org](mailto:msears@dcac.org)

**Age Requirements:** Must be over 18 and not enrolled in local high school to serve onsite. Younger volunteers may serve at offsite events.

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and One time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Health and Wellness, Mental Health

**Dallas Children's Theater**

**Mission statement:** To inspire young people to creative and productive lives through the art of theater

**Organization Website:** [dct.org](about:blank)

**City Name/General Location:** Dallas

**City Name/General Location**: Dallas

**Phone Number**: 214-978-0110

**Contact Person Name and Title:** Elizabeth Ross, Development Assistant

**Contact Email:** [elizabeth.ross@dct.org](mailto:elizabeth.ross@dct.org)

**Types of Opportunities:** In-Person opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture

**Dallas Holocaust and Human Rights Museum**

**Mission statement:** To teach the history of the Holocaust and advance human rights to combat prejudice, hatred, and indifference.

**Organization Website**: [www.DHHRM.org](http://www.dhhrm.org)

**City Name/General Location**: Dallas, TX

**Phone Number**: 469-899-3710

**Contact Person Name and Title:** Brittni Coe, Volunteer Coordinator

**Contact Email:** [bcoe@dhhrm.org](mailto:bcoe@dhhrm.org)

**Age Requirements:** High school and above

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Arts and Culture, Education

**Dallas Jewish Historical Society**

**Mission statement: I**t is the mission of the Dallas Jewish Historical Society to preserve and protect collections of written, visual and audible materials that document the history of the Dallas Jewish community, to make these materials available to the public and researchers, and to keep the past as a living legacy for our community.

**Organization Website:** [djhs.org](http://www.djhs.org)

**City Name/General Location:** Dallas, Texas 75230, located within the Jewish Community Center

**Phone Number:** 214-239-7116 / 214-239-7120

**Contact Person Name and Title:** Jessica Schneider, Archivist & Volunteer Director

**Contact Email:** archivist@djhs.org

**Age Requirements:** 15+

**Types of Opportunities:** Remote Opportunities Available

**Weekend Availability:** Yes,both

**Causes:** Arts and Culture, Jewish Organizations

**Dallas Zoo Management, Inc.**

**Mission statement:** Engaging People & Saving Wildlife

**Organization Website:** [dallaszoo.com](http://www.dallaszoo.com)

**City Name/General Location:** Dallas, 35e and Marsalis

**Phone Number:** 469-554-7452 (Volunteer Services)

**Contact Person Name and Title:** Tracy Gardner, Volunteer Coordinator

**Contact Email:** volunteers@dallaszoo.com, tracy.gardner@dallaszoo.com youthvolunteers@dallaszoo.com

**Age Requirements:** Ages 13+

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, Every day of the week

**Causes:** Animals, Education

**DME Exchange of Dallas**

**Mission statement:** We accept ‘gently used’ Durable Medical Equipment which is refurbished/sanitized and provided to individuals who 1)have a doctor’s prescription for item(s), 2) are 200% below poverty level, 3) has no insurance which could pay for DME, 4) lives in Dallas County.

**Organization Website:**[dfwdmeexchange.org](http://www.dfwdmeexchange.org)

**City Name/General Location:** NE Dallas

**Phone Number:** 214-997-3639

**Contact Person Name and Title:** Betty Hersey, Executive Director

**Contact Email:** bherseydmeexchange@gmail.com

**Age Requirements:** 16+

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** No

**Causes:** Advocacy, Health and Wellness, Special Needs, Assistance with access to durable medical equipment

**Equest**

**Mission statement:** To enhance the quality of life for children and adults with diverse needs by partnering with horses to bring hope and healing through equine assisted activities and therapies.

**Organization Website**: [www.equest.org](http://www.equest.org)

**City Name/General Location**: Texas Horse Park in South Dallas/Pemberton Hill Road (175 and Lake June)

**Phone Number**: 214-538-5393

**Contact Person Name and Title:** Ellin Wellford Grant, Director of Volunteer Services

**Contact Email:** [egrant@equest.org](mailto:egrant@equest.org)

**Age Requirements:** 12 and up with accompanying adult for barn; 14 and up for program (experienced horse teens can be grandfathered up to 1 year with a written recommendation letter)

**Types of Opportunities:** In-Person opportunities, Holiday and One time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Animals, Education, Health and Wellness, Job Training and Employment, Literacy, Mental Health, Special Needs, Veterans

**Fort Worth Botanic Garden | Botanical Research Institute of Texas**

**Mission statement:** We explore the critically important world of plants, collaborate to discover the role they play in our cultural and natural environments, and engage people to conserve nature and improve the human experience.

**Organization Website**: <https://fwbg.org/>

**City Name/General Location**: Fort Worth

**Phone Number**: 817-546-1846

**Contact Person Name and Title:** Ryan Kough, Volunteer Services Manager

**Contact Email:** [rkough@brit.org](mailto:rkough@brit.org)

**Age Requirements:** Adults (18+), Junior Program (14 - 17)

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education, Environment, Government and Civic Services

**Friendship Circle**

**Mission statement:** Creating an inclusive community, one friendship at a time.

**Organization Website:** [friendshipdallas.org](http://www.fruendshipdallas.org)

**City Name/General Location**: Dallas

**Phone Number:** 972-998-1970

**Contact Person Name and Title:** Leah Dubrawsky, Director

**Contact Email:** leah@friendshipdallas.org

**Age Requirements:** 12

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability**: Yes, Sunday

**Causes:** Community Development, Education, Family Opportunities, Jewish Organizations, Special Needs

**Frisco Family Services**

**Mission statement:** risco Family Services is a 501(c)(3) non-profit tax-deductible organization that helps members of our Frisco and Frisco ISD communities who are facing hunger, homelessness and other urgent needs improve their quality of life and achieve self-sufficiency

**Organization Website**: [friscofamilyservices.org](http://www.friscofamilyservices.org)

**City Name/General Location**: Frisco

**Phone Number**: 972-335-9495

**Contact Person Name and Title:** Randie Osgood, Volunteer services Manager

**Contact Email:** [randie@friscofamilyservices.org](mailto:randie@friscofamilyservices.org)

**Age Requirements:** 16+

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Food and Hunger, Family Opportunities

**Genesis Women's Shelter and Support**

**Mission statement:** To provide safety, shelter and support for women and children who have experienced domestic violence, and to raise awareness regarding its cause, prevalence and impact.

**Organization Website**: <https://www.genesisshelter.org/>

**City Name/General Location**: 4411 Lemmon Ave, Dallas, 75219

**Phone Number**: 214-389-7701

**Contact Person Name and Title:** Nicole Berg, Volunteer Coordinator

**Contact Email:** [nberg@genesisshelter.org](mailto:nberg@genesisshelter.org)

**Age Requirements:** 18

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Food and Hunger, Health and Wellness

**Girls Inc. of Metropolitan Dallas**

**Mission statement:** To inspire all girls to be strong, smart, and bold.

**Organization Website**: [www.girlsincdallas.org](http://www.girlsincdallas.org)

**City Name/General Location**: Dallas

**Phone Number**: 214-654-4530

**Contact Person Name and Title:** Courtney Taylor-El, Associate VP, Program Services

**Contact Email:** [volunteer@girlsincdallas.org](mailto:volunteer@girlsincdallas.org)

**Age Requirements:** 18+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Health and Wellness, Literacy, Youth Development

**GRACE Grapevine**

**Mission statement:** As a steward of God’s blessings and resources in the community, GRACE demonstrates compassion for those less fortunate by providing assistance to individuals and families in crisis and guidance toward self-sufficiency.

**Organization Website**: <https://www.gracegrapevine.org>

**City Name/General Location**: Grapevine

**Phone Number**: 817-305-4655

**Contact Person Name and Title:** Ryan Jackson, Volunteer Manager

**Contact Email:** [volunteer@gracegrapevine.org](mailto:volunteer@gracegrapevine.org)

**Age Requirements:** Under 16 requires a guardian

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Community Development, Disaster and Emergency Preparedness, Education, Environment, Food and Hunger, Health and Wellness, Housing, Job Training and Employment, Mental Health, Special Needs, Veterans

**Hope Supply Co.**

**Mission statement:** Hope Supply Co. meets the critical needs of homeless and at-risk children across North Texas by providing necessities including diapers, wipes, hygiene kits, baby food and formula, clothing, school supplies and toys to enhance their lives.

**Organization Website**: [www.hopesupplyco.org](http://www.hopesupplyco.org)

**City Name/General Location**: DFW

**Phone Number**: 214-630-5765

**Contact Person Name and Title:** Ami Cheek, Office & Development Manager

**Contact Email:** [ami@hopesupplyco.org](mailto:ami@hopesupplyco.org)

**Age Requirements:** 10+

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Disaster and Emergency Preparedness, Health and Wellness

**Hope’s Door New Beginning Center Inc.**

**Mission statement:** Provide services to individuals and families affected by domestic abuse and intimate partner violence.

**Organization Website**: [www.hdnbc.org](http://www.hdnbc.org)

**City Name/General Location**: Garland and Plano TX

**Phone Number**: 469-969-7120

**Contact Person Name and Title:** Beth Leos, Volunteer Program Manager

**Contact Email:** [bleos@hdnbc.org](mailto:bleos@hdnbc.org)

**Age Requirements:** 18 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Domestic Violence

**In-Sync Exotics Wildlife Rescue & Educational Center**

**Mission statement: I**n-Sync Exotics views rescuing exotic felines as a privilege and a rewarding labor of love. Our mission is to provide a caring, safe haven to some of God’s most beautiful creatures. We put their needs above all else; the old, the maimed, and the unwanted can find sanctuary here.

**Organization Website:**[insyncexotics.org](http://www.insyncexotics.org)

**City Name/General Location:** Wylie TX

**Phone Number:** 972-442-6888

**Contact Person Name and Title:** Nola Litwins, Volunteer Coordinator

**Contact Email:** nlitwins@gmail.com

**Age Requirements:** 18

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes**,** 7 days/week, 365/year

**Causes:** Animals

**Jewish Family Service of Greater Dallas**

**Mission statement:** To provide effective, accessible, and comprehensive mental health and social services that promote lifelong self-sufficiency and well-being for the Greater Dallas community.

**Organization Website**: [www.jfsdallas.org](http://www.jfsdallas.org)

**City Name/General Location**: Far North Dallas/Addison

**Phone Number**: 972-437-9950

**Contact Person Name and Title:** Michelle Squillace, Volunteer Coordinator

**Contact Email:** [msquillace@jfsdallas.org](mailto:msquillace@jfsdallas.org)

**Age Requirements:** Dependent on project

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Community Development, Disaster and Emergency Preparedness, Food and Hunger, Health and Wellness, Job Training and Employment, Jewish Organizations, Mental Health, Special Needs, veterans

**Jewish Federation of Greater Dallas**

**Mission statement:** "To help ensure the continuity of a strong and vibrant Jewish community in Dallas, Israel and throughout the world."

**Organization Website**: [jewishdallas.org](http://www.jewishdallas.org)

**City Name/General Location:** Dallas

**Phone Number:** 214-369-3313

**Contact Person Name and Title:** Julie Punjak, Sr.Marketing Manager

**Contact Email:** [marketing@jewishdallas.org](mailto:marketing@jewishdallas.org)

**Age Requirements:**18+

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability**: Yes, Sundays Only

**Causes:** Advocacy, Education, International Relief, Jewish Organizations

**Jonathan’s Place**

**Mission statement:** The mission of Jonathan’s Place is to provide a safe place, loving homes. and promising futures for abused and neglected children, teens, and young adults.

**Organization Website:** [**jpkids.org**](http://www.jpkids.org)

**City Name/General Location:** Garland, TX

**Phone Number:** 469-676-6948

**Contact Person Name and Title:** DJ Tippins, Volunteer & Community Outreach Manager

**Contact Email: dtippins@kidnet.org**

**Age Requirements:** 18+

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability:** On occasion

**Causes:** Child Welfare

**Juliette Fowler Communities**

**Mission statement:** To provide the dignity of choice, build community and create beneficial connections for children, youth, and elders.

**Organization Website:** [fowlercommunities.org](https://fowlercommunities.org)

**City Name/General Location:** Dallas/East Dallas

**Phone Number:** 214-515-1352

**Contact Person Name and Title:** Laura Porting, Development Manager

**Contact Email:** Laurap@fowlercommunities.org

**Age Requirements:** 16+

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability:** Not currently.

**Causes:**  Food and Hunger, Health and Wellness, Mental Health, Special Needs

**Literacy Achieves**

**Mission statement:** The mission of Literacy Achieves is to equip non-English speaking adults and their young children with English literacy and life skills to promote self-sufficiency and the overall well-being of our students, their families and the greater community.

**Organization Website**: [literacyachieves.org](http://literacyachieves.org)

**City Name/General Location**: ELM-East Dallas: 629 N. Peak St. Dallas, TX 75246 West Dallas: 1018 Gallagher Dallas, TX 75212 Vickery Meadow: 6329 Ridgecrest Rd. Dallas, TX 75231 Central Office: 4210 Junius St., Dallas, TX 75246

**Phone Number**: 214-265-5057

**Contact Person Name and Title:** LaTress Peoples, Talent and Resource Manager

**Contact Email:** [volunteer@literacyachieves.org](mailto:volunteer@literacyachieves.org)

**Age Requirements**: 18+

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** On occasion

**Causes:** Education, Immigration and Refugees, Literacy

**ManeGait Therapeutic Horsemanship**

**Mission statement**: At ManeGait Therapeutic Horsemanship, children and adults with disabilities move beyond their boundaries through the healing power of the horse and the dedication of a professional, caring community.

**Organization Website**: [manegait.org](http://www.manegait.org)

**City Name/General Location:** McKinney, TX

**Phone Number:** 281-224-9791

**Contact Person Name and Title:** Jessica Stott, Volunteer Coordinator

**Contact Email:** [jstott@manegait.org](mailto:jstott@manegait.org)

**Age Requirements**: Must be 14 years old

**Types of Opportunities**: In-Person Opportunities ,

**Weekend Opportunities (Yes or No, if yes which day?):** Yes, Saturdays

**Causes:** Animals, Special Needs, Veterans

**MAZON: A Jewish Response to Hunger**

**Mission statement:** Inspired by Jewish values and ideals, MAZON: A Jewish Response to Hunger is a national organization fighting to end hunger among people of all faiths and backgrounds in the United States and Israel.

**Organization Website**: [www.mazon.org](http://www.mazon.org)

**City Name/General Location**: National (HQ: Los Angeles, CA)

**Phone Number**: (202) 888-6510 / (800) 813-0557 / (310) 442-0020

**Contact Person Name and Title:** Paul Sherman, Sr. Outreach Manager

**Contact Email:** [psherman@mazon.org](mailto:psherman@mazon.org)

**Age Requirements:** 6th+ grade

**Types of Opportunities:** Remote opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Food and Hunger, Government and Civic Services, Jewish Organizations, Family Opportunities

**Metrocrest Services**

**Mission statement:** The mission of Metrocrest Services is to provide programs for individuals, families and seniors that lead to self-sufficiency and foster independence.

**Organization Website:**[metrocrestservices.org](http://www.metrocrestservices.org)

**City Name/General Location:** 13801 Hutton Dr. # 150, Farmers Branch, TX

**Phone Number:** 469-317-2541

**Contact Person Name and Title**: Lauren Wintermute, Volunteer Manager

**Contact Email:** volunteermgr@metrocrest.org

**Age Requirements:** The minimum volunteer age is 13 years old, volunteers aged 13-15 must be accompanied by a parent or adult guardian for the duration of their shift(s).

**Types of Opportunities:** In-Person Opportunities, Holidays and One Time Events

**Weekend Availability:** Yes, Saturdays

**Causes:** Food and Hunger, Job Training and Employment

**Mosaic Family Services**

**Mission statement:** Mosaic supports, educates and empowers multicultural individuals and families of North Texas. We are dedicated to serving survivors of human rights abuses from around the world and within our community. We create access to opportunities for our clients, empowering them toward independence. We hope to equip future leaders with the skills to impact their own diverse communities for a stronger, more vibrant North Texas.

**Organization Website**:  [**mosaicservices.org/**](https://mosaicservices.org/)

**City Name/General Location**: Dallas,**12225 Greenville Avenue, Suite 800**

**Phone Number**: 214-532-7581

**Contact Person Name and Title:** Katie Jenkins, Marketing and Development

**Contact Email:** [katiej@mosaicservices.org](mailto:katiej@mosaicservices.org)

**Age Requirements:** 18+

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Community Development, Housing, Immigration and Refugees, Job Training and Employment

**Network of Community Ministries**

**Mission statement:** Our mission is to care, coach and empower our neighbors in need as they seek an improved quality of life.

**Organization Website** :[www.thenetwork.org](http://www.thenetwork.org)

**City Name/General Location**: Richardson

**Phone Number**: 281-900-0964

**Contact Person Name and Title:** Caroline Wold, Manager of Volunteers and Community Engagement

**Contact Email:** [cwold@thenetwork.org](mailto:cwold@thenetwork.org)

**Age Requirements:** 14+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Disaster and Emergency Preparedness, Food and Hunger, Job Training and Employment

**North Texas Food Bank**

**Mission statement:** **T**o close the hunger gap in North Texas by providing access to nutritious food **Vision statement:** A hunger-free, healthy North Texas

**Organization Website**: [ntfb.org](http://www.ntfb.org)

**City Name/General Location**: Plano

**Phone Number**: 469-907-7175

**Contact Person Name and Title:** Cassie Collins, Director of Volunteer Operations

**Contact Email:** [cassie.collins@ntfb.org](mailto:cassie.collins@ntfb.org)

**Age Requirements:** various requirements, check website

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, Saturdays

**Causes:** Disaster and Emergency Preparedness, Food and Hunger, Family Opportunities, Health and Wellness

**PediPlace**

**Mission statement:** Making Healthcare A Reality For Every Kid

**Organization Website:** [pediplace.org](http://www.pediplace.org)

**City Name/General Location:** Lewisville, TX

**Phone Number**: 469-322-3660

**Contact Person Name and Title**: Shari Markey, Chief Engagement Officer

**Contact Email:** shari.markey@pediplace.org

**Age Requirements**: 16 years of age or older for most projects/ In kind donation projects- no age requirement

**Types of Opportunities**: Remote Opportunities

**Weekend Availability**: No

**Causes** Family Opportunities, Health and Wellness

**Perot Museum of Nature and Science**

**Mission statement:** To inspire minds through nature and science.

**Organization Website**: [perotmuseum.org/join-and-give/volunteer/index.htm](https://www.perotmuseum.org/join-and-give/volunteer/index.htm)

**City Name/General Location**: Downtown Dallas

**Phone Number**: 214-756-5844

**Contact Person Name and Title:** Nina Gregory, Manager for Volunteer Programs

**Contact Email:** [volunteers@perotmuseum.org](mailto:volunteers@perotmuseum.org)

**Age Requirements:** 14+ for all opportunities, summer and year round

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education

**Poiema Foundation, Inc.**

**Mission statement:** The Poiema Foundation educates the public and raises awareness in order to prevent sexual abuse, sex trafficking, and other methods of sexual exploitation. We also facilitate the restoration journey of survivors by providing for their physical, psychological, emotional, and spiritual needs. Our goal is to provide a safe place where victims receive trauma-informed care on their journey from victim to survivor.

**Organization Website:** [poiemafoundation.org](http://www.poiemafoundation.org)

**City Name/General Location:** Rockwall, TX

**Phone Number**: 469-757-8888

**Contact Person Name and Title:** Rebecca Jowers, Executive Director

**Contact Email:** info@poiemafoundation.org

**Age Requirements:** Minors can volunteer with their parents present

**Types of Opportunities**: In-Person Opportunities

**Weekend Opportunities (Yes or No which day?)**: Yes, Every Saturday

**Causes:** Education

**Promise House**

**Mission statement:** Promise House moves youth in crisis toward safety and success.

**Organization Website**: <https://promisehouse.org/>

**City Name/General Location**: Dallas TX

**Phone Number**: 214-941-8578

**Contact Person Name and Title:** Estefania Sosa, Partnership Engagement

**Contact Email:** [estefania.sosa@promisehouse.org](mailto:estefania.sosa@promisehouse.org)

**Age Requirements:** 18+

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Housing, Mental Health, Special Needs

**Reading Partners**

**Mission statement:** Our mission is to help children become lifelong readers by empowering communities to provide individualized instruction with measurable results.

**Organization Website:**[readingpartners.org](https://readingpartners.org)

**City Name/General Location:** Dallas - Fort Worth

**Phone Number:** (972) 940-0283, 214 821-4500

**Contact Person Name and Title:** Amber Martin, Community Engagement

**Contact Email:** amber.martin@readingpartners.org

**Age Requirements:** Tutors must be 14+ years of age.

**Types of Opportunities:** Remote Opportunities

**Weekend Availability:** No

**Causes:** Education, Literacy

**Resource Center**

**Mission statement:** Resource Center is a trusted leader that empowers the lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) communities, and all people affected by HIV through improving health and wellness, strengthening families and communities, and providing transformative education and advocacy.

**Organization Website:** [my resourcecenter.org](http://www.myresourcecenter.org)

**City Name/General Location:** Dallas, TX 75219

**Phone Number:** 214-521-5124

**Contact Person Name and Title:** Deborah Cavazos, Volunteer Manager

**Contact Email:** dcavazos@myresourcecenter.org

**Age Requirements:**18 years +

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** No

**Causes:** Food and Hunger, Other: HIV/AIDS and LGBTQ, Health and Wellness

**Richardson Adult Literacy Center (RALC)**

**Mission statement:** To transform lives by providing English as a Second Language instruction to adults who live or work in the Richardson ISD and the surrounding cities.

**Organization Website**: [www.ralc.org](http://www.ralc.org)

**City Name/General Location**: Richardson and the surrounding area

**Phone Number**: 972-644-5119

**Contact Person Name and Title:** Patricia Thomson, Executive Director

**Contact Email:** [director@ralc.org](mailto:director@ralc.org)

**Age Requirements:** 18 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Immigration and Refugees, Literacy

**Riding Unlimited**

**Mission statement:** To turn disabilities into possibilities through the power of the horse.

**Organization Website**: [ridingunlimited.org](http://www.ridingunlimited.org)

**City Name/General Location**: Ponder, TX 76259

**Phone Number**: 940-479-2016

**Contact Person Name and Title:** Sarah Baker, Program Director

**Contact Email:** director@ridingunlimited.org

**Age Requirements**: at least 14 years of age

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability**: Yes, Saturday

**Causes:**  Animals, Family Opportunities, Health and Wellness, Mental Health, Special Needs, Veterans

**Ronald McDonald House of Dallas**

**Mission statement:** Keeping families together, inspiring strength, and giving love and support to families whose children are receiving essential medical care.

**Organization Website**: [www.rmhdallas.org](http://www.rmhdallas.org)

**City Name/General Location**: Dallas

**Phone Number**: 580-231-9117

**Contact Person Name and Title:** Johnathan Elder, Chief Operating Officer

**Contact Email:** [Jelder@rmhdallas.org](mailto:Jelder@rmhdallas.org)

**Age Requirements:** 15 years or older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture, Environment, Food and Hunger, Health and Wellness, Housing

**The Bridge Homeless Recovery Center**

**Mission statement:** To empower adults experiencing homelessness in Dallas with the tools to homeless recovery as they move into sustainable housing

**Organization Website**: [www.bridgehrc.org](http://www.bridgehrc.org)

**City Name/General Location**: Dallas

**Phone Number**: 214-670-1138

**Contact Person Name and Title:** Katerah Jefferson, Community Engagement Manager

**Contact Email:** [volunteer@bridgehrc.org](mailto:volunteer@bridgehrc.org)

**Age Requirements:** 18

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Animals, Arts and Culture, Environment, Food and Hunger, Health and Wellness, Housing, Literacy

**The Legacy Senior Communities**

**Mission statement:** The Legacy Senior Communities exists to provide a continuum of care to seniors and their families. We deliver this care with compassion and dignity, while embracing Jewish values and upholding the highest standards of excellence.

**Organization Website**: [www.thelegacyseniorcommunities.org](http://www.thelegacyseniorcommunities.org)

(Click: “VOLUNTEER” at the top); Volunteer Application: <http://bit.ly/2tmSoKU>

**City Name/General Location**: The Legacy Midtown Park (Dallas Campus) & The Legacy Willow Bend (Plano Campus)

**Phone Number**: (D) 972-468-6191, (P) 972-468-6210

**Contact Person Name and Title:** Volunteer Engagement Managers: Rivae Campo (Dallas Campus), Brian Lovelace (Plano Campus)

**Contact Email:** [RCampo@TheLegacySC.org](mailto:RCampo@TheLegacySC.org), [BLovelace@TheLegacySC.org](mailto:BLovelace@TheLegacySC.org)

**Age Requirements:** None

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Health and Wellness, Jewish Organizations, Veterans

**The Samaritan Inn**

**Mission statement:** The Samaritan Inn is a comprehensive homeless program that helps willing people gain dignity and independence.

**Organization Website:** [saminn.org](http://www.saminn.org)

**City Name/General Location:** 1514 N. McDonald Street, Mckinney TX 75071

**Phone Number:** 972-542-5302 ext. 806

**Contact Person Name and Title:** Julie Berger, Volunteer Coordinator

**Contact Email:** [volunteer@saminn.org](mailto:volunteer@saminn.org)

**Age Requirements:** 14+ with an adult, over 18 without

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, Sat. & Sun.

**Causes:** Community Development, Education, Food and Hunger, Family Opportunities, Housing

**The Turning Point Rape Crisis Center**

**Mission statement:** Provide counseling, education, and advocacy for those impacted by sexual violence.

**Organization Website**: [www.theturningpoint.org](http://www.theturningpoint.org)

**City Name/General Location**: Plano, TX

**Phone Number**: 972-985-0951

**Contact Person Name and Title:** Vivian Torres, Volunteer Coordinator

**Contact Email:** [vtorres@theturningpoint.org](mailto:vtorres@theturningpoint.org)

**Age Requirements:** At least 18 years old

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Education, Health and Wellness, Mental Health

**The Warren Center**

**Mission statement:** The Warren Center is a nonprofit agency that advocates, serves and empowers the children and families impacted by developmental delays and disabilities.

**Organization Website**: [www.thewarrencenter.org](http://www.thewarrencenter.org)

**City Name/General Location**: Richardson, Texas

**Phone Number**: 972-490-9055

**Contact Person Name and Title:** Leslie Chatman, Development Manager

**Contact Email:** [Leslie.Chatman@thewarrencenter.org](mailto:Leslie.Chatman@thewarrencenter.org)

**Age Requirements:** 16 and older

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Special Needs

**Threads of Love** (formerly Mitzvah Mavens)

**Mission statement:** To create warmth, coziness and caring to patients in Medical City of Plano hospital

**Organization Website**: [www.facebook.com/Threadsoflove](http://www.facebook.com/Threadsoflove)

**City Name/General Location**: Plano, TX

**Phone Number**: 972-403-0921

**Contact Person Name and Title:** Leslee Feiwus, Chairwoman

**Contact Email:** [tsitsifly@mac.com](mailto:tsitsifly@mac.com)

**Age Requirements:** 18 and up, women only

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Family opportunities

**Weekend Availability:** No, never.

**Causes:** Arts and Culture

**U&I (Formerly Achieve)**

**Mission statement:** The Mission of U&I is to empower individuals with disabilities and barriers to work to achieve their highest level of independence and employment.

**Organization Website**: [www.uandispreadthelight.com](http://www.uandispreadthelight.com)

**City Name/General Location**: Dallas

**Phone Number**: 469-917-9270

**Contact Person Name and Title:** Diane Jones, Associate Executive Director

**Contact Email:** [djones@uandispreadthelight.com](mailto:djones@uandispreadthelight.com)

**Age Requirements:** 16 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and One time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Environment, Job Training and Employment, Special Needs, Veterans

**Vickery Meadow Summer Reading Academy/McShan Reading Homeroom**

**Mission statement:** Our Mission is to further Vickery Meadow students’ English reading, reading comprehension and writing skills, and personal development in classroom discipline, independent work ethics, and self-confidence.

**Organization Website:** [www.vmsramrh.org](http://www.vmsramrh.org)

**City Name/General Location:** Dallas 75231

**Phone Number**: 214-534-5753

**Contact Person Name and Title:** Dalene Buhl, Founder/Chief Operating Officer

**Contact Email:** [vmsramrh@gmail.com](mailto:vmsramrh@gmail.com); [mcshanreads@gmail.com](mailto:mcshanreads@gmail.com)

**Age Requirements:** Ages 15+

**Types of Opportunities:** Remote and IN PERSON Opportunities, Family opportunities

**Weekend Availability:** Select Saturdays IN PERSON; after school, Saturday/Sunday virtual tutoring

**Causes:** Education, Immigration and Refugees, Literacy

**Vogel Alcove**

**Mission statement:** The mission of Vogel Alcove is to help young children and families overcome the lasting and traumatic effects of homelessness. It is our vision that every child in our community has a home, a self-sufficient family, and a foundation for success in school and in life.

**Organization Website**: [www.vogelalcove.org](http://www.vogelalcove.org)

**City Name/General Location**: Dallas, TX 75215

**Phone Number**: 214-368-8686

**Contact Person Name and Title:** Heather Bradford, Director, Special Events

**Contact Email:** [hbradford@vogelalcove.org](mailto:hbradford@vogelalcove.org)

**Age Requirements:** 16 years and up unless accompanied by an adult

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** No, never.

**Causes:** Education, Food and Hunger, Health and Wellness, Job Training and Employment, Literacy, Mental Health

**Wesley-Rankin Community Center**

**Mission statement:** In collaboration with our West Dallas neighbors, Wesley-Rankin Community Center identifies and bridges gaps in education, health and skills development by providing multigenerational programs that empower families to access their full potential.

**Organization Website**: [www.Wesleyrankin.org](http://www.wesleyrankin.org)

**City Name/General Location**: West Dallas

**Phone Number**: 214-742-6674

**Contact Person Name and Title:** Becky Stegmann, Volunteer Coordinator

**Contact Email:** [volunteer@wesleyrankin.org](mailto:volunteer@wesleyrankin.org)

**Age Requirements:** 14

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education, Health and Wellness, Immigration and Refugees, Job Training and Employment, Literacy