**Mitzvah Central**

*A guide to giving back in the Greater Dallas community*

In 1998, Mitzvah Central was created by Barbara Schwarz, a dedicated volunteer of Jewish Family Service of Greater Dallas. It began as a resource for students to find volunteer opportunities in the community to fulfill school service hours or for Bar/Bat Mitzvah requirements. Mitzvah Central has expanded over the last two decades and now works to connect the people of Greater Dallas to the opportunities that are available to give back to their communities, regardless of their age.

The PDF document can be navigated in one of two ways. You can either select a cause category that interests you to jump to a list of organizations that support that cause or you can sift through a list of all agencies, and review the causes that they support in their description.

Once you’ve found an agency you’d like to give your time to, please contact the Volunteer Coordinator listed to schedule your opportunity.

We want to know about your experiences and how you used Mitzvah Central to connect to a cause you’re passionate about and make a difference in your community. Contact us at [vols@jfsdallas.org](mailto:vols@jfsdallas.org) to tell us your story of volunteerism!

Thank you again on behalf of all of the agencies listed, for taking time out of your day to help others.

Mitzvah Central is available as a pdf on the JFS website at [jfsdallas.org/volunteer](file:///\\srv-dc.jfsdallas.local\OrgData\Volunteers\Mitzvah%20Central\2021\jfsdallas.org\volunteer).

If you know of an agency that is not on the list but would be well-suited for Mitzvah Central, please provide us with the organization’s name and, if possible, the name of their Volunteer Coordinator.

**Barbara Schwarz**

*JFS Volunteer, Mitzvah Central Founder/Coordinator*

[vols@jfsdallas.org](mailto:vols@jfsdallas.org)

**Kristen Jackson**

*Director of Volunteer Engagement at JFS*

[kjackson@jfsdallas.org](mailto:kjackson@jfsdallas.org)

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# All Agencies

*This is a master list of all the agencies that are included in Mitzvah Central.*

## Aaron Family Jewish Community Center of Dallas

**Mission Statement:** The JCC of Dallas brings the community together by providing state-of-the-art facilities and exceptional programs in an inclusive environment defined by Jewish values and culture.

**Organization Website:** jccdallas.org

**City/General Location:** Dallas, West of 75 between Forest Ln & Royal Ln

**Contact Person:** Laura Seymour, Director of Jewish Experiential Learning & Camp Director Emeritus

**Email Address:** lseymour@jccdallas.org

**Phone Number:** 214-739-2737

**Age Requirements:** Based on project

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture, Community Development, Education, Food and Hunger

## Ability Connection

**Mission statement:** Enriching the lives of people with disabilities…one person at a time

**Organization Website:** [abilityconnection.org](http://www.abilityconnection.org)

**City/General Location**: Dallas, Harry Hines and Regal Row

**Contact Person Name and Title:** Landon Cole, Volunteer and Community Outreach Manager

**Email Address**: [lcole@abilityconnection.org](mailto:lcole@abilityconnection.org)

**Phone Number:** 214-351-2500

**Age Requirements**: N/A

**Types of Opportunities**: In-Person Opportunities only

**Weekend Availability:** No, not at this time

**Categories:** Special Needs

## ACEing Autism Dallas

**Mission statement:** ACEing Autism - Dallas offers weekly tennis lessons to children and adults on the autistic spectrum. Each student works one-on-one with 1-2 volunteer instructors. The program uses the game of tennis to improve gross and small-motor skills, hand-eye coordination, communications, social skills, and self-esteem.

**Organization Website:** [aceingautism.org](http://www.aceingautism.org)

**City/General Location:** UT Dallas Tennis Complex in Richardson

**Contact Person:** Adrienne Bransky, Program Director

**Contact Email:** [dallas@aceingautism.org](mailto:dallas@aceingautism.org)

**Phone Number:** 214-901-9010

**Age Requirements:** 12 years or older

**Types of Opportunities:** In-Person opportunities only, family opportunities

**Weekend Availability:** Yes, Saturday mornings

**Causes:** Education, Health and Wellness, Special Needs

## U&I (formerly Achieve)

**Mission Statement:** The Mission of U&I is to empower individuals with disabilities and barriers to work to achieve their highest level of independence and employment.

**Organization Website:** www.uandispreadthelight.com

**City/General Location:** Dallas

**Contact Person:** Diane Jones, Associate Executive Director

**Email Address:** djones@uandispreadthelight.com

**Phone Number:** 469-917-9270

**Age Requirements:** 16 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Environment, Job Training and Employment, Special Needs, Veterans

## Alzheimer’s Association - Dallas and Northeast Texas Chapter

**Mission statement:** The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

**Organization Website:** [alz.org/dallasnetexas](http://www.alz.org/dallasnetexas)

**City/General Location:** Serving Dallas, Anderson, Bowie, Camp, Cass, Cherokee, Collin, Cooke, Delta, Denton, Ellis, Fannin, Franklin, Grayson, Gregg, Harrison, Henderson, Hopkins, Hunt, Kaufman, Lamar, Marion, Morris, Navarro, Panola, Rains, Red River, Rockwall, Rusk, Smith, Titus, Upshur, Van Zandt and Wood counties

**Contact Person:** Kelly Wilmore

**Email Address:** [kewilmore@alz.org](mailto:kewilmore@alz.org)

**Phone Number:** 800.272.3900

**Age Requirements:** Adults 18 and older. Background checks are required.

**Types of Opportunities:** Remote Opportunities, Holidays and One Time Event

**Weekend Availability:** Yes, Saturdays and Sundays as needed

**Causes:** Advocacy, Education, Other: Program Technology Support

## Arthritis Foundation

**Mission Statement:** The Arthritis Foundation is boldly pursuing a cure for America's #1 cause of disability while championing the fight to conquer arthritis with life-changing science, resources, advocacy and community connections.

**Organization Website:** arthritis.org

**City/General Location:** North Texas

**Contact Person:** Sarah Allen, Executive Director

**Email Address:** sallen@arthritis.org

**Phone Number:** 945-202-6045

**Age Requirements:** 17+

**Types of Opportunities:** Remote opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Community Development, Health and Wellness

## Attitudes & Attire®

**Mission Statement:** Attitudes & Attire® is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency. Our program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to develop successful life skills.

**Organization Website:** www.attitudesandattire.org

**City/General Location:** Dallas, TX

**Contact Person:** Evelyn Earl, Boutique Manager and Volunteer Coordinator

**Email Address:** info@attitudesandattire.org

**Phone Number:** 2147464222

**Age Requirements:** 16 years of age unless accompanied by an adult

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Job Training and Employment, Veterans, Spanish-Speaking

## The Bridge Homeless Recovery Center

**Mission Statement:** To empower adults experiencing homelessness in Dallas with the tools to homeless recovery as they move into sustainable housing

**Organization Website:** www.bridgehrc.org

**City/General Location:** Dallas

**Contact Person:** Katerah Jefferson, Community Engagement Manager

**Email Address:** volunteer@bridgehrc.org

**Phone Number:** 2146701138

**Age Requirements:** 18

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Animals, Arts and Culture, Environment, Food and Hunger, Health and Wellness, Housing, Literacy

## Challenge Air for Kids & Friends

**Mission statement:** Challenge Air for Kids and Friends, Inc. Exists to build confidence and self-esteem in children and youth with special needs, through the gift of flight.

**Organization Website:** [challengeair.org](http://www.challengeair.org)

**City/General Location:** Dallas, TX

**Contact Person:** April Culver, CEO

**Email Address:** [givekidswings@challengeair.org](mailto:givekidswings@challengeair.org)

**Phone Number:** 214-351-3353

**Age Requirements:** 7-21 years old

**Types of Opportunities:**  In-Person and Remote Opportunities

**Weekend Availability:** Yes, Saturdays

**Causes:** Advocacy, Education, Special Needs

## City House

**Mission statement:** Our mission at City House is to protect, empower and transform the lives of at-risk children, youth and young adults suffering from abuse, neglect or homelessness. **Organization Website:** [cityhouse.org](http://www.cityhouse.org)

**City/General Location:** Plano

**Contact Person:** Lisa Rodgers; Director of Volunteer Resources

**Email Address:** [Lrodgers@cityhouse.org](mailto:Lrodgers@cityhouse.org)

**Phone Number:** 972-424-4626

**Age Requirements:** Onsite age requirement is 18 years of age. There are opportunities for children to do offsite and also for workdays for groups that can include children.

**Types of Opportunities:**  In-Person and Remote Opportunities, Holidays and One Time Events

**Weekend Availability:** Yes – 7 days/wk, 365 days/yr.

**Causes:** Advocacy, Food and Hunger, Family Opportunities, Housing, Mental Health, Other: Homelessness, Children

## City of Plano - Volunteers in Plano

**Mission Statement:** To create and support meaningful community engagement and to facilitate community partnerships through new and innovative opportunities which elevate City services and the quality of life in Plano.

**Organization Website:** volunteersinplano.org

**City/General Location:** Plano, Texas

**Contact Person:** Morgan Green-Griffin, Volunteer Resources Coordinator

**Email Address:** mgreengriffin@plano.gov

**Phone Number:** 972-941-7627

**Age Requirements:** Varies

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Animals, Arts and Culture, Environment, Government and Civic Services

## Color Me Empowered

**Mission statement:** Color Me Empowered provides programming that empowers children and communities through visual arts education and the implementation of civic art. We believe that giving children the opportunity to improve their immediate community will enable them to see the power of art and the ability within themselves to bring about positive change in their environment.

**Organization Website:** [cmedfw.org](http://www.cmedfw.org)

**City/General Location:** Dallas, TX/ Oak Cliff

**Phone Number:** 214-729-2499

**Contact Person:** Kristen Rice, Executive Director

**Email Address:** [kristen@colormeempowered.org](mailto:kristen@colormeempowered.org)

**Age Requirements:** none

**Types of Opportunities:**  In-Person and Remote Opportunities

**Weekend Availability:** Yes, some Saturdays

**Causes:** Arts and Culture, Community Development, Education, Family Opportunities

## Community Homes for Adults, Inc

**Mission Statement:** Community Homes for Adults, Inc. (CHAI) is a non-sectarian, non-profit corporation under Jewish auspices that provides programs and services to enable adults with intellectual disabilities to live full, rich lives in a safe environment and to meaningfully participate in the community.

**Organization Website:** chaidallas.org

**City/General Location:** Dallas, TX

**Contact Person:** Brian Kaner, Development Associate

**Email Address:** bkaner@chaidallas.org

**Phone Number:** 214-888-4915

**Age Requirements:** 12+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Community Development, Jewish Organizations, Mental Health, Special Needs

## Dallas Arboretum

**Mission Statement:** The mission of the Dallas Arboretum and Botanical Garden is to build and maintain a public venue that promotes the art, enjoyment and knowledge of horticulture, while providing opportunities for education and research. We are committed to excellence, inclusion, good management and fiscal responsibility.

**Organization Website:** https://www.dallasarboretum.org/

**City/General Location:** Dallas/White Rock Lake

**Contact Person:** Meg Bittner, Director of Volunteers

**Email Address:** mbittner@dallasarboretum.org

**Phone Number:** 2145156560

**Age Requirements:** 14+

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Arts and Culture, Education, Environment

## Dallas CASA

**Mission statement:** Dallas CASA advocates in the community and the courtroom for children in the protective care of the state so they can grow up in safe, permanent homes where they can thrive.

**Organization Website:** [dallascasa.org](http://www.dallascasa.org)

**City/General Location:** Dallas County

**Phone Number:** 214-827-8961

**Contact Person:** Jennie Sullivan Manager, Volunteer Recruitment & Outreach

**Email Address:** [jsullivan@dallascasa.org](mailto:jsullivan@dallascasa.org)

**Age Requirements:** 21

**Weekend Availability:** Some

**Causes:** Advocacy, Abuse

## Dallas Children's Advocacy Center

**Mission statement:** Improving the lives of abused children in Dallas County and providing national leadership on child abuse issues.

**Organization Website:** [dcac.org](http://www.dcac.org)

**City/General Location:** East Dallas

**Phone Number:** (214) 818-2600

**Contact Person:** Jenna Sampson, Volunteer Coordinator

**Email Address:** [jsampson@dcac.org](mailto:jsampson@dcac.org)

**Age Requirements:** Must be over 18 and not enrolled in local high school to serve onsite. Younger volunteers may serve at offsite events.

**Types of Opportunities:** Remote Opportunities, Holidays and One Time Events

**Weekend Availability:** Noduring COVID-19 restrictions.

**Causes:** Advocacy, Family Opportunities, Mental Health, Abuse

## Dallas Children's Theater

**Mission Statement:** To inspire young people to creative and productive lives through the art of theater

**Organization Website:** [dct.org](file:///\\srv-dc.jfsdallas.local\OrgData\Volunteers\Mitzvah%20Central\2021\dct.org)

**City/General Location:** Dallas

**Contact Person:** Elizabeth Ross, Development Assistant - Records and Volunteer Coordination

**Email Address:** elizabeth.ross@dct.org

**Phone Number:** 214-978-0110

**Age Requirements:** Not listed

**Types of Opportunities:** In-Person opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture

## Dallas Holocaust and Human Rights Museum

**Mission Statement:** To teach the history of the Holocaust and advance human rights to combat prejudice, hatred, and indifference.

**Organization Website:** www.DHHRM.org

**City/General Location:** Dallas, TX

**Contact Person:** Brittni Coe, Volunteer Coordinator

**Email Address:** bcoe@dhhrm.org

**Phone Number:** 469-899-3710

**Age Requirements:** High school and above

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Arts and Culture, Education

## Dallas Zoo

**Mission statement:** Engaging People & Saving Wildlife

**Organization Website:** [dallaszoo.com](http://www.dallaszoo.com)

**City/General Location:** Dallas, 35e and Marsalis

**Phone Number:** 469-554-7452 (Volunteer Services)

**Contact Person:** Tracy Gardner, Volunteer Coordinator

**Email Address:** [volunteers@dallaszoo.com](mailto:volunteers@dallaszoo.com), [tracy.gardner@dallaszoo.com](mailto:tracy.gardner@dallaszoo.com) [youthvolunteers@dallaszoo.com](mailto:youthvolunteers@dallaszoo.com)

**Age Requirements:** Ages 13+

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, Every day of the week

**Causes:** Animals, Education

## Equest

**Mission Statement:** To enhance the quality of life for children and adults with diverse needs by partnering with horses to bring hope and healing through equine assisted activities and therapies.

**Organization Website:** www.equest.org

**City/General Location:** Texas Horse Park in South Dallas/Pemberton Hill Road (175 and Lake June)

**Contact Person:** Ellin Wellford Grant, Director of Volunteer Services

**Email Address:** egrant@equest.org

**Phone Number:** 12145385393

**Age Requirements:** 12 and up with accomnpanying adult for barn; 14 and up for program (experienced horse teens can be grandfathered up to 1 year with a written recommendation letter)

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Animals, Education, Health and Wellness, Job Training and Employment, Literacy, Mental Health, Special Needs, Veterans

## Fort Worth Botanic Garden | Botanical Research Institute of Texas

**Mission Statement:** We explore the critically important world of plants, collaborate to discover the role they play in our cultural and natural environments, and engage people to conserve nature and improve the human experience.

**Organization Website:** https://fwbg.org/

**City/General Location:** Fort Worth

**Contact Person:** Ryan Kough, Volunteer Services Manager

**Email Address:** rkough@brit.org

**Phone Number:** 8175461846

**Age Requirements:** Adults (18+), Junior Program (14 - 17)

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education, Environment, Government and Civic Services

## Friendship Circle of Dallas

**Mission statement:** Creating an inclusive community, one friendship at a time.

**Organization Website:** [friendshipdallas.org](http://www.fruendshipdallas.org)

**City/General Location**: Dallas

**Phone Number:** 972.998.1970

**Contact Person:** Leah Dubrawsky

**Email Address:** [leah@friendshipdallas.or](mailto:leah@friendshipdallas.org)

**Age Requirements:** 12

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability**: Yes, Sunday

**Causes:** Community Development, Education, Family Opportunities, Jewish Organizations, Special Needs

## Frisco Family Services

**Mission statement:** Frisco Family Services is a 501(c)(3) non-profit tax-deductible organization that helps members of our Frisco and Frisco ISD communities who are facing hunger, homelessness and other urgent needs improve their quality of life and achieve self-sufficiency.

**Organization Website:** [friscofamilyservices.org](http://www.friscofamilyservices.org)

**City/General Location:** Frisco

**Phone Number:** 972-335-9495

**Contact Person:** Randie Osgood, Volunteer Services Manager

**Email Address:** [volunteer@friscofamilyservices.org](mailto:volunteer@friscofamilyservices.org)

**Age Requirements:** 16+

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, Saturdays and the 1st Sunday of each month

**Causes:** Community Development, Food and Hunger, Family Opportunities

## Genesis Women's Shelter and Support

**Mission Statement:** To provide safety, shelter and support for women and children who have experienced domestic violence, and to raise awareness regarding its cause, prevalence and impact.

**Organization Website:** https://www.genesisshelter.org/

**City/General Location:** 4411 Lemmon Ave, Dallas, 75219

**Contact Person:** Nicole Berg, Volunteer Coordinator

**Email Address:** nberg@genesisshelter.org

**Phone Number:** 2143897701

**Age Requirements:** 18

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Food and Hunger, Health and Wellness

## Girls Inc. of Metropolitan Dallas

**Mission Statement:** To inspire all girls to be strong, smart, and bold.

**Organization Website:** www.girlsincdallas.org

**City/General Location:** Dallas

**Contact Person:** Courtney Taylor-El, Associate VP, Program Services

**Email Address:** volunteer@girlsincdallas.org

**Phone Number:** 214-654-4530

**Age Requirements:** 18+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Health and Wellness, Literacy, Youth Development

## GRACE Grapevine

**Mission Statement:** As a steward of God’s blessings and resources in the community, GRACE demonstrates compassion for those less fortunate by providing assistance to individuals and families in crisis and guidance toward self-sufficiency.

**Organization Website:** https://www.gracegrapevine.org/

**City/General Location:** Grapevine

**Contact Person:** Ryan Jackson, Volunteer Manager

**Email Address:** volunteer@gracegrapevine.org

**Phone Number:** 8173054655

**Age Requirements:** Under 16 requires a guardian

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Community Development, Disaster and Emergency Preparedness, Education, Environment, Food and Hunger, Health and Wellness, Housing, Job Training and Employment, Mental Health, Special Needs, Veterans

## Hope Supply Co.

**Mission Statement:** Hope Supply Co. meets the critical needs of homeless and at-risk children across North Texas by providing necessities including diapers, wipes, hygiene kits, baby food and formula, clothing, school supplies and toys to enhance their lives.

**Organization Website:** www.hopesupplyco.org

**City/General Location:** DFW

**Contact Person:** Ami Cheek, Office and Development Manager

**Email Address:** ami@hopesupplyco.org

**Phone Number:** 2146305765

**Age Requirements:** 10+

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Disaster and Emergency Preparedness, Health and Wellness

## Hopes Door New Beginning Center Inc.

**Mission Statement:** Provide services to individuals and families affected by domestic abuse and intimate partner violence.

**Organization Website:** hdnbc.org

**City/General Location:** Garland and Plano TX

**Contact Person:** Beth Leos, Volunteer Program Manager

**Email Address:** bleos@hdnbc.org

**Phone Number:** 4699697120

**Age Requirements:** 18 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Domestic Violence

## In-Sync Exotics

**Mission statement: I**n-Sync Exotics views rescuing exotic felines as a privilege and a rewarding labor of love. Our mission is to provide a caring, safe haven to some of God’s most beautiful creatures. We put their needs above all else; the old, the maimed, and the unwanted can find sanctuary here.

**Organization Website:** [insyncexotics.org](http://www.insyncexotics.org)

**City/General Location:** Wylie TX

**Phone Number:** 972-442-6888

**Contact Person:** Chemyn Reaney, Volunteer Coordinator

**Email Address:** [chemynreaney@gmail.com](mailto:chemynreaney@gmail.com)

**Age Requirements:** 18

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes**,** 7 days/week, 365/year

**Causes:** Animals

## Jewish Family Service of Greater Dallas

**Mission Statement:** To provide effective, accessible, and comprehensive mental health and social services that promote lifelong self-sufficiency and well-being for the Greater Dallas community.

**Organization Website:** jfsdallas.org

**City/General Location:** Far North Dallas/Addison

**Contact Person:** Michelle Squillace, Volunteer Coordinator

**Email Address:** msquillace@jfsdallas.org

**Phone Number:** 972-437-9950

**Age Requirements:** Dependent on project

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Community Development, Disaster and Emergency Preparedness, Food and Hunger, Health and Wellness, Job Training and Employment, Jewish Organizations, Mental Health, Special Needs

## Jewish Federation of Greater Dallas

**Mission Statement:** "To help ensure the continuity of a strong and vibrant Jewish community in Dallas, Israel and throughout the world."

**Organization Website:** jewishdallas.org

**City/General Location:** Dallas

**Contact Person:** Julie Punjak, Senior Marketing Manager

**Email Address:** marketing@jewishdallas.org

**Phone Number:** 214-369-3313

**Age Requirements:** 18+

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, International Relief, Jewish Organizations

## Jonathan's Place

**Mission Statement:** The mission of Jonathan’s Place is to provide a safe place, loving homes, and promising futures for abused and neglected children, teens, and young adults.

**Organization Website:** https://www.jpkids.org/

**City/General Location:** Garland, Texas

**Contact Person:** DJ Tippens, Volunteer & Outreach Manager

**Email Address:** dtippens@kidnet.org

**Phone Number:** 4696766948

**Age Requirements:** 18 years old

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Child Welfare

## Juliette Fowler Communities

**Mission statement:** To provide the dignity of choice, build community and create beneficial connections for children, youth, and elders.

**Organization Website:** [fowlercommunities.org](https://fowlercommunities.org)

**City/General Location:** Dallas/East Dallas

**Phone Number:** 214.827.0813

**Contact Person:** Laura Porting, Development Manager

**Email Address:** [Laurap@fowlercommunities.org](mailto:Laurap@fowlercommunities.org)

**Age Requirements:** 16+

**Types of Opportunities:** In-Person and Remote Opportunities

**Weekend Availability:** Not currently.

**Causes:**  Food and Hunger, Health and Wellness, Mental Health, Special Needs

## The Legacy Senior Communities

**Mission Statement:** The Legacy Senior Communities exists to provide a continuum of care to seniors and their families. We deliver this care with compassion and dignity, while embracing Jewish values and upholding the highest standards of excellence.

**Organization Website:** thelegacyseniorcommunities.org (Click: “VOLUNTEER” at the top); Volunteer Application: http://bit.ly/2tmSoKU

**City/General Location:** The Legacy Midtown Park (Dallas Campus) & The Legacy Willow Bend (Plano Campus)

**Contact Person:** Volunteer Engagement Managers: Rivae Campo (Dallas Campus), Brian Lovelace (Plano Campus), Volunteer Engagement Manager

**Email Address:** RCampo@TheLegacySC.org, BLovelace@TheLegacySC.org

**Phone Number:** (972) 468-6191, (972) 468-6210

**Age Requirements:** None

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Health and Wellness, Jewish Organizations, Veterans

## Literacy Achieves

**Mission statement:** The mission of Literacy Achieves is to equip non-English speaking adults and their young children with English literacy and life skills to promote self-sufficiency and the overall well-being of our students, their families and the greater community.

**Organization Website:** [literacyachieves.org](http://literacyachieves.org)

**City/General Location:**

ELM-East Dallas: 629 N. Peak St. Dallas, TX 75246

West Dallas: 1018 Gallagher Dallas, TX 75212

Vickery Meadow: 6329 Ridgecrest Rd. Dallas, TX 75231

Central Office: 1408 N. Riverfront Blvd., #339, Dallas, TX 75207

**Phone Number:** (214) 265-5057

**Contact Person:** LaTress Peoples, Talent and Resource Manager

**Email Address:** [volunteer@literacyachieves.org](mailto:volunteer@literacyachieves.org)

**Age Requirements:** 18 years old +

**Types of Opportunities:** Remote Opportunities

**Weekend Availability:** No

**Causes:** Community Development, Education, Family Opportunities, Literacy

## ManeGait Therapeutic Horsemanship

**Mission statement**: At ManeGait Therapeutic Horsemanship, children and adults with disabilities move beyond their boundaries through the healing power of the horse and the dedication of a professional, caring community.

**Organization Website**: [manegait.org](http://www.manegait.org)

**City/General Location:** McKinney, TX

**Contact Person:** Jessica Stott, Volunteer Coordinator

**Email Address:** jstott@manegait.org

**Phone Number:** 2812249791

**Age Requirements**: Must be 14 years old

**Types of Opportunities**: In-Person Opportunities ,

**Weekend Opportunities (Yes or No, if yes which day?):** Yes, Saturdays

**Causes:** Animals, Special Needs, Veterans

## MAZON: A Jewish Response to Hunger

**Mission Statement:** Inspired by Jewish values and ideals, MAZON: A Jewish Response to Hunger is a national organization fighting to end hunger among people of all faiths and backgrounds in the United States and Israel.

**Organization Website:** www.mazon.org

**City/General Location:** National (HQ: Los Angeles, CA)

**Contact Person:** Paul Sherman, Senior Outreach Manager

**Email Address:** psherman@mazon.org

**Phone Number:** (202) 888-6510 / (800) 813-0557 / (310) 442-0020

**Age Requirements:** 6th grade+

**Types of Opportunities:** Remote opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Food and Hunger, Government and Civic Services, Jewish Organizations, Family Opportunities

## Metrocrest Services

**Mission statement:** The mission of Metrocrest Services is to provide programs for individuals, families and seniors that lead to self-sufficiency and foster independence.

**Organization Website:** [metrocrestservices.org](http://www.metrocrestservices.org)

**City/General Location:** 13801 Hutton Dr. # 150, Farmers Branch, TX

**Contact Person:** Lauren Wintermute, Volunteer Manager

**Email Address:** volunteermgr@metrocrestservices.org

**Phone Number:** 4693172541

**Age Requirements:** The minimum volunteer age is 13 years old, volunteers aged 13-15 must be accompanied by a parent or adult guardian for the duration of their shift(s).

**Types of Opportunities:** In-Person Opportunities, Holidays and One Time Events

**Weekend Availability:** Yes, Saturdays

**Causes:** Food and Hunger, Job Training and Employment

## Mitzvah Mavens

**Mission Statement:** To create warmth, coziness and caring to patients in Medical City of Plano hospital

**Organization Website:** facebook.com/Threadsoflove

**City/General Location:** Plano, TX

**Contact Person:** Leslee Feiwus, Chairwoman

**Email Address:** tsitsifly@mac.com

**Phone Number:** 9724030921

**Age Requirements:** 18 and up, women only

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Family opportunities

**Weekend Availability:** No, never.

**Causes:** Arts and Culture

## Mosaic Family Services

**Mission statement:** Mosaic supports, educates and empowers multicultural individuals and families of North Texas. We are dedicated to serving survivors of human rights abuses from around the world and within our community. We create access to opportunities for our clients, empowering them toward independence. We hope to equip future leaders with the skills to impact their own diverse communities for a stronger, more vibrant North Texas.

**Organization Website:** [**mosaicservices.org/**](https://mosaicservices.org/)

**City/General Location:** Dallas,**12225 Greenville Avenue, Suite 800**

**Phone Number:** (214) 821-5393

**Contact Person:** Katie Jenkins, Volunteer Coordinator

**Email Address:** [katiej@mosaicservices.org](mailto:katiej@mosaicservices.org)

**Age Requirements:** 18+

**Types of Opportunities:** In-Person and Remote Opportunities, Holidays and One Time Events

**Weekend Availability:** Yes, Saturday and Sunday

**Causes:** Advocacy, Community Development, Education, Family Opportunities, Government and Civic Services, Housing, Immigration and Refugees, Job Training and Employment

## Network of Community Ministries

**Mission Statement:** Our mission is to care, coach and empower our neighbors in need as they seek an improved quality of life.

**Organization Website:** thenetwork.org

**City/General Location:** Richardson

**Contact Person:** Caroline Wold, Manager of Volunteers and Community Engagement

**Email Address:** cwold@thenetwork.org

**Phone Number:** 2819000964

**Age Requirements:** 14+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Disaster and Emergency Preparedness, Food and Hunger, Job Training and Employment

## North Texas Food Bank

**Mission statement:** To close the hunger gap in North Texas by providing access to nutritious food

**Vision statement:** A hunger-free, healthy North Texas

**Organization Website:** [ntfb.org](http://www.ntfb.org)

**City/General Location:** Plano

**Contact Person:** Cassie Collins, Director of Volunteer Operations

**Email Address:** cassie.collins@ntfb.org

**Phone Number:** 469-907-7175

**Age Requirements:**

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** Yes, Saturdays

**Causes:** Disaster and Emergency Preparedness, Food and Hunger, Family Opportunities, Health and Wellness

## PediPlace

**Mission statement:** Making Healthcare A Reality For Every Kid

**Organization Website:** [pediplace.org](http://www.pediplace.org)

**City/General Location:** Lewisville, TX

**Phone Number**: 469-322-3660

**Contact Person**: Shari Markey, Chief Engagement Officer

**Email Address:** [shari.markey@pediplace.org](mailto:shari.markey@pediplace.org)

**Age Requirements**: 16 years of age or older for most projects/ In kind donation projects- no age requirement

**Types of Opportunities**: Remote Opportunities

**Weekend Availability**: No

**Causes** Family Opportunities, Health and Wellness

## Perot Museum of Nature and Science

**Mission statement:** To inspire minds through nature and science.

**Organization Website:** [perotmuseum.org/join-and-give/volunteer/index.htm](https://www.perotmuseum.org/join-and-give/volunteer/index.htm)

**City/General Location:** Downtown Dallas

**Contact Person:** Nina Gregory, Manager for Volunteer Programs

**Email Address:** volunteers@perotmuseum.org

**Phone Number:** 214-7565844

**Age Requirements:** 14+ for all opportunities, summer and year round

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education

## Poiema Foundation

**Mission statement:** The Poiema Foundation educates the public and raises awareness in order to prevent sexual abuse, sex trafficking, and other methods of sexual exploitation. We also facilitate the restoration journey of survivors by providing for their physical, psychological, emotional, and spiritual needs. Our goal is to provide a safe place where victims receive trauma-informed care on their journey from victim to survivor.

**Organization Website:** [poiemafoundation.org](http://www.poiemafoundation.org)

**City/General Location:** Rockwall, TX

**Phone Number**: 469-757-8888

**Contact Person:** Rebecca Jowers, Executive Director

**Email Address:** [info@poiemafoundation.org](mailto:info@poiemafoundation.org)

**Age Requirements:** Minors can volunteer with their parents present

**Types of Opportunities**: In-Person Opportunities

**Weekend Opportunities (Yes or No which day?)**: Yes, Every Saturday

**Causes:** Education

## Promise House

**Mission Statement:** Promise House moves youth in crisis toward safety and success.

**Organization Website:** https://promisehouse.org/

**City/General Location:** Dallas TX

**Contact Person:** Estefania Sosa, Partnership Engagement Coordinator

**Email Address:** estefania.sosa@promisehouse.org

**Phone Number:** 2149418578

**Age Requirements:** 18+

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** On occasion.

**Causes:** Advocacy, Education, Housing, Mental Health, Special Needs

## Reading Partners

**Mission statement:** Our mission is to help children become lifelong readers by empowering communities to provide individualized instruction with measurable results.

**Organization Website:** [readingpartners.org](https://readingpartners.org)

**City/General Location:** Dallas - Fort Worth

**Phone Number:** (972) 940-0283, 214 821-4500

**Contact Person:** Amber Martin, External Relations Manager

**Email Address:** [amber.martin@readingpartners.org](mailto:amber.martin@readingpartners.org)

**Age Requirements:** Tutors must be 14+ years of age.

**Types of Opportunities:** Remote Opportunities (2020-21 school year, subject to change)

**Weekend Availability:** No

**Causes:** Education, Literacy

## Richardson Adult Literacy Center (RALC)

**Mission Statement:** To transform lives by providing English as a Second Language instruction to adults who live or work in the Richardson ISD and the surrounding cities.

**Organization Website:** www.ralc.org

**City/General Location:** Richardson and the surrounding area

**Contact Person:** Patricia Thomson, Executive Director

**Email Address:** director@ralc.org

**Phone Number:** 972-644-5119

**Age Requirements:** 18 and older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Immigration and Refugees, Literacy

## Riding Unlimited

**Mission statement:** To turn disabilities into possibilities through the power of the horse.

**Organization Website**: [ridingunlimited.org](http://www.ridingunlimited.org)

**City/General Location**: Ponder, TX 76259

**Contact Person:** Patricia Dellemann, Director

**Email Address:** [director@ridingunlimited.org](mailto:director@ridingunlimited.org)

**Phone Number**: 940-479-2016

**Age Requirements**: at least 14 years of age

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability**: Yes Saturday

**Causes:**  Animals, Family Opportunities, Health and Wellness, Mental Health, Special Needs, Veterans

## Ronald McDonald House of Dallas

**Mission Statement:** Keeping families together, inspiring strength, and giving love and support to families whose children are receiving essential medical care.

**Organization Website:** rmhdallas.org

**City/General Location:** Dallas

**Contact Person:** Johnathan Elder, Chief Operating Officer

**Email Address:** Jelder@rmhdallas.org

**Phone Number:** 15802319117

**Age Requirements:** 15 years or older

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Arts and Culture, Environment, Food and Hunger, Health and Wellness, Housing

## The Samaritan Inn

**Mission statement:** The Samaritan Inn is a comprehensive homeless program that helps willing people gain dignity and independence.

**Organization Website:** [saminn.org](http://www.saminn.org)

**City/General Location:** 1514 N. McDonald Street, Mckinney TX 75071

**Contact Person:** Julie Berger, Volunteer Coordinator

**Email Address:** volunteer@saminn.org

**Phone Number:** 972-542-5302 ext. 806

**Age Requirements:** 14+ with an adult, over 18 without

**Types of Opportunities:** In-Person Opportunities

**Weekend Availability:** Yes, Sat. & Sun.

**Causes:** Community Development, Education, Food and Hunger, Family Opportunities, Housing

## The Turning Torres

**Mission Statement:** Provide counseling, education, and advocacy for those impacted by sexual violence.

**Organization Website:** theturningpoint.org

**City/General Location:** Plano, TX

**Contact Person:** Vivian Torres, Volunteer Coordinator

**Email Address:** vtorres@theturningpoint.org

**Phone Number:** 972-985-0951

**Age Requirements:** At least 18 years old

**Types of Opportunities:** Remote opportunities, In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Advocacy, Education, Health and Wellness, Mental Health

## Vickery Meadow Summer Reading Academy/McShan Reading Homeroom

**Mission Statement:** Vickery Meadow Summer Reading Academy/McShan Reading Homeroom

**Organization Website:** vmsramrh.org

**City/General Location:** Dallas

**Contact Person:** Dalene L. Buhl, Founder/ Operating Officer

**Email Address:** vmsramrh@gmail.com

**Phone Number:** 214-534-5753

**Age Requirements:** 15+

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Family opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Immigration and Refugees, Literacy

## Vogel Alcove

**Mission Statement:** The mission of Vogel Alcove is to help young children and families overcome the lasting and traumatic effects of homelessness. It is our vision that every child in our community has a home, a self-sufficient family, and a foundation for success in school and in life.

**Organization Website:** vogelalcove.org

**City/General Location:** Dallas, TX 75215

**Contact Person:** Heather Bradford, Director, Special Events and Volunteer Engagement

**Email Address:** hbradford@vogelalcove.org

**Phone Number:** 214.368.8686

**Age Requirements:** 16 years and up unless accompanied by an adult

**Types of Opportunities:** Remote opportunities, In-Person opportunities, Holiday and one time opportunities, Family opportunities

**Weekend Availability:** No, never.

**Causes:** Education, Food and Hunger, Health and Wellness, Job Training and Employment, Literacy, Mental Health

## The Warren Center

**Mission Statement:** The Warren Center is a nonprofit agency that advocates, serves and empowers the children and families impacted by developmental delays and disabilities.

**Organization Website:** thewarrencenter.org

**City/General Location:** Richardson, Texas

**Contact Person:** Leslie Chatman, Development Manager

**Email Address:** Leslie. Chatman@thewarrencenter.org

**Phone Number:** 972.490.9055

**Age Requirements:** 16 and older

**Types of Opportunities:** In-Person opportunities, Holiday and one time opportunities

**Weekend Availability:** On occasion.

**Causes:** Education, Special Needs

## Wesley-Rankin Community Center

**Mission Statement:** In collaboration with our West Dallas neighbors, Wesley-Rankin Community Center identifies and bridges gaps in education, health and skills development by providing multigenerational programs that empower families to access their full potential.

**Organization Website:** Wesleyrankin.org

**City/General Location:** West Dallas

**Contact Person:** Becky Stegmann, Volunteer Coordinator

**Email Address:** volunteer@wesleyrankin.org

**Phone Number:** 214-742-6674

**Age Requirements:** 14

**Types of Opportunities:** In-Person opportunities

**Weekend Availability:** Yes, every weekend.

**Causes:** Community Development, Education, Health and Wellness, Immigration and Refugees, Job Training and Employment, Literacy