



## Jewish Family Service of Greater Dallas

5402 Arapaho Road | Dallas 75248  
(972) 437-9950 | [jfsdallas.org](http://jfsdallas.org)

Since 1950 Jewish Family Service of Greater Dallas has welcomed anyone through our doors regardless of race, ethnicity, religion or the ability to pay. Our mission is to provide professional, effective and affordable mental health and social services that promote lifelong, self-sufficiency and well-being for anyone in need.

Our licensed and professional staff offer a wide range of mental-health and social services, all accredited by the Council on Accreditation.

Get the latest news and information from JFS by joining our email list at [jfsdallas.org](http://jfsdallas.org) or by texting JFSdallas to 22828.

# JFS PROGRAMS AND SERVICES

### CAREER & FINANCIAL SERVICES

Career Guidance/ Job Search Strategy  
Communication & Telephone Skills Training  
Financial Assessment, Guidance and Coaching  
Resume Development  
Practice Video Interviews  
Virtual Employment Resource Seminars  
Job Search Resource Center  
Networking Groups for: people aged 50+, young adults  
Assessment of Job Skills  
Assistance with Application and Interviewing  
Job Development  
On-the-Job Coaching  
Verified, Up to Date, Job Leads  
Ongoing Coordination with Employer  
Life Coaching

### MENTAL HEALTH/COUNSELING FOR ADULTS

Crisis Intervention  
Psychosocial Assessment  
Safety Planning for At Risk Behaviors (*Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse*)  
Diagnostic Testing and Assessment  
Individual Counseling for Anxiety, Depression, Personal Crisis  
Marital Counseling  
Family Counseling  
Parent/Child Support  
Divorce Recovery Counseling  
Psychiatric Assessment, Medication Prescription and Monitoring *for counseling clients only*  
Case Management  
Addiction Management  
Binah Breast Cancer Support Services

#### Groups

Caregivers Support  
Dialectical Behavioral Therapy  
Divorce Recovery  
Mens Group  
Priya Couples Infertility Support

*For a current list of active support groups, please visit [jfsdallas.org/groups](http://jfsdallas.org/groups)*

### PLAN (People Living Active Now)

Services for Adults with Mental Health Challenges  
Employment, Education and Socialization Support  
Connections Team  
Case Management  
Peer Support  
Family Support Group

### PLAN @ 1121 Rock Clubhouse

1121 Rockingham Dr, Richardson, TX 75080 | 972.379.9904

### FAMILY VIOLENCE INTERVENTION

Crisis Intervention/Assessment  
Safety Planning  
Individual Counseling for Adults Affected by Abuse  
Individual Age-Appropriate Play Therapy for Children Affected by Trauma & Abuse  
Legal Consultation  
Employment Assistance  
Parent/Child Counseling  
Community Education & Prevention Programs

#### Groups

Women Affected by Trauma & Family Violence

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### SERVICES FOR CHILDREN & TEENS

Safety Planning for At Risk Behaviors (*Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse*)  
Diagnostic Testing and Assessment  
Psychosocial Assessment  
Neurodevelopmental Assessment  
Individual Age-Appropriate Play Therapy  
Individual Age Appropriate Counseling  
In-School Student Observation *if meeting criteria*  
Psychiatric Assessment, Medication Prescription and Monitoring *for counseling clients only*

#### Special Needs Resource Team

Speech-Language Evaluation and Therapy  
School Intervention Specialist  
Occupational Therapy  
Referral to & Coordination with Other Agencies  
Parenting Children with Special Needs

#### Groups

Anger Management/Bullying Prevention  
Children & Teens Coping with Divorce or Loss  
PERK (Parents Empowered Raising Kids)

*For a current list of active support groups, please visit [jfsdallas.org/groups](http://jfsdallas.org/groups)*

### OFF-SITE LOCATIONS

#### Bilingual Services (English/Spanish)

Individual age-appropriate counseling for children & teenagers  
Parenting Education  
Family Sessions  
In-school services *if meeting criteria*

#### Jubilee Park Community Center

917 Bank Street Dallas, TX 75223 | 214.887.1364

*Serving the following zip codes: 75223, 75210, 75214, 75226, 75227*

#### Roseland Counseling Center

1949 N. Washington Ave. #224, Dallas, TX 75204 | 469.444.8855

*Serving the zip code 75204*

### FOOD PANTRY & EMERGENCY ASSISTANCE

Case Management  
Food Pantry  
Information & Referral  
SNAP Benefits Eligibility and Registration

*Serving the following zip codes: 75209, 75220, 75225, 75229, 75230, 75231, 75234, 75238, 75240, 75243, 75244, 75248, 75252, 75254, 75287, 75001, 75006, 75007, 75010, 75011, 75042, 75080, 75081*

### SERVICES FOR OLDER ADULTS

Assessment of Abilities and Needs  
(Including Activities of Daily Living)  
Care Management  
Emotional Support (Counseling in Home or at JFS)  
Guidance for Adult Children of Older Adults  
Kosher Home-Delivered Meals  
Transportation to Medical Appointments  
Friendly Visitors  
Wrap around services for Holocaust Survivors  
Psychiatric Assessment, Medication Prescription and Monitoring *for counseling clients only*  
Services for Adults with Disabilities  
Community Chaplaincy Program

#### Groups

Caregivers  
Chronic Pain  
Grief

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### VOLUNTEER ENGAGEMENT

Board Leadership and Committees  
Centerpieces for Tzedakah  
Clerical Support  
Create a Card/ Decorate Food Pantry Bags  
Diaper Drive/ Personal Hygiene Supplies Drive  
Food Drives  
Food Pantry  
"Food Pantry Experience" program  
Friendly Visitors  
Job Resource Center  
Kosher Home Delivered Meals  
PLAN Clubhouse  
Rabbi Gerald J. Klein HS Internship Program  
Special Events  
Special Needs Partnership "The Inclusion Experience"  
The Resale Shop

*For a full list of opportunities visit [jfsdallas.org/volunteer](http://jfsdallas.org/volunteer)*



*If ever asked  
my opinion of  
JFS, I can only  
say how you  
came to aid our  
family in our  
time of tragedy.*



Child Mental Health Services clients showed improvement after treatment.



Food Pantry Clients reported eating at least 2 meals per day and prevented hunger.



Older Adult Services clients remained independent and living in their own homes.



Career and Employment Services clients were able to secure a job within 6 months.



Family Violence clients created a safety plan toward greater physical and psychological safety.



Adult Mental Health Services clients achieved 2 out of 3 treatment goals.

**39,000** lives touched in 2021

**28,500** hours of service  
from our **1,700** volunteers

Services available on a sliding-fee  
scale, as low as **\$0**



SERVING ANYONE IN NEED REGARDLESS OF RACE, RELIGION, ETHNICITY OR THE ABILITY TO PAY



OFFERING WRAPAROUND CARE TO ADDRESS MULTIPLE NEEDS



COMMUNITY PARTNER OF THE JEWISH FEDERATION OF GREATER DALLAS



UNITED WAY AGENCY



NATIONALLY ACCREDITED IN ALL SERVICE AREAS BY THE COUNCIL ON ACCREDITATION



OVER 40 COMMUNITY COLLABORATIONS

*I could not have achieved  
this success without you!*



**Jewish Family Service  
of Greater Dallas**  
*An open door to all in need*

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