

For 70 years, Jewish Family Service of Greater Dallas has welcomed anyone through our doors regardless of race, ethnicity, religion or the ability to pay. Our mission is to provide professional, effective and affordable mental health and social services that promote lifelong, self-sufficiency and well-being for anyone in need.

Our licensed and professional staff offer a wide range of mental-health and social services, all accredited by the Council on Accreditation.

Get the latest news and information from JFS by joining our email list at www. JFSdallas.org or by texting JFSdallas to 22828.

-JFS PROGRAMS AND SERVICES-

CAREER & FINANCIAL SERVICES

Career Guidance/ Job Search Strategy **Resume Development** Verified, Up to Date, Job Leads Practice/ Video Interviews Testing and Assessment **Employment Resource Seminars** Job Search Resource Center Networking Groups for: veterans, people aged 50+, young adults Additional Services for Those with Disabilities/Special Needs Assessment of Job Skills Assistance with Application, Interviewing, Data Card **Communication & Telephone Skills Training** Job Development **On-the-Job Coaching Ongoing Coordination with Employer** Financial Assessment, Guidance and Coaching

MENTAL HEALTH/COUNSELING FOR ADULTS

Crisis Intervention Psychosocial Assessment Safety Planning for At Risk Behaviors (Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse) **Diagnostic Testing and Assessment** Individual Counseling for Anxiety, Depression, Personal Crisis, Addictions Marital Counseling Family Counseling Parent/Child Support **Divorce Recovery Counseling** Psychiatric Assessment, Medication Prescription and Monitoring **Case Management** Addiction Management Groups Social Skills **Divorce Recovery** Depression Mother/ Daughter Workshops Abusive Relationships, Men/Women Breast Cancer, Women **Couples Coping with Cancer** Husbands of Women with Breast Cancer **Caregivers Support** Chronically Depressed Individuals & Family Grief

Planned Living Assistance Network of North Texas (PLAN)

Case Management Clubhouse (PLAN @ 1121 Rock) Counseling Social and Educational Groups for adults with chronic mental illness, Family Support

FAMILY VIOLENCE INTERVENTION

Crisis Intervention/Assessment Transitional Housing for Victims of Crime Safety Planning Individual Counseling for Adults Affected by Abuse Individual Age-Appropriate Play Therapy for Children Affected by Abuse Individual Counseling for the Abuser (When Appropriate) Legal Consultation Employment Assistance Parent/Child Counseling Community Education & Prevention Programs **Groups** Women Affected by Abuse Children Affected by Abuse Men Affected by Abuse

SERVICES FOR CHILDREN & TEENS Including those with Special Needs

Safety Planning for At Risk Behaviors (Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse) Diagnostic Testing and Assessment Psychosocial Assessment Neurodevelopmental Assessment Individual Age-Appropriate Play Therapy Individual Age Appropriate Counseling In-School Student Observation Psychiatric Assessment, Medication Prescription and Monitoring **Special Needs Resource Team** Speech-Language Evaluation and Therapy School Intervention Specialist Occupational Therapy Referral to & Coordination with Other Agencies Parenting Children with Special Needs

Groups

Anger Management/Bullying Prevention Mother/Daughter Workshops Social Skills Children Whose Parents are Chronically / Terminally III Siblings of the Emotionally, Physically, Psychologically, or Learning Disabled Children Affected by Abuse Children Coping with Divorce or Loss Teens Coping with Divorce or Loss PERK (Parents Empowered Raising Kids)

EMERGENCY ASSISTANCE

Case Management Emergency Financial Assistance Food Pantry Information & Referral

SERVICES FOR OLDER ADULTS

Assessment of Abilities and Needs (Including Activities of Daily Living) **Care Management** Lifeline Emergency Response Service Emotional Support (Counseling in Home or at JFS) Guidance for Adult Children of Older Adults Kosher Home-Delivered Meals Homemaker Services Transportation to Medical Appointments **Friendly Visitors** Personal Resource Organizers Information and Referral Assistance to Holocaust Survivors Psychiatric Assessment, Medication Prescription and Monitoring Guardianship **SNAP Benefits Eligibility and Registration** Services for Adults with Disabilities **Healing Support Community Chaplaincy Program** Breast Cancer Support Program Personal Counseling Groups Caregivers

- Chronic Pain Dementia
- Couples Coping with Cancer Individuals Coping With Cancer

VOLUNTEER SERVICES

Board Leadership and Committees Centerpieces for Tzedakah **Clerical Support Conference and Event Planning** Create a Card/ Decorate Food Pantry Bags Diaper Drive/ Personal Hygiene Supplies Drive Food Drives Food Pantry "Food Pantry Experience" program **Friendly Visitors** Job Search Resource Center Kosher Home Delivered Meals Mobile Food Pantry Personal Resource Organizers **PLAN Clubhouse** Rabbi Gerald J. Klein HS Internship Program Special Events Special Needs Partnership "The Inclusion Experience" The Resale Shop





If ever asked meyopinion of JFS, I can only, say how you came to aid our family in our time of Tragldy



Child Mental Health Services clients showed improvement after treatment.



Career and Employment Services clients were able to secure a job within 6 months.

95%

Food Pantry Clients reported eating at least 2 meals per day and prevented hunger.



Family Violence clients created a safety plan toward greater physical and psychological safety.

ETHNICITY OR THE ABILITY TO PAY

87%

Older Adult Services clients remained independent and living in their own homes.



Adult Mental Health Services clients achieved 2 out of 3 treatment goals.

lives touched 22,000 last year

28,500 hours of service from our **1**,**700** volunteers

Services available on a sliding-fee scale, as low as 90





OFFERING WRAPAROUND CARE TO ADDRESS MULTIPLE NEEDS COMMUNITY PARTNER OF THE JEWISH FEDERATION

SERVING ANYONE IN NEED REGARDLESS OF RACE, RELIGION,

UNITED WAY AGENCY

OF GREATER DALLAS



NATIONALLY ACCREDITED IN ALL SERVICE AREAS BY THE COUNCIL ON ACCREDITATION

OVER 40 COMMUNITY COLLABORATIONS

I could not have achieved this succes without you /





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