



## Jewish Family Service<sub>c</sub>

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# “Mitzvah Central”

## Winter/Spring 2019

### *The Newsletter with Volunteer Opportunities for Youth and Adults*

In 1998, *Mitzvah Central* began as a resource for students to find volunteer opportunities in the community to fulfill school service hours or for Bar/Bat Mitzvah requirements. *Mitzvah Central* continues to fulfill that purpose, and it serves as a great resource for many adults as well. **Mitzvah Central is available as a pdf on the JFS website [www.JFSdallas.org](http://www.JFSdallas.org).**

**All listings are in alphabetical order.** The first section focuses on the Jewish community organizations and the second section focuses on the general community. Feel free to visit an organization’s website for more information. The **Alphabetical listing (with page numbers)** is found on the following pages.

Please contact the Volunteer Coordinator or Contact Person for **each** organization to schedule your opportunity. Don’t forget to let Kristen or Barbara know about your experiences. If you have found an organization that is not on our list, but one that would be well-suited for this newsletter, please share the information with us.

Thank you again on behalf of all of the agencies listed, for taking time out of your day to help others.

***You can make a difference!***

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**Mitzvah Central  
Serving the Dallas  
Community for 20  
Years**



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## Volunteer Opportunities in the Jewish Community

Dated opportunities noted by ↶ ↷

<p style="text-align: center;"><b>Aaron Family JCC</b></p> <p style="text-align: center;">Scot Hart 214.239.7123 shart@jccdallas.org</p> <p style="text-align: center;">www.jccdallas.org</p>	<p>Volunteer at the Aaron Family JCC:</p> <p>Volunteer in the <b>Gift Shop</b>. Hours vary. Must be 18+</p> <p>Volunteer at Let's Get Social <b>community events</b>, including summer pool parties. Open to ages 15+</p> <p>Volunteer at <b>Film Festival</b> screenings. Open to ages 18+. Includes free tix to screening.</p> <p>Volunteer at <b>Book Fest</b> programs. Open to ages 18+ includes 1 ticket to the event</p> <p><b>Other volunteer opportunities become available as needed.</b> Contact Scot Hart with your areas of interest at 214.239.7123 or shart@jccdallas.org.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>B'nai Mitzvah: Acts of Memory A Project of Los Angeles Museum of the Holocaust</b></p> <p style="text-align: center;">Jill Brown 323.456.5084 jill@lamothe.org</p> <p style="text-align: center;">www.lamothe.org</p>	<p><b>B'nai Mitzvah: Acts of Memory (a project of Los Angeles Museum of the Holocaust)</b> - Honor the memory of a child who perished in the Holocaust before being called to the Torah. "B'nai Mitzvah: Acts of Memory" provides the Bar or Bat Mitzvah student with the name of a child who perished, biographical information about that child, and suggestions for simple acts of remembrance: doing mitzvot b'shem (in the name of the child), mentioning the child in a D'var Torah or speech from the bimah, taking on the mitzvah of saying Kaddish, or lighting a yahrzeit candle yearly.</p> <p><b>To request a name:</b> www.lamothe.org/Education &amp; Resource/B'nai Mitzvah: Acts of Memory or jill@lamothe.org.</p>
<p style="text-align: center;"><b>Bnai Zion Foundation</b></p> <p style="text-align: center;">Debbie Tobias 972.918.9200 debbie.tobias@bnaizion.org</p> <p style="text-align: center;">www.bnaizion.org</p> <p style="text-align: center;">facebook.com/bnaiziontexasregion</p>	<p><b>BNAI ZION FOUNDATION</b> is a US-based nonprofit that identifies and funds capital projects in Israel in the areas of social inclusion, health, and culture. For 110 years they have raised tens of millions of dollars and completed more than one hundred projects in Israel. Their recent work includes a community center for disabled adults and a performing arts center. They are currently raising money for a bomb-proof emergency room at a hospital near Lebanon and a therapy center in a village for at-risk youth. Bnai Zion is the only organization pursuing capital projects for social impact causes that unite supporters of Israel across the political and religious spectrum.</p> <p><b>AHAVA VILLAGE FOR CHILDREN &amp; YOUTH</b>, located in Kiryat Bialik, is a residential center for children age 6-18 coming from high-risk, abusive home situations. Ahava began educational and therapeutic work with Jewish children over 80 years ago in Berlin and since then, it has helped thousands of children and youth in Israel. Comprised of family apartments, educational facilities, and recreation areas, the campus is home to over 250 children, who benefit from customized care, education and training. Designed to help children overcome severely dysfunctional backgrounds, Ahava offers different kinds of therapy and a range of activities to help children persevere with hope and optimism. Ahava plays a leading role integrating these children and youth into Israeli society to be useful citizens leading fulfilling lives. The current priority at Ahava is to establish a Therapy Center which suits the needs of every therapy and treatment program, and concentrates all the therapists in one building.</p> <p><b>YAD LEAH</b> provides support, comfort and dignity to families in Israel through the distribution of quality new and gently-used clothing. The clothing is collected in America and transported to the new Bnai Zion Yad Leah Warehouse in New Jersey. Volunteers and staff members then carefully sort, fold and prepare boxes of clothing for shipment. Once shipped to Israel, the clothing reaches thousands of</p>

<p><b>Bnai Zion (cont.)</b></p>	<p>needy families through a network of 25 warm inviting thrift shops. Every item of clothing sends a message of love and support while lending dignity, joy and pride to each recipient. You could have a clothing drive at your local school or synagogue as a Mitzvah Project.</p> <p>Please consider Bnai Zion for your Mitzvah Project in order to help these abused and neglected children. Consider starting a drive to support one of the programs (pet therapy, horse therapy, music and /or art therapy, etc.). Great Bar/Bat Mitzvah project!</p> <p>They are always looking to add young leadership to their team. <b>Internship</b> opportunities, as well as <b>volunteer opportunities</b> in the office are also available (make phone calls before and after events, follow up on reservations and more).</p>
<p>Anytime</p> <p><b>Community Homes for Adults, Inc. (CHAI)</b></p> <p>Kathy Schneider 214.888.4915 Kschneider@chaidallas.org</p> <p>www.chaidallas.org</p>	<p><b>Community Home for Adults, Inc. (CHAI):</b> is a non-sectarian, non-profit corporation under Jewish auspices that provides programs and services to enable adults with Intellectual Disabilities to live full, rich lives in a safe environment and to meaningfully participate in the community.</p> <p>They welcome volunteers who are passionate about the services they provide and the people who benefit from them. The most treasured contribution that a volunteer can provide is one-on-one personal time with residents and clients. <b>Volunteering for CHAI is not a one-way relationship; it is one in which friendships are cultivated.</b></p> <p><b>Individuals and Groups:</b> Volunteers can choose from a wide variety of programs including <b>holiday parties, special projects (challah baking, arts &amp; crafts), athletic, and social activities.</b></p> <p><b>House Projects:</b> Household projects are always needed. Consider (based on need) <b>painting, fix-it projects, planting flowers or starting a vegetable garden.</b> These projects can be done with or without participation from the residents.</p> <p>Volunteering at CHAI is a great way to <b>earn Mitzvah and Community Service Hours or just give back to the community</b> Minimum age: 12-14 accompanied by an adult or 15 +</p>
<p>Anytime</p> <p><b>Dallas Holocaust Museum/Center for Education and Tolerance</b></p> <p>Annie Black 214.741.7500 ablack@dallasholocaustmuseum.org www.dallasholocaustmuseum.org</p>	<p><b>Dallas Holocaust Museum:</b> The Museum is located at 211 N. Record St., Suite 100. Open 9:30am-5pm on weekdays and 11am-5pm on weekends.</p> <p><b>Ongoing Opportunities:</b> Special events, museum experience/customer service, administrative tasks, photography/marketing, development, and education. Minimum age: 16</p>
<p>Anytime</p> <p><b>Dallas Jewish Historical Society</b></p> <p>Jessica Schneider 214.239.7120 archivist@djhs.org info@djhs.org</p> <p>www.djhs.org</p>	<p><b>Dallas Jewish Historical Society</b> offers community service volunteer opportunities for anyone with an interest in history, genealogy, video production/editing, social media/management, website enhancement, information/records management, or museum studies.</p> <p><b>The DJHS Archive</b> is bursting with primary documents, sound and audio recordings, photographs, and cultural artifacts that illustrate the rich history of the Dallas Jewish Community from the 1800's to today. Volunteers will receive a broad introduction to the archives, and will have the chance to assist on a variety of projects depending on competency and level of interest. Possible projects include:</p> <p><b>Oral History Volunteers:</b> Learn to interview local Jewish residents, summarize recordings and help to identify specific topics, themes or genealogical information in</p>

<p><b>Dallas Jewish Historical Society (cont.)</b></p>	<p>the recorded Oral Histories. Assist with converting recordings, transcribing interviews editing to post on web, and inventorying existing collections.</p> <p><b>Social Media/Content Creator</b> – DJHS is always in need of volunteers to help tell its story. Write about a “Treasure from the Archive,” an interesting interview subject, publicizing events and historical tours or the relevant subject of your choice.</p> <p><b>Community Reference/Genealogy:</b> Help to create family genealogies for local Jewish families using the community reference collection and to further arrange, scan and describe the community reference materials.</p> <p><b>Event Volunteers:</b> Hands-on volunteers are always needed to take tickets/money at events, help with the Kosher Chili Cook-off and Israel Independence Day. All are welcome!</p> <p><b>Scanning/Photography Volunteers:</b> Help us go digital by scanning, editing and documenting the thousands of photos, documents and artifacts in the Dallas Jewish Archive.</p> <p>This is an exciting, hands-on opportunity to learn more about the history of the Dallas Jewish Community while gaining experience in an archival setting. Come help preserve the past and ensure the future of this amazing collection of cultural treasures. Please contact the office at 214.239.7120 or <a href="mailto:archivist@djhs.org">archivist@djhs.org</a> for information about how to apply.</p>
<p><b>Friendship Circle of Dallas</b></p> <p>Leah Dubrawsky 972.998.1970 <a href="mailto:leah@friendshipdallas.org">leah@friendshipdallas.org</a>  <a href="http://www:Friendshipdallas.org">www:Friendshipdallas.org</a></p>	<p><b>Friendship Circle of Dallas:</b> The mission is to unite children with special needs to teenagers in the community. Through a wide range of programs and activities, they hope to facilitate friendships between people of all abilities!</p> <p>Teens ages 13 and up can be matched with a special friend at program events. Home visitation is available should the teen choose to do so. Volunteers do not need to be accompanied by an adult but an adult must sign off on this volunteer work. Events are mainly Sunday but sometimes they are planned during the week. Events include: Holiday parties, trips, cooking activities, and physical movement activities. Volunteers with special skills (athletic, art, gymnastics, musical etc.) are also needed. Minimum age: Teens 13 – HS. Anyone can be a volunteer though! Adults/ young adults assist at programs and events.</p>
<p>Anytime</p> <p><b>JCRS (Jewish Children’s Regional Service)</b></p> <p>Bonnie Lustig 1.800.729.5277 <a href="mailto:bonnie@jcrs.org">bonnie@jcrs.org</a>  <a href="http://www.jcrs.org">www.jcrs.org</a></p>	<p><b>JCRS (Jewish Children’s Regional Service):</b> The Jewish Children’s Regional Service (in its 163th year) is an agency serving Jewish youth in Alabama, Arkansas, Louisiana, Mississippi, Oklahoma, Tennessee and Texas. It provides needs-based financial support for Jewish summer camp, undergraduate tuition, hurricane relief, and the care, treatment and educational support of children with special needs. The</p> <p><b>JCRS Hanukkah Card and Gift</b> program provides eight small gifts to children in difficult circumstances.</p> <p><b>Collect new, small gifts</b> (including books) for the JCRS Hanukkah gift program. <b>Create hand-made Hanukkah cards</b> for each family receiving JCRS Hanukkah gifts. Please contact Bonnie at 800-729-5277.</p> <p><b>Since 2014, some of the gifts are being collected and wrapped for delivery to families in Dallas. Most gifts</b> are shipped from New Orleans across the region. For more information, please visit <a href="http://www.jcrs.org">www.jcrs.org</a>. Minimum age: none <b>Small boxes of new gifts can be mailed to 3500 N. Causeway Blvd., Suite 1120, Metairie, LA, 70002. For larger gifts, please contact Ned at 800-729-5277.</b></p>

<p>↪ ↪</p> <p><b>Jewish Family Service</b></p> <p>Kristen Jackson 972.994.0502 kjackson@jfsdallas.org</p> <p>www.jfsdallas.org</p> <p>www.facebook.com/JFSdallas</p> <p>Apply Online www.jfsdallas.org/volunteer</p>	<p><b>SPECIFIC OPPORTUNITIES: Volunteer opportunities that fall on specific dates</b></p> <p><b>Klein Summer Internship Applications for Summer 2019 will be accepted from January 13 to March 31.</b> JFS is looking for high school students ages 16 to 18 years-old who have a passion for serving and learning about nonprofits from the inside! Interns are chosen through a competitive process involving a written application and in-person interview. <b>All students are selected based on merit—without regard to religion, race, or ethnicity.</b> Selected students will be assigned to a DFW area nonprofit through a mutual selection process to complete a 180-hour (six week) summer internship. The end of the program will culminate with each intern receiving a certificate reflecting their participation and service to the Dallas community and, upon completion of hours, the President’s Volunteer Service Award.</p> <p><b>Kosher Chili Cook-Off – March 31</b> <b>Shifts from 7am to 4pm</b> Help JFS win first place vegetarian chili at the 26<sup>th</sup> Annual Tiferet Israel Kosher Chili Cook-Off. Volunteers will help serve samples.</p> <p><b>Just For Show – April 30; shifts all day</b> Majestic Theatre – 1925 Elm Street, Dallas, TX Volunteers must be 18 years or older Help JFS put on their biggest fundraiser of the year, a show starring The Second City comedy group. Volunteers will help with set up, ticket distribution, volunteer check-in, clean up, etc.</p> <p><b>Passover Package Assembly – April 11 from 6pm to 8pm</b> Jewish Family Service has a long standing tradition of providing packages of traditional holiday goodies to those in the community who may be isolated from family, had a tough medical year, are new immigrants or may just need a reminder that someone is thinking of them this Holiday. Volunteer to help build packages of grape juice, matzah, soup mix, and gefilte fish</p> <p><b>Passover Package Delivery – April 14 for 1 hour between 9am and noon</b> Jewish Family Service has a long standing tradition of providing packages of traditional holiday goodies to those in the community who may be isolated from family, had a tough medical year, are new immigrants or may just need a reminder that someone is thinking of them this Holiday. These 650 packages include grape juice, matzah, soup mix, and gefilte fish. We believe it provides a thoughtful connection to holiday tradition and one’s community. All names that are given to us are from Jewish community leaders across Dallas, senior communities, as well as our licensed professional staff at JFS. The delivery program is like Meals on Wheels – you are given a route that is designed to take about one hour.</p> <p><b>ORGANIZE A DRIVE OR MAKE A DONATION: Donations from the community help JFS and our clients in tremendous ways</b></p> <p><b>Birthday Bags</b> Anytime Can you imagine not having the chance to blow out birthday candles or open a present on your birthday? Birthday celebrations are something that many of us may take for granted. Host a collection or go shopping on your own to create birthday bags. Your bags should be complete with birthday candles, cake mix, cupcake pan, cupcake papers, birthday decorations, and a small gift.</p> <p><b>Hygiene Kits for the Food Pantry</b> Anytime Food stamps do not cover hygiene or diapering items so with the help of community drives and corporate teams – we are able to provide our clients with what we consider “the basics.” This includes shampoo, conditioner, soap, deodorant, feminine hygiene items, shaving cream, razors, and more. You collect the items and then we have a packing party to put the kits together! We can create them at your location or</p>
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<p><b>Jewish Family Service (cont.)</b></p>	<p>at JFS main office. The hygiene kits are then put on shelves in the Food Pantry for anyone that may need them.</p> <p><b>Can Openers for the Food Pantry</b> Anytime The Food Pantry shelves are stocked high with cans but what if our clients don't own a can opener? That's where you come into play! Organize a drive to collect can openers for our Food Pantry client and make sure that they can get all the food that they need and not skip the cans. This opportunity can be paired with a day of stocking the shelves in the Pantry.</p> <p><b>Mitzvah Making</b> Anytime Put the Fun in FUNdraising – Make your cents for your skills! Exercise your mind, body and spirit! Have friends or family members give you monetary donations for reading, walking, running, hitting home runs, or shooting baskets...whatever you do best! Have fun while raising funds for programs at Jewish Family Service (medication assistance, food pantry, kosher home delivered meals and more).</p> <p><b>Resale Shop Donations</b> Anytime Host a donation drive and make a difference for those on a budget and for those who need our wrap around mental health and social service care. Make a day of it! After collection is over, volunteers can schedule an opportunity to meet at The Resale Shop and help organize and hang clothing donations. For more information about the Resale Shop needs, please visit our website at JFSdallas.org.</p> <p><b>ONGOING OPPORTUNITIES: Volunteer opportunities that can happen at any time that works for your schedule</b></p> <p><b>Help the fight against hunger by serving in our Food Pantry</b> Mon., Tues., Thurs., Fri. Availability: Monday from 10am to 1pm or Tuesday, Thursday, Friday from either 11:30am to 2pm or 1:30 to 3:30pm. Monday volunteers could help us to unload our large deliveries and make sure our shelves are stocked and ready for distribution. Tuesday, Thursday, and Friday volunteers could help to shop with clients, restock the shelves, pack emergency food bags, and/or date check donations in our stock room.</p> <p><b>Deliver Meals on Wheels to Home-bound Members of our Community</b> Mon., Wed., Fri. Availability: Monday, Wednesday, and Friday from about 9:30am to noon Volunteers can help to package meals and drive a route for our Meals on Wheels. As an organization, you can "adopt" a route for one day, one week every season, or as frequently as you believe volunteers can participate. Volunteers will be emailed a copy of our training manual and confidentiality form to sign before getting started.</p> <p><b>North Texas Food Bank Mobile Pantry</b> 4<sup>th</sup> Wed. of each month Availability: The fourth Wednesday of each month from 9:30 am to noon North Texas Food Bank comes to JFS once per month to hand out fresh produce to our Food Pantry clients on a first come, first served basis. As a volunteer, you can help us to package and distribute the produce. Minimum age: 16</p> <p><b>The Resale Shop</b> Mon. – Sat. Test your hand at retail by volunteering at the JFS Resale Shop. You can sort donations, tag items, or help with a variety of other projects that go into running and maintaining the stores. The store is open Monday through Saturday from 10 am to 6pm.</p> <p><b>Food Pickup and Delivery Needs</b> Mon.-Fri. Drivers with pick-up trucks or large SUVs are needed to assist JFS and/or The Vickery Meadow Food Pantry by picking up large food donations from businesses or schools as needed. Daytime availability is necessary Monday through Friday. Minimum age: 18 with valid driver's license and insurance</p>
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<p><b>Jewish Family Service (cont.)</b></p> <p>Anytime</p>	<p><b>Assisting the Senior Community</b></p> <ul style="list-style-type: none"> <li>• <b>Friendly Driver</b> - Help Seniors Get to Where They Need To Go! Drive seniors to Dr.'s appointments, bank, hairdresser, Shabbat services, to the JCC or other workout facility or just to help with errands they can no longer do on their own. Minimum age: 18 years-old with valid driver's license.</li> <li>• <b>Friendly Visitor</b> - Take lonely, isolated elderly on outings or go into their homes to bring a touch of the "outside world" making a new friend. This is an ongoing opportunity; can be flexible with your schedule.</li> <li>• <b>Life Skills Support</b> - Are you good with balancing a checkbook? Help organize and teach others valuable life skills like organizing personal paperwork, menu planning and budgeting. This is an ongoing opportunity; can be flexible with your schedule.</li> </ul>
<p>Mon. – Fri</p>	<p><b>Help People Find Jobs</b> Assist jobseekers by welcoming them and offering support at the Job Search Resource Center of Jewish Family Service. The JSRC provides resources, information and a place to start the job search. Training required.</p>
<p>Anytime</p>	<p><b>“Create Your Own” Mitzvah</b> Let us match your skills and talents to JFS's needs and/or our clients' needs to tailor make your own project.</p>
<p>Anytime</p>	<p><b>EDUCATIONAL OPPORTUNITIES: Help your organization, business, family, or friends to put themselves into someone else's shoes</b></p> <p><b>The Inclusion Experience:</b> This is a <b>hands-on interactive, multi-sensory curriculum</b> designed for participants to experience the effects of specific disabilities, to help build awareness and to create an environment of empathy. Rotate through 6 simulation stations including Fine Motor, Gross Motor, Hearing Loss, Dyslexia, Speech, and ADHD. If you have a preference, we will try our best to accommodate that. Each station will leave time to discuss how you, as an organization or business, can be inclusive and mindful of special needs.</p>
<p>Anytime</p>	<p><b>The Food Pantry Experience:</b> The Food Pantry Experience <b>helps people to put themselves in the shoes of a family living at or below the poverty line.</b> Your group will split into “families” and work together to get food for a week with a limited budget, leading us to a discussion about hunger and health for families who are living in poverty. There are two possible versions of the simulation activity. The first, is largely focused on learning the value of a dollar. Your group will walk to Walmart (directly across the street from JFS) and make decisions about what food to buy to feed their family on a limited budget. The second version is focused on what it may feel like for a family needing to use the Food Pantry at JFS. Each “family” will shop in the Pantry as if they were a client coming to JFS for the first time. The cost is \$5 per youth participant, 100% of that cost is donated back to JFS.</p>
<p>Anytime</p>	<p><b>ARTS AND CRAFTS: Use your art to brighten someone's day</b></p> <p><b>Create a Card</b> Each month and holiday, JFS uses cards to cheer up clients (families and individuals in our food pantry as well as home bound seniors with our meal delivery program). Every card is designed and created by you, our volunteers. Making a card is easy and fun! Whether you're looking for something to do on a rainy day, or planning an activity for your youth group, all you need is a bit of paper, a few pens, your choice of design medium (<b>no glitter, please!</b>) and a little imagination. An unlimited number of cards can be used.</p> <p><b>Decorate New Brown Grocery Bags for the Pantry</b> Artists, be sure to sign your first name! Bags can be brought to the pantry for a tour. <b>Please, no glitter!</b> (Appropriate for groups or individuals, especially young children)</p>



<p>www.thelegacywb.org</p> <p><b>The Legacy Willow Bend (cont.)</b></p>	<p>Volunteers enhance the quality of life for seniors in our community and in their homes.</p> <p>The following volunteer <b>opportunities</b> are available at The Legacy Willow Bend: <b>Assist with Administrative tasks, Bar and Bat Mitzvah project, Bingo, crafts, general companionship, high school community service hours, mah jongg, manicures, musical performances, outings, popcorn parties, short stories, socials, trivia, word games, and more.</b> Help with <b>Shabbat</b> services and <b>holiday</b> celebrations. Please call to see how you can help. <b>Flexible hours and adaptable activities.</b></p> <p>The Legacy at Home: <b>Assist with Administrative tasks, Challah delivery the first Friday of the month.</b></p> <p><b>For volunteers 21 years &amp; older.</b> The <b>Hospice</b> program needs dedicated volunteers. Special training required.</p>
<p><b>Mazon: A Jewish Response to Hunger</b></p> <p>Liz Braun Outreach Manager lbraun@mazon.org 424-208-7227 800.813.0557</p> <p>www.mazon.org</p> <p>Facebook.com/mazonusa Twitter.com/stophunger</p>	<p><b>MAZON: A Jewish Response to Hunger</b> is a national nonprofit organization working to end hunger among people of all faiths and backgrounds in the United States and Israel. MAZON, which means “food” in Hebrew, was the first national organization to rally the American Jewish community around the issue of hunger, and remains the only national Jewish organization dedicated exclusively to that same cause.</p> <p><b>Bar/Bat Mitzvah students</b> can help raise awareness about hunger and advocate for change:</p> <ul style="list-style-type: none"> <li>• <b>Create a video or book</b> that portrays the problems that hungry people face, and share your creation with your classmates, family and friends.</li> <li>• <b>Coordinate a “Walk to End Hunger”</b> event in your community and invite all of your friends and family to participate.</li> <li>• <b>Write a letter on a paper plate</b> that expresses why hunger is important and why we must do something to end it. Invite your friends and family to do the same. Send your plate(s) to your Congressperson as a plea for him/her to take action on behalf of the hungry people in your community.</li> <li>• <b>Write an article for your school newspaper</b> about the prevalence of hunger and what your peers can do to help address the issue.</li> </ul> <p><b>Adults</b> can:</p> <ul style="list-style-type: none"> <li>• <b>Submit an Op-Ed to your local newspaper</b> outlining the prevalence of hunger in your community and the steps we should be taking to end it.</li> <li>• <b>Lead a MAZON Hunger Seder for Passover.</b> Encourage a conversation about hunger among guests and provide ways for them to do something to address the issue.</li> <li>• <b>Create and lead a Hunger Shabbat for your synagogue</b> to raise awareness about hunger among your congregation.</li> <li>• <b>Like/follow MAZON on social media and promote its messages to friends and family.</b> <ul style="list-style-type: none"> <li>○ Facebook.com/mazonusa</li> <li>○ Twitter.com/stophunger</li> </ul> </li> </ul> <p>Visit mazon.org to get more information about these projects and discover other ways to support MAZON in the fight to end hunger.</p>
<p>Ongoing</p> <p><b>Mitzvah Mavens</b></p> <p>Leslee Feiwus 972.403.0921 tsitsify@mac.com</p>	<p><b>Mitzvah Mavens: a knitting &amp; crochet group</b>, a project of Chabad of Plano/Collin County (at this time women only). <b>You don't have to be Jewish to join the group.</b> Knit &amp; crochet items for area hospitals, nursing homes, Jewish Family Service, hospice and VA Hospital of Dallas. Always looking for new projects and new places to deliver.</p> <p><b>Ongoing projects:</b> baby blankets, lap blankets, stuffed animals, burial sacks for stillborns &amp; kimonos, Chemo hats, healing shawls, stuffed animals, trach bibs.</p>

<p><b>Mitzvah Mavens (cont.)</b></p>	<p><b>Anyone who can knit or crochet or has the desire to learn these skills is welcome.</b> Almost anyone can and will be taught to knit or crochet. The group meets every Monday at a house in Plano at 7pm. <b>Attendance is not necessary</b> to join. Many members would rather <b>work at home</b> and hand in finished work. Minimum age: 12 w/good hand skills &amp; concentration</p> <p><b>Collect/donate:</b> yarn, knitting needles &amp; crochet hooks, stuffing, ribbon or monetary donations made out to Chabad of Plano with Mitzvah Mavens written in the lower left hand corner.</p>
<p>Anytime</p> <p><b>North American Conference on Ethiopian Jewry</b></p> <p>Danielle Ben-Jehuda 212.233.5200 x 227 mitzvah@nacoiej.org</p> <p>www.nacoiej.org</p>	<p><b>NACOEJ</b>, a non-profit organization founded in 1982, is the only major American organization committed solely to the welfare of Ethiopian Jews in Israel and Ethiopia.</p> <p>NACOEJ's <b>Mitzvah Projects</b> offer opportunities for B'nai Mitzvah students to get to know their underprivileged Ethiopian-Jewish peers in Israel, and help them get ahead in school by raising funds for the <b>NACOEJ Limudiah Program</b>, which provides educational assistance and nutritious lunches for Ethiopian elementary school children. Adults celebrating a life event are also invited to create Mitzvah Projects.</p>
<p>Ongoing</p> <p><b>The Jewish Foundation for the Righteous Bar/Bat Mitzvah Program (JFR)</b></p> <p>212.727.9955 jfr@jfr.org</p> <p>www.jfr.org</p>	<p><b>The Jewish Foundation for the Righteous (JFR)</b> has a <b>special program for B'nai Mitzvahs</b>. Combine the mitzvah of tzedakah with education – be matched with a Christian rescuer which enables the B'nai Mitzvah to learn about an individual who saved Jews during the Holocaust.</p> <p>If you like to <b>knit or crochet</b> check out the <b>JFR Charity Knitting Project</b> started in 2011 for volunteers to make scarves for rescuers (male and female) supported by JFR. Mail completed scarves to:</p> <p>The Jewish Foundation for the Righteous 305 Seventh Avenue New York, New York 10001-6008</p> <p>JFR will mail the scarves to rescuers. Call or check the website for more information on both projects.</p>
<p>Anytime</p> <p><b>Vogel Alcove</b></p> <p>Brian Millage 214.368.8686x332 bmillage@vogelalcove.org</p> <p>www.vogelalcove.org</p>	<p>For 29 years, <b>Vogel Alcove</b> has provided free, quality child development services for Dallas' youngest victims of poverty: homeless children 6 weeks to 12 years old. Vogel Alcove is the only comprehensive early childhood education program in the city of Dallas whose primary focus is to provide free childcare and case management for children and their families referred by 21 local emergency shelters, domestic violence shelters, housing programs and organizations that serve homeless families.</p> <p>Volunteers (<b>adults and youth, ages 13 +</b>) can serve in a variety of ways. <b>Service projects are available for individuals and groups.</b> These opportunities might include a donation drive for new children's clothing (sizes 2t-5t, and up to school aged clothing), diapers, baby wipes, toiletries, having the donated funds or items donated to Vogel, <b>or the possibility of interacting with children at the facility.</b> Please contact Brian Millage, Volunteer Coordinator, to see what opportunities will work best for you and serve the children and families of Vogel Alcove.</p>
<p>Anytime</p> <p><b>Volunteers for Israel</b></p> <p>Jack Solka 512.527.3799 Jack@Solka.net</p> <p>www.vfi-usa.org</p>	<p><b>Volunteers for Israel: Since 1982 this non-profit, non-political, non-denominational organization provides aid to Israel through hands-on, civilian work.</b> It is administered in Israel by Sar-El, which arranges work placement of volunteers on IDF facilities. Volunteers come from all 50 states and more than 35 countries. To date, well over 100,000 volunteers have participated and provided the IDF with over 440,000 net man hours per year, work that would otherwise have to be done by soldiers.</p> <p>The VFI work program includes: <b>Free accommodations, kosher meals, military work uniforms, lectures and cultural programs, possibly guided trips,</b></p>

<p>info@vfi-usa.org</p> <p><b>Volunteers for Israel (cont.)</b></p>	<p><b>adventures of a lifetime, memories of making a difference, and immense personal satisfaction.</b> An IDF “madricha” or group leader coordinates your activities, serves as translator when necessary, and does her best to see that your stay is comfortable and problem-free. You pay for your flight to Israel. Minimum age. 17</p> <p>If you are interested in exploring this program check the website or contact the Regional Manager for VFI: Jack Solka.</p>
<p><b>YACHAD-The National Jewish Council for Disabilities</b></p> <p>Terri Rohan Dallas Chapter Coordinator 214.663.1650 Rohant@ou.org and Miriam Geller Gellerm@ou.org</p> <p><a href="mailto:DallasYachad@ou.org">DallasYachad@ou.org</a></p> <p>What is <b>INCLUSION?</b> <a href="http://www.njcd.org">www.njcd.org</a></p> <p>What is <b>TEAM YACHAD?</b> <a href="http://www.TeamYachad.com">www.TeamYachad.com</a></p> <p>What is <b>SPECIALNEEDS AWARENESS?</b> <a href="http://www.NAIM.org">www.NAIM.org</a></p>	<p><b>YACHAD:</b> Promotes and facilitates the inclusion of all people with disabilities. YACHAD activities provide members with opportunities for personal growth and enriched lives. The ‘inclusive design’ gives the special population their rightful place within the Jewish community, while helping to educate the community about the members’ abilities and strengths. YACHAD is open to children with mild to moderate disabilities, and provides opportunities for Jewish children with special needs to integrate with their “typically functioning” peers.</p> <p><b>YACHAD EVENTS: Monthly social activities</b> (1.5 to 2 hours), usually on Sundays. Each event has YACHAD members and their “typically functioning” peers (open to any child 8th-12th grade), both of whom are supervised by advisors (young adults who have training or experience working with children with special needs). Activities include bowling, making care packages, kickball, games, pizza baking, concert and music events, martial arts, zoo and museum trips, experiential Jewish learning, mini-golf, and more! Locations for activities vary from month to month. Orientation is required and done on an individual basis. Minimum age: 8th grade</p> <p>There are also opportunities for <b>post-high school volunteers</b> to be advisors for the program. They should have training, experience or comfort level to work with children with special needs. Please contact Terri Rohan</p>

Please note that because this newsletter is widely distributed and used in the Metroplex by schools and community organizations, dates of opportunities listed may conflict with Jewish religious holy days. These listings do not constitute a change in Jewish Family Service’s observance of the Jewish religious holy days.

## Volunteer Opportunities in the General Community

Dated opportunities note by ↷ ↷

<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Achieve</b> (formerly Citizens Development Center)</p> <p style="text-align: center;">Diane Jones djones@achievedfw.org</p> <p style="text-align: center;">www.cdcdallas.org</p>	<p><b>Achieve</b> exists to empower men and women with disabilities to achieve their highest level of employability. The Center is located in the I-35 and Mockingbird area.</p> <p><b>Classroom Instructor:</b> Teach specialized classes, such as arts and crafts, to individuals with developmental disabilities. Assist agency staff in teaching daily living and vocational skills classes. Availability/Time Commitment: weekdays; flexible but prefer 4 hours per week; 1 hour weekly minimum. Minimum age: 16</p> <p><b>Employment Buddy:</b> Assist individuals with disabilities find and keep employment - <b>identify job leads</b>, provide <b>emotional support and friendship, and/or provide follow-along support</b>. Time Commitment: flexible. Minimum age: 18</p> <p><b>Lunchroom Monitor:</b> Monitor, visit and assist individuals with disabilities during their breaks and lunches – <b>open food or help using snack/drink machines</b>. Availability: weekdays, flexible but prefer minimum 2 hours per day, 1 day per week. Minimum age: 16</p> <p><b>Marketing Assistant:</b> Assist marketing staff - <b>obtain leads for contract packaging tasks for work center clients through telephone contacts and internet searches</b>. Work may be done from home or at Achieve facility. Availability: flexible. Minimum age: 18</p>
<p style="text-align: center;"><b>Allen Community Outreach</b></p> <p style="text-align: center;">Janis Christie 972.727.9131 Janis@acocares.org</p> <p style="text-align: center;">www.acocares.org</p>	<p><b>Allen Community Outreach (ACO)</b> has helped families and individuals in Allen, Fairview and Lucas rebuild their lives through the many programs and services they have provided since 1985.</p> <p><b>ACO Food Pantry:</b> Volunteers needed <b>weekdays</b> to sort food donations and stock shelves. For specific dates and times contact Janis Christie.</p> <p><b>ACO Resale Shops:</b> Volunteers needed <b>weekdays and Saturdays</b> to sort donated household items, clean, assist sales staff. For specific dates and times contact Janis Christie, Volunteer Services Director, Janis@acocares.org, 972.727.9131</p>

**Allen Community Outreach (cont.)**

**Collect needed items** for drives and/or volunteer to help **organize and pack donations**. For dates and times go to [www.acocares.org](http://www.acocares.org)  
**All volunteers** must complete a volunteer application available online at [www.acocares.org](http://www.acocares.org) .  
**Under 18** no background check required. **Over 18** Criminal Background Check with an \$18 fee.

Please **see the following requirements** for various age levels.

**Adults 18 years or Older** are required to complete the volunteer application on ACO's website. All adults are subject to a criminal-only background check or an included motor-vehicle check if you would like to volunteer for Meals-On-Wheels. Background checks are required with no exception. Theft and assault charges are not accepted.

**College and High School** students may work independently at the ACO Resale Shop and the ACO Food Pantry.

**Students 18 years of age and older** must complete all parts of the volunteer application and will receive an email clearance

**High School Students under the age of 18** must complete part 1 only, and have parent's consent to volunteer.

**Students in Middle School (12-13 years of age)** are required to work with a parent and are eligible to work at the ACO Resale Shop, the ACO Food Pantry, and special events or projects. Students may complete only Part 1 of the ACO Volunteer application, parents will need to complete all parts of the application.

**Alley's House**

214.824.8700  
[info@alleyshouse.org](mailto:info@alleyshouse.org)  
[www.alleyshouse.org](http://www.alleyshouse.org)

**Alley's House:** Alley's House exists to fully transform the lives of teen moms and their children. Their vision is to break the generational, economic and social impact of teen pregnancy. The Pathway to Independence program includes: counseling, parenting, financial literacy, job readiness, GED attainment, mentoring and community outreach. In 2017, they served 177 low-income teen mothers and their children, provided 196 counseling hours, 250 workshops by staff/partners, and 930 service hours by 67 volunteers.

The following volunteer opportunities are available Tuesday – Friday from 10 AM – 3 PM during the program operation hours.

- 1) **GED Tutoring:** Give support by providing one-on-one tutoring to teen moms who are preparing for the GED test. Materials and orientation to tutoring is provided. Subjects include: reading, language arts, math, science and social studies. A minimum of 2-hour weekly commitment requested from Tuesday to Friday, 10am-2 pm. Retired teachers specialized in math, science,

**Alley's House (cont.)**

social studies, reading, and language arts are preferred.

- 2) Childcare: Provide structured educational and entertaining activities to children (average age is 18 months old) in a fun and safe atmosphere. Your help allows teen moms to focus on their studies and participate in the program. Minimum 2-hour weekly commitment. Minimum volunteer age: 16.
- 3) Workshop Facilitation: Provide hands-on support to program staff include assisting clients in the office with different program activities such as:
  - Workforce Development
  - Financial Literacy
  - Parenting
  - Health and Wellness
  - Personal Enrichment

The following volunteer opportunities have a flexible schedule:

- 1) Mentors for Young Mothers: A one-on-one mentoring program that matches female volunteers with teen moms. Mentors provide guidance for teen moms to achieve/set goals. Two scheduled activities required per month with a one-year minimum commitment. Activities are scheduled based on mentor and teen mom availability. Minimum volunteer age: 21
- 2) Marketing Committee: Work with the Executive Director on branding, social media, blogs, website updates, and enhancing community awareness.
- 3) Special Events Committee: Help plan and support special events throughout the year. Please note volunteers should be flexible for each event as required, including the annual event in May.
- 3) Host a donation/wish list drive: This is a great opportunity for your family, civic group or company to show support for a good cause and help teen mothers in need. Alley's House incentive program allows teen mothers to earn needed items for their children and themselves. Throughout the Pathway to Independence Program, teen mothers "earn" Alley's House points as they accomplish their goals. Alley's House points are then used to select items weekly from the Alley's House Boutique. Due to the size of the Boutique, they are limited in the scope of accepted items. Donations accepted during regular office hours Monday - Friday from 9 AM - 5 PM. Please call us 214-824-8700 if you have questions about eligible items.

**Non-Perishable Healthy Items:**

Peanut Butter, Jelly, Oatmeal, Mac & Cheese, Instant Potatoes, Spaghetti Sauce, Whole Wheat Pastas, Brown Rice, Canned Vegetables, Canned Soup, Ramen Noodle Cups, Breakfast Bars, Snack Bars, Nutella,



<p style="text-align: center;"><b>Alley's House (cont.)</b></p>	<p>Graham Crackers, Peanut Butter Crackers, Goldfish Crackers, Dried Fruit, Applesauce, Fruit Snacks</p> <p><b><u>Items for Children:</u></b>  Baby Food, Formula  Diapers: sizes Newborn - 6 (priority size 4, 5, 6)  Wipes  Toys for baby/infant/toddler  Play mats, carriers, strollers</p> <p><b><u>Items for Teen Mothers:</u></b>  Women's hygiene items - menstrual products, shampoo, conditioner, toothpaste, toothbrush, lotion, body wash, face wash, hair products  Household - toilet paper, paper towels, Kleenex, laundry detergent, dish soap, First-Aid kits  Prenatal/Women's Multi-Vitamins  Gift cards: e.g. Kroger, Tom Thumb, Wal-Mart, Target (Recipient returns itemized receipt to Alley's House)  Blankets for mothers and children</p> <p><b><u>Clothing:</u></b>  Professional women's business attire, shoes, purses, new underwear  Maternity/Plus size clothing  Children's clothing (onesies, 3mos-9mos, 12mos+)</p> <p><b><u>Administrative Items</u></b>  <b>Copy paper</b> (8.5x11),  <b>Office supplies</b> (pens, staples, paper clips, binder clips, tape, file folders)  <b>Paper plates</b>, napkins, utensils, zip lock bags,  <b>Clorox Wipes/Hand-sanitizers</b>  <b>Paper Towels</b></p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Alzheimer's Association Dallas &amp; NE Texas Chapter</b></p> <p style="text-align: center;">Cheryl Hanson 214.540.2431 Chhanson@alz.org</p> <p style="text-align: center;">www.alz.org/greaterdallas</p> <p style="text-align: center;">Helpline: 1.800.272.3900</p>	<p><b>Alzheimer's Association:</b> The Alzheimer's Association, the world leader in Alzheimer's research, offers support and assistance for the more than 45,000 North Texans with Alzheimer's disease.</p> <p><b>Ongoing volunteer opportunities:</b>  Minimum age: 18 for all opportunities</p> <p><b>Community Educators:</b> The Chapter provides speakers for presentations on various aspects of Alzheimer's disease. If you have good presentation skills and enjoy speaking to groups, this could be for you!</p> <p><b>Memory Café:</b></p> <ol style="list-style-type: none"> <li>1. Be a host/hostess at an event for those with memory loss and their care partners.</li> <li>2. Assist the host/hostess with activities and day of event needs.</li> <li>3. Provide coffee, tea and light snacks for the event.</li> </ol> <p><b>Community Ambassador:</b> Reach out to health care providers, civic organizations, community leaders, business and schools to inform them of the availability of services and opportunities for involvement.</p> <p><b>Health Fairs:</b> Staff a booth, handout information and interact one on one with community members.</p>

**Alzheimer's Assoc. (cont.)**

**Public Policy:** Attend legislative hearings and participate in meetings with legislators in local community as well as Austin and Washington, DC

**Special Events:** Be on a committee and/or volunteer the day of an event.

**Office/Administrative Support:** Provide help with routine office tasks such as data entry, filing, copying and preparing giveaway bags.

**Support Group Facilitator:** Hold meetings to provide emotional support and information sharing for family members and caregivers. A one-year commitment is requested.

Apply by phone, online or email.

Anytime

**American Red Cross**

Pat Sherwood  
469.416.0292  
Pat.Sherwood@redcross.org  
  
www.redcross.org

**American Red Cross**

**Urgent Need: Couriers** are needed to **transport life-saving blood** to hospitals and Red Cross centers throughout the region. Red Cross vehicles are provided. Drivers must adhere to all safety policies and procedures. Defensive Driving training is mandatory. Volunteers must hold a valid Texas Driver's License and have a good driving record. Driver shifts vary and are available weekdays, evenings and weekends. Ability to lift and move up to 40 pound containers. Reliable. Minimum age: 21

**Blood Drive Ambassador:** Locations vary. Please plan to volunteer 4-6 hours. Volunteers greet and check-in donors, providing them with required pre-donation information, and assist donors when finishing the donation experience encouraging them to enjoy water, juice and/or snacks while they rest before moving back into their busy schedules. Minimum age: 16 w/parental consent

**Disaster Action Team (DAT) Member:** Locations vary. Will work with a team to respond to local weather related as well as home fires. Training is provided and required. Regular meetings. Need to commit to being on-call 2-3 times monthly. Calls last usually 1 to 4 hours but can be longer. Minimum age: 18 years of age

**Home Fire Campaign Team Member:** Location: Anywhere. Events are scheduled and include installing smoke alarms, providing families with life-saving preparedness information and documenting these activities. Commit to participation in one event per quarter, events usually last 5 to 6 hours.

**Military Entrance Processing (MEP) Station Site**

**Lead:** Location: Dallas, TX. Greet and serve refreshments and offer support and promote Red Cross Services to Armed Forces (SAF) programs to military applicants and their families who are being processed through the Military Processing Station in Dallas. Red

<p style="text-align: center;"><b>American Red Cross (cont.)</b></p>	<p>Cross SAF programs include Get To Know Us Before You Need Us.</p> <p><b>Office Support Volunteer:</b> Location: Dallas, TX. Greet persons entering the local office, determine the nature and purpose of the visit, and direct or escort them to specific destinations. Provide administrative support to Red Cross staff and volunteers. General office duties include answering phones, sort and delivering mail, copy, file and maintain paper or electronic documents, create/edit Word documents and Excel spreadsheets using Microsoft Office.</p> <p><b>Volunteer Services Screening Volunteer:</b> Locations: Anywhere. Schedules and conducts volunteer screenings over the phone with prospective volunteers, review volunteer application and position description(s) of positions they are applying for. Asks identifying questions during the interview. Matches volunteers to positions for which they are best suited. Updates online volunteer system with candidate information and makes referrals to positions as requested.</p>
<p>↪ ↪</p> <p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Arthritis Foundation North Texas Office</b></p> <p style="text-align: center;">Noemi Velazquez 214.826.4361 nvelazquez@arthritis.org</p> <p style="text-align: center;">Al James, Executive Director 214.826.4361 ajames@arthritis.org</p> <p style="text-align: center;">www.arthritis.org</p>	<p><b>Arthritis Foundation, North Texas Office:</b> Ongoing volunteer help is needed for <b>administrative support, special event planning and execution, patient follow up and building relationships with the healthcare community.</b> Training is provided. Minimum age: 18</p> <p><b>Health Care Provider Outreach (HCP) Volunteer:</b> To better serve and connect people living with arthritis to resources in their community, volunteers will assist staff in educating physicians on programs and services offered by the Arthritis Foundation. Must feel comfortable reaching out to medical practices and promoting Arthritis Foundation programs and services. Must have excellent communication and interpersonal skills.</p> <p><b>Health Fair Volunteer:</b> Creating awareness and understanding about arthritis and the services provided by the Arthritis Foundation can be life changing experience. Health fairs and education presentations provide an opportunity educate and increase support for the 1 in 5 living with arthritis in our communities. Volunteers who enjoy meeting people are needed for community health fairs. Volunteers will provide information about arthritis and programs and services offered by the Arthritis Foundation to the general public. Must be willing to work weekend fairs and travel within the Metroplex. Orientation provided.</p> <p><b>Event Volunteers:</b> Assist in the planning and execution of special events throughout the year. Duties will include calling participants, securing new participants, administrative duties, and assisting day of event execution. Times will vary. Must enjoy dealing with the public and is self-directed. Strong skills in MS Office and databases. Orientation provided.</p>

<p style="text-align: right;">Feb.23</p> <p style="text-align: center;"><b>Arthritis Foundation (cont.)</b></p>	<p><b>Location:</b> The Arthritis Foundation, 1349 Empire Central, Suite 340, Da TX 75247 <b>Contact:</b> Noemi Velazquez.</p> <p><b>Upcoming events:</b>  <b>2019 Mardi Gras Ball</b> at the Statler in Dallas on February 23<sup>rd</sup>.  Volunteer opportunities will consist of making phone calls to ask for auction items, decoration arrangements, and day of event setup and clean up.  Contact person is: Al James ajames@arthritis.org  For additional event information visit <a href="http://www.arthritis.org/Texas">www.arthritis.org/Texas</a></p>
<p style="text-align: right;">Anytime</p> <p style="text-align: center;"><b>Attitudes &amp; Attire</b></p> <p style="text-align: right;">Evelyn Earl  214.746.4215  evelyn@attitudesandattire.org</p> <p style="text-align: right;"><a href="http://www.attitudesandattire.org">www.attitudesandattire.org</a></p>	<p><b>Attitudes &amp; Attire</b>, located at the World Trade Center (free parking available), is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency. The program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to succeed in the workplace.</p> <p>Volunteers are needed, at the “<b>Dressings</b>”, to <b>assist clients find a work appropriate interview outfit</b> with handbags and accessories. The volunteer and the client shop together to find business attire in the Boutique. The Boutique consists of donations from individuals, department stores, and corporations around the Metroplex. The dressings take place at least twice a week from Feb. - Dec. Individuals and/or organization groups can be scheduled. Minimum age: 18 years</p> <p><b>Donation Drives:</b> Organize a suit or accessory drive. <b>Please only donate clean, gently used business appropriate items.</b> Clients need suits, blouses, sleeveless shells, jewelry, scarves, handbags, new or slightly used shoes and new pantyhose. Sizes4-38</p>
<p>↳ ↳</p> <p style="text-align: center;"><b>Back on My Feet  Dallas Fort Worth Chapter</b></p> <p style="text-align: right;">Gina Parker  214.507.9881  Gina@backonmyfeet.org</p> <p style="text-align: right;"><a href="http://dallas.backonmyfeet.org">dallas.backonmyfeet.org</a></p>	<p><b>Back on My Feet:</b> a national for-purpose 501(c)3 organization that uses running to help those experiencing homelessness change the way they see themselves so they can make real change in their lives that results in employment and independent living.</p> <p><b>Ongoing Volunteer Opportunity</b>  <b>Run/Walk</b> with one of the four teams, <b>or become involved through non-running volunteer opportunities</b> which include: running gear &amp; inventory assistance, special events planning, administrative tasks, and more.</p> <p><b>Requirements:</b> An <b>orientation is required</b> to become an ongoing volunteer. To <b>sign up for an upcoming volunteer orientation</b> please visit:  <a href="http://dallas.backonmyfeet.org/dallas-run-with-us">http://dallas.backonmyfeet.org/dallas-run-with-us</a>.  Minimum age: 18 for running opportunities as well as a few non-running opportunities.</p> <p>Events will <b>have the following opportunities</b> available. This will include, set up, registration, water stations, clean-up, etc</p>

<p>March 29</p> <p>June 22</p>	<p>March 29- Annual breakfast event at Omni Dallas Helped needed with registration, raffle, set up and more.</p> <p>June 22- Meaningful Miles 5k/10k race at Trinity Groves. Helped needed with set up, registration, water stations and more.</p>
<p>Anytime</p> <p><b>Big Brothers Big Sisters of North Texas</b></p> <p>Contact: Various 1.888.887.BIG(2447) volunteer@bbbsnt.org</p> <p>www.bbbsnt.org</p>	<p><b>Big Brothers Big Sisters of North Texas:</b> <i>Become a Big Brother or Big Sister!</i> The Big Brothers Big Sisters model of mentoring has proven success in creating and nurturing safe and positive relationships that have a direct, measurable and lasting impact on the children served.</p> <p><b>Community Based Program</b> - This opportunity matches a Big Brother or Big Sister with a Little Brother or Little Sister. The volunteer and child spend some of their free time together just having fun and making memories. Whether you attend a ball game, spend a day in the park, see a movie, play basketball or do arts and crafts, the time you spend together will make a big difference in the life of a child!</p> <p>Minimum age: 16, if they have the following:</p> <ol style="list-style-type: none"> <li>Valid drivers' license</li> <li>Auto insurance in their name and</li> <li>Reliable transportation to be able to pick up a child at least twice a month</li> </ol> <p><b>School-Based Program</b> - A Big Brother or Big Sister is matched to a Little Brother or Little Sister in a local school. One hour each week, the volunteer visits the child at school and participates in various activities on the school campus. Activities could include going over homework, watching a track meet, shooting hoops in the gym, eating lunch on the playground or just spending an hour talking.</p> <p><b>High School Bigs</b> - High school students can become a Big Brother or Big Sister to children in the community. Volunteer "Bigs" must meet with their "Littles" (Brother or Sister) at least twice a month. Minimum age: (School or Site Based Program) 16 or at least a Junior in High School (sometimes a Junior can be 15 and can still participate).</p> <p><b>Ages:</b> Big Brothers Big Sisters matches volunteers with children from the age of 7 through 14. For the safety of the children and ultimate success of each match, <b>background checks, interviews and training are required for each volunteer.</b> Please call today to learn more about the many youth mentoring programs. By sharing time with a Little Brother or Little Sister at least twice a month, you can change the life of a child.</p>
<p>Anytime - All Ages</p> <p><b>Binky Patrol</b> Comforting Children one "Binky" at a time</p>	<p><b>The North Texas Chapter of Binky Patrol</b> is part of the national 501c(3) organization (<a href="http://www.binkypatrol.org">www.binkypatrol.org</a>) that collects and donates blankets to children in need in</p>

<p>Theresa S. Costin tcostin@sbcglobal.net</p> <p>www.BinkyPatrol.org</p> <p><b>Binky Patrol (cont.)</b></p>	<p>our local areas through hospitals, shelters and to individual children in crisis on an as needed basis.</p> <p>Groups or individuals are invited to make blankets for this organization. The only requirement is that each Binky Patrol blanket be new, handmade, and be free of smoke smells, pet hair, and/or pet dander due to potential allergic reactions. The blankets can be crocheted, knitted, quilted or sewn in kid friendly colors and patterns.</p> <p>See the website (www.BinkyPatrol.org) for easy project instructions and ideas. Blankets of all sizes are needed — suggested sizes are: small/infant — 36"x36"; medium/toddler thru pre-teen - 45"x60"; large/teens — 63"x87". Finished blankets can be dropped off at designated locations – contact the coordinator for information.</p> <p>Other volunteer opportunities: web design and maintenance, publicity, fundraising opportunities (space at local craft shows and sales). They are always in need of blanket making supplies. Consult the national website for the wish list and consider doing a collection.</p> <p>Binky Patrol has 2 Saturday Make-a-Blanket days every month where you can turn in blankets and find out what the group is all about! Make and label blankets, share ideas, promote the mission, and share experiences. You are invited to attend one of our weekend "blanket days" and they hope you can join them soon!</p>
<p>Ongoing</p> <p><b>BRIT (Botanical Research Institute of Texas)</b></p> <p>Julie Donovan 817.546.1846 jdonovan@BRIT.org</p> <p>www.brit.org</p>	<p><b>GROW</b> is the exciting new collaboration of the Fort Worth Botanic Garden (FWBG) and the Botanical Research Institute of Texas (BRIT). Opportunities include everything incorporating Conserve, Cultivate, Engage, and Explore. There are hands-on outside gardening activities, indoor herbarium conservation tasks, family educational opportunities and even special events. Most opportunities are M-F 8 am to 4 pm and the first Saturday of the month 9 am – noon. There are even some remote options.</p> <p>Online application is available at BRIT.org on the Get Involved drop down. A 15-hour yearly commitment is required. Please check the website for additional information. If you have questions, please contact Julie Donovan at jdonovan@BRIT.org. Minimum age is 14 for JR volunteers and 18 for adults.</p>
<p>Ongoing</p> <p><b>George W. Bush Presidential Library and Museum</b></p> <p>Volunteer Program Coordinator bush43volunteer@nara.gov 214.346.1679 <a href="https://www.georgewbushlibrary.smu.edu/en/Suppo9rt/Volunteer">https://www.georgewbushlibrary.smu.edu/en/Suppo9rt/Volunteer</a></p>	<p><b>George W. Bush Presidential Library and Museum</b> has an ongoing need for volunteers.</p> <p><b>Qualifications:</b> Due to the sensitive nature of Presidential materials, all volunteers must be <b>at least 16 years of age</b> and <b>successfully pass a background check and sign a confidentiality agreement</b> Must be a <b>U.S. Citizen or holder of a permanent resident card/A1 Diplomatic Visa</b>.</p>

<p>www.georgewbushlibrary.smu.edu  <a href="https://www.facebook.com/GWBLibrary">https://www.facebook.com/GWBLibrary</a>:  <a href="https://twitter.com/GWBLibrary">https://twitter.com/GWBLibrary</a></p> <p><b>George W. Bush Library (cont.)</b></p>	<p>Make a <b>1 year commitment. Work at least 4.5 hours per week on a non-paid basis</b> unless serving as a volunteer or docent substitute; able to learn new skills; for some volunteer duties must be able to lift up to 50 pounds; for some duties must be able to stand for long periods of time and climb ladders. Minimum age: 16</p> <p><b>Visitor Services Docent:</b> Visitor Services docents work on the museum floor to help orient visitors, answer questions about the museum and as an ambassador to the museum, and ensure that each visitor's experience is enjoyable. Docents assist the museum education experience through group learning activities, demonstrations, and community outreach programs. Docents in training will serve as ambassadors until they have completed the docent training</p> <p>Visitor Services docents may have the opportunity to assist in the specialized <b>Education Docent Program</b>. The Education docent will assist the Education Specialist in: presenting curriculum and activities for museum programs, performing scripts for character actors and museum puppet shows; preparing for and presenting programs for students, educators, and community members. Education docents will serve primarily as visitor services docents.</p> <p>Opportunities are also available to work as a docent substitute on an ad hoc schedule.</p> <p>Volunteers are needed 7 days a week. Monday - Saturday: Mornings (8:30am - 1pm) and Afternoons (12:30pm - 5pm), and Sundays (11:30am - 5pm).</p> <p><b>To apply:</b> If you are interested in joining the volunteer program, please <b>complete: the Volunteer Service Application</b> available on the website at <a href="http://bush43library.org">bush43library.org</a>.</p> <p><b>Please send your completed application packet to</b>  Volunteer Program Coordinator  George W. Bush Presidential Library and Museum,  2943 SMU Boulevard,  Dallas, TX 75205</p> <p>Please email <a href="mailto:bush43volunteer@nara.gov">bush43volunteer@nara.gov</a> with any questions or concerns</p>
<p>Anytime</p> <p><b>C. C. Young Senior Living &amp; Care</b></p> <p>Shannon Critchlow  214.841.2988  <a href="mailto:scritchlow@ccyoung.org">scritchlow@ccyoung.org</a></p> <p><a href="http://www.ccyoung.org">www.ccyoung.org</a></p> <p>Register at: <a href="http://ccyoung.publishpath.com/volunteer">http://ccyoung.publishpath.com/volunteer</a></p>	<p><b>C. C. Young:</b> A senior living and care community located in East Dallas near White Rock Lake that provides residential care from independent living to skilled nursing.</p> <p>C. C. Young is located off of Mockingbird and Northwest Highway at 4847 West Lawther Drive Dallas, Texas.</p> <p><b>Ongoing opportunities:</b>  <b>Administrative /Office Helpers:</b> They are looking for volunteers who like to work in an office environment to help them stay organized with a variety of tasks.  <b>Computer Instructors:</b> There is an immediate need for individuals to teach introduction to computers on their</p>

**C. C. Young Senior Living & Care (cont.)**

campus. There is a course outline that includes handouts for the volunteers who would like to teach. They also have a need for volunteers to teach a variety of computer classes including iPhone, excel, and other basic computer courses.

**Birthday Parties:** Groups will host a monthly birthday party for residents on campus in assisted living and the health center. Volunteer groups will plan the event including cake/cupcakes, entertainment (singing, games, etc.), cards, and small gifts (lotion, tissues, non-food products). Parties will be held once a month for all residents and a list of birthday residents will be provided with a head count.

**Musicians:** Individuals and groups who have a musical talent are encouraged to bring their special gift to residents and preform concerts in the health center, memory care, or assisted living buildings. Performances may be scheduled daily (no evenings please) in advance.

**Front Desk:** Shifts are available Monday – Friday from 9am. to 12pm. and 12pm. to 4pm. Greeting residents and guest as well as providing directions to visitors. Answering the phone and special projects.

**Hospice:** Volunteers are needed in the hospice program. Visitation with patients and families, telephone bereavement contact of the survivors, and clerical duties are available. Orientation and training is mandatory prior to your first day of service.

**Groups:** They offer a variety of volunteer experiences that can be coordinated for both civic, community, and corporate volunteers for small, medium, or large size groups. Scouting, Bar/Bat Mitzvah, and school community projects are also available.

**Note:** The minimum age to volunteer without an adult is 16 years or older. Families are encouraged to volunteer together. Volunteer opportunities are designed to provide residents with friendly socialization and life enrichment experiences. Orientation and training is required for all new volunteers.

Please contact the C. C. Young Manager of Volunteer and Transportation Experience at 214.841.2988 for more details about how you can help. They offer flexible schedules and volunteer opportunities to enrich both the lives of volunteers and residents alike. You may register to become a volunteer by visiting the CC Young Website and registering online at:  
<http://ccyoung.publishpath.com/volunteer>

**Challenge Air For Kids And Friends**

April Culver  
214.351.3353  
aculver@challengeair.org

[www.challengeair.org](http://www.challengeair.org)

May 19

**Challenge Air For Kids And Friends:** Challenge Air builds self-esteem and confidence of children and youth with special needs, through the experience of flight.  
**Currently seeking volunteer help in the office.**

**The next local fly day:** Saturday, May19 at McKinney National Airport, 1500 Industrial Blvd., McKinney 75069

Volunteers register passengers, give out flight certificates or help with other ground activities. Registration forms for volunteers, pilots and children are





	available on the website. <b>All volunteers should pre-register online or call.</b> Minimum age: 15
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Children’s Health Children’s Medical Center Dallas</b></p> <p style="text-align: center;">Volunteer Services 214.456.6388 volunteer_services@childrens.com</p> <p style="text-align: center;">www.childrens.com</p> <p style="text-align: center;"><b>Children’s Medical Center Dallas (cont.)</b></p>     <p style="text-align: center;">Resource Library Carol Miller 214.456.4787 carol.miller@childrens.com</p>	<p><b>Children’s Medical Center Dallas: Work directly with patients, provide customer service, or support the hospital staff in a variety of ways.</b> Days, weekends, and evenings. Please visit <a href="https://www.childrens.com/get-involved/volunteer">https://www.childrens.com/get-involved/volunteer</a> for more information about volunteering. Each individual must watch the online Information session, submit an application, and complete online training and a video interview. After being accepted into the program, attend a Welcome Session and complete a health form. Each volunteer must commit to 3-4 hours weekly commitment and 50 hours and purchase a uniform.</p> <p><b>Children’s offers a summer student program at the Dallas location.</b> Minimum age:16+</p> <p>Donations of reading materials for all ages are welcomed. <b>Organize a collection</b> or have a <b>book drive</b>. The children’s library can <b>only</b> accept <b>new, unused</b> books. <b>Gently used books are shared</b> with the clinics. They can also use magazine subscriptions, especially for children’s and popular adult magazines (Spanish &amp; English). Contact Carol Miller</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Children’s Health Children’s Medical Center Plano</b></p> <p style="text-align: center;">Barbara Green 469.303.3763 barbara.green@childrens.com</p> <p style="text-align: center;">Resource Library Lauren Dehdari 469.303.7735 Lauren.dehdari@childrens.com</p>	<p><b>Children’s Medical Center Plano:</b> Welcomes donations of reading materials for all ages. <b>Organize a collection</b> or have a <b>book drive</b>. The Karahan Family Resource Center can <b>only</b> accept <b>new, unused</b> books. <b>Gently used books are shared</b> with the clinics. They can also use magazine subscriptions, especially for children’s magazines and popular adult magazines, in Spanish and in English. Contact Lauren Dehdari</p> <p><b>Fundraise</b> for the <b>Bear Hugs Program</b>, which provides a special comfort bear to each patient having surgery at Children’s Plano.</p> <p><b>Collect</b> new small items (mini potato heads, polly pockets, stickers, bouncy balls, etc.) as prizes for children who have undergone invasive procedures. Please contact Barbara Green. <b>Collect</b> brand new toys to be used for the playroom, brand new toys to be used for birthdays or special events. Gift cards to local stores (Target, Toys R Us, and Barnes &amp; Noble) are also appreciated.</p> <p><b>Limited adult volunteer openings</b> are available in the following areas: Surgery Services, Child Life (Inpatient and Outpatient), Family Resource Library, Guest Relations, and various Outpatient Clinics. Volunteer shifts are during the daytime (8am-5pm), Mon.–Fri. Please contact Barbara Green. Minimum age: 18</p>
<p style="text-align: center;">Anytime</p>	<p><b>City House</b> was founded 30 years ago by two Plano ISD school teachers, <a href="#">Nancy Boyd</a> and <a href="#">Kay Goodman</a>,</p>

<p style="text-align: center;"><b>City House</b></p> <p style="text-align: center;">Lisa Rodgers 972.424.4626 GetInvolved@cityhouse.org</p> <p style="text-align: center;">www.cityhouse.org</p> <p style="text-align: center;"><b>City House (cont.)</b></p>	<p>sadly inspired by several of their students who were living out of their cars and lockers. In 1988, City House opened its doors. What began as a six-bed shelter has grown into four shelters with 42-beds, a multi-faceted agency that provides residential and non-residential services to more than 550 children, young adults and their families each year. City House has an emergency shelter for children ages newborn to 17, and a Transitional Living Program for homeless young adults ages 18 to 21, with TLP homes in Plano and Frisco. The organization also works closely with local schools as part of its outreach program, providing free counseling to youth or families who need it, getting in front of family conflict in the home before it becomes a homeless or runaway situation. The mission of City House is to provide emergency shelter and transitional residential services to children and young adults who are in need due to abuse, neglect or homelessness.</p> <p>Volunteers needed for everything from hands-on work with young residents, administrative, meal providers, event support and more. Volunteers must attend a volunteer orientation, as well as get a TB test due to state regulations Minimum age: 18 (but there are some select opportunities for young people around City House events) Send inquiries on volunteering to: GetInvolved@CityHouse.org. For more information on City House and how you can help, visit <a href="http://www.cityhouse.org">www.cityhouse.org</a>.</p>
<p style="text-align: center;">Year round</p> <p style="text-align: center;"><b>City of Dallas Office of Welcoming Communities and Immigrant Affairs</b></p> <p style="text-align: center;">Vanna Slaughter 214.670.5865 vanna.slaughter@dallascityhall.com</p> <p style="text-align: center;">www.dallascityhall.com</p>	<p>The <b>Office of Welcoming Communities and Immigrant Affairs (WCIA)</b> promotes the economic, civic and social engagement of immigrants and refugees residing in Dallas.</p> <p><b>Citizenship Workshop:</b> Volunteers assist immigrants and refugees to apply for U.S. citizenship at large scale citizenship workshops. Tasks include application completion, crowd direction, room set up and take down and other logistics assignments.</p> <p><b>Community Outreach:</b> Volunteers represent WCIA at outreach events, such as information and health fairs, and talk to attendees about the vision, goals and activities of WCIA.</p> <p>All volunteers must be 18 years or older and will undergo screening through <a href="http://Voly.org">Voly.org</a></p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>City of Plano Teen Court</b></p> <p style="text-align: center;">Becky Rubenstein 972.941.2009 beckyru@plano.gov</p> <p style="text-align: center;">www.plano.gov/Departments/</p>	<p><b>City of Plano Teen Court:</b> Sponsored by the Plano Municipal Court, juvenile defendants pleading guilty to a Class C misdemeanor are eligible to appear in Teen Court with the Judge's permission. Offender's cases are presented to a jury of their peers.</p> <p><b>Volunteer teen attorneys</b> represent the defendant and the state. <b>Teen jurors</b> assign community service according to the Discipline Grid. Upon successful</p>

<p>Municipal Court/Juveniles/Teen Court</p>	<p>completion of the sentence, offenders' cases are dismissed and removed from their record.</p> <p><b>Teenagers 14 through 18 are eligible to be jurors.</b> Court is held twice each month on scheduled Mondays. Jurors report at 5:30pm and Court is over at approximately 8:00pm. Teen attorney: a teen <b>must be 15, served as a juror and have completed the attorney training.</b> Attorney training is held once a year typically in the summer. Great for all the budding attorneys, prosecutors and those interested in the justice system! Minimum age: 14</p>
<p><b>City of Plano VIP Program</b></p> <p>Corina Sadler 972.941.7617 corinas@plano.gov</p> <p>www.volunteersinplano.org</p> <p>Debbie New debbien@plano.gov</p>	<p><b>City of Plano VIP Program:</b> Please visit the website for a listing of ongoing and event volunteer opportunities and to sign up online at <a href="http://www.VolunteersInPlano.org">www.VolunteersInPlano.org</a>.</p> <p><b>Special Events:</b> Parades, sporting event, plays, concerts, community garden work days, city clean-ups, and conventions. Volunteers from <b>14 years+</b> assist with <b>tickets, information</b> distribution, <b>run booths, seat patrons</b> and more.</p> <p><b>Animal Shelter - Socialize with the animals, walk the dogs, love them, keep cages tidy, and encourage your friends to adopt. Clerical help is also available.</b> Must be at least 18 years of age. Orientation and training required and commit for 6 months. For more information contact Corina Sadler.</p> <p><b>Animal Shelter Projects for Youth:</b> If you are interested in animal shelter projects, contact Debbie New directly.</p> <p><b>Kitty Fort Project!</b> Kitty Forts are a <b>craft project for school or scout groups, family get-togethers or a birthday or holiday activity.</b> Kitty forts help keep the cats and kittens happy and alleviate stress while they await new homes. They're bright and colorful, and made from simple cardboard boxes.</p> <p><b>Kitty Forts</b></p> <ul style="list-style-type: none"> <li>▪ Create a comforting environment that carries the cat's scent</li> <li>▪ Can be enhanced with dangling toys to add to their enjoyment</li> <li>▪ Can go with the kitty to his or her new home, providing comfort during the transition</li> </ul> <p><b>How to do it:</b></p> <ul style="list-style-type: none"> <li>▪ Select a cardboard box with these approximate dimensions: 12"x12"x12"</li> <li>▪ Note: "Big box" stores often provide free boxes near the cash registers</li> <li>▪ Cut out a large opening for the front side (ask an adult for assistance)</li> <li>▪ Cover the box in construction paper, butcher block paper or mailing paper</li> <li>▪ Use only nontoxic school glue</li> <li>▪ Decorate your kitty forts with ink stamps or small stickers</li> </ul>

<p style="text-align: center;">Your local library</p> <p style="text-align: center;"><b>City of Plano VIP Program (cont.)</b></p> <p style="text-align: right;">Corina Sadler 972.941.7617 corinas@plano.gov</p>	<ul style="list-style-type: none"> <li>▪ You can attach macramé cord or yarn for interest, but please do not use string</li> </ul> <p><b>Deliver your craft items</b> to the shelter at 4028 W. Plano Parkway, Plano 75093. Call 972.769.4360 for information. <b>Schedule a Pet Safety and Responsibility Class and get a tour of the shelter.</b></p> <p><b>Book Smart</b> - If you or your organization would like to <b>organize a book collection</b> to help the Plano libraries stock up for the annual book sale. <b>Sort book donations.</b> (Please contact your local library prior to bringing the books.)</p> <p><b>Adopt-A-Park, Highway, or Creek: Businesses and organizations</b> can get involved through the adoption programs. Make an impact by keeping the city beautiful and improving the city. To sign up online visit: <a href="http://www.volunteersinplano.gov">www.volunteersinplano.gov</a></p> <p><b>Adaptive Recreation:</b> Volunteers beginning at 14 years old can <b>help children with special needs in leisure activities.</b> Volunteers interact with participants in social settings and activities including arts and crafts, games, bowling, and more. A one-time orientation is required. Review openings and sign up online at <a href="http://www.VolunteersInPlano.org">www.VolunteersInPlano.org</a>, you will then be contacted with further information. Minimum age: 14</p> <p><b>Community Garden Work Parties:</b> The City's Sustainability &amp; Environmental services department has 2 community gardens that are used to grow vegetables to donate to a Plano food pantry and to serve as outdoor education. <b>Volunteers starting at 13</b> years old are utilized to <b>work the garden</b> and keep it going through the seasons. Sign up online at <a href="http://www.volunteersinplano.gov">www.volunteersinplano.gov</a>. Minimum age: 13</p> <p><b>College Internship:</b> Interns volunteer throughout the year and utilize their skills while they learn more about leadership. <b>Applications are accepted throughout the year.</b> All internships are unpaid. Candidates are responsible for coordinating with their respective schools/institutions to receive class credit if applicable. Send an email and a copy of your resume to Corina Sadler with your area of interest to check availability. The office would be happy to work with your college to find places for students in different departments.</p> <p><b>How do I sign up?</b> Review opportunities online at <a href="http://www.volunteersinplano.org">www.volunteersinplano.org</a>, click on your area of interest, then on sign up and set up a profile. You will receive an email back shortly.</p>
<p style="text-align: center;"><b>Color Me Empowered</b></p> <p style="text-align: center;">Kristen Rice Jackson 214.729.2499 Kristen@colormeempowered.org <a href="http://www.colormeempowered.org">www.colormeempowered.org</a></p>	<p><b>Color Me Empowered</b> provides programming that empowers children and neglected communities through the implementation of civic art. At any given time, there are between 3-6 art education programs running throughout the city - most of which are after-school programs.</p>

<p style="text-align: center;"><b>Color Me Empowered (cont.)</b></p>	<p>There are volunteer opportunities <b>Monday-Friday 3pm - 6pm</b> at various locations for college students and adults. There are occasional Saturday opportunities and those vary in time and place depending on where they're installing, but these times are open to people of all ages and families are strongly encouraged to participate.</p> <p><b>Saturday opportunities</b> will be advertised on the website's volunteer calendar:  <a href="http://www.colormeempowered.org">www.colormeempowered.org</a></p> <p>All volunteers should be prepared to work with a variety of art supplies such as paint, glue, clay, etc. For more information, contact Kristen. Also, sign up for their email list on the website for the most current volunteer information</p>
<p>↶ ↷</p> <p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Dallas Arboretum</b></p> <p style="text-align: center;">Shawn Jackson  214.515.6560  <a href="mailto:volunteers@dallasarboretum.org">volunteers@dallasarboretum.org</a>  <a href="http://www.dallasarboretum.org">www.dallasarboretum.org</a></p> <p style="text-align: center;">Anytime</p> <p style="text-align: center;">Anytime</p> <p style="text-align: center;">February 23rd – April 7th</p> <p style="text-align: center;">March 27th – April 21st</p>	<p><b>Dallas Arboretum:</b> Open 362 days a year from 9am-5pm with numerous volunteer opportunities: Minimum age: 14 for all volunteer opportunities</p> <p><b>Children's Garden Gallery host, Garden Greeters and Special Events.</b> Shifts are available 9am-1pm or 1pm-5pm, 7 days a week throughout the year.</p> <p><b>Children's Garden Gallery Host:</b> With over 17 interactive galleries and hands-on exhibits they are in need of many volunteers to help and engage guests in the Children's Garden. 9am-1pm or 1pm-5pm, 7 days a week</p> <p><b>Garden Greeters:</b> Volunteers engage with guests by welcoming them to garden, pass out maps, and help direct or locate where guests want to go in the garden. 11am-3pm Mon-Fri, 9:30am-1pm or 1pm-4:30pm Sat. &amp; Sun.</p> <p><b>Children's Garden Gallery Host:</b> With over 17 interactive galleries and hands-on exhibits they are in need of many volunteers to help and engage guests in the Children's Garden. 9am-1pm or 1pm-5pm, 7 days a week (<i>Children's Garden is closed January 1- February 22</i>)</p> <p><b>Garden Greeters:</b> Volunteers engage with guests by welcoming them to garden, pass out maps, and help direct or locate where guests want to go in the garden. 11am-3pm Mon-Fri, 9:30am-1pm or 1pm-4:30pm Sat &amp; Sun.</p> <p><b>Special Events:</b>  <b>Blooms Festival:</b> shifts vary between 9AM-5PM, needing garden greeters, gallery hosts at the Children's Garden, and other various special events shifts.  <b>Easter Festivities:</b> shifts vary Monday-Sunday, times between 7AM-5PM (at various intervals). Need help stuffing eggs with candy, helping hide eggs, arts</p>

<p style="text-align: center;">April 22nd – April 28<sup>th</sup></p> <p style="text-align: center;">May &amp; June</p>	<p>and crafts table, and costume characters.</p> <p><b>Artscape:</b> shifts vary Monday-Sunday, times between 7AM-8:30PM (at various intervals), needing help with prep work for the event, helpers loading in/out artist to their booth space, greeters, children’s arts and craft table, and room hosts in the DeGolyer House.</p> <p><b>Children’s Garden Gallery Host and Garden Greeter</b> needs for May and June (as they do all year). If anyone is interested in volunteer during those two months, they can do either of those shifts or reach out to see if they have any newly scheduled events.</p>
<p style="text-align: center;">Anytime</p> <p><b>Dallas CASA (Court Appointed Special Advocates)</b></p> <p style="text-align: center;">Sarah Smith Volunteer Recruitment and Outreach Manager 214-827-8961 ssmith@dallascasa.org</p> <p style="text-align: center;">www.dallascasa.org</p>	<p><b>Dallas CASA:</b> Originally founded by the Greater Dallas section of the National Council of Jewish Women, Dallas CASA provides trained and supervised community volunteers to serve as the eyes and ears of the court for children living in foster care because they aren’t safe at home.</p> <p>Volunteers complete 30 hours of classroom training in addition to courtroom observations before being sworn in as a court-appointed special advocate for children. From its founding in 1980 with a handful of volunteers, Dallas CASA has grown to serve 3,118 Dallas children in 2017.</p> <p>For many abused children living in foster care, their CASA volunteer is the one constant, caring adult during a frightening time in their lives. Volunteers must be 21 and pass a background check..</p> <p>To apply, the first step is to attend an information session. You can sign up for information sessions online at dallascasa.org. After attending an information session, the staff will send the application.</p> <p>They ask for a minimum of a year commitment from volunteers. The amount of hours per month varies greatly based on the case.</p>
<p style="text-align: center;">Ongoing</p> <p><b>Dallas Children’s Advocacy Center</b></p> <p style="text-align: center;">Jenna Sampson 214.818.2605 jsampson@dcac.org or volunteer@dcac.org</p> <p style="text-align: center;">www.dcac.org</p>	<p><b>Dallas Children’s Advocacy Center:</b> Make a Difference in the Lives of Abused Children. <b>Play</b> a game, <b>read</b> a book, or <b>color</b> a picture! At Dallas Children’s Advocacy Center, it is their goal to provide a safe, warm and fun environment for all of the children entering the building.</p> <p>The <b>Playroom Volunteers</b> help provide hope and healing to the children they serve. They engage in activities (puzzles, coloring, reading, board games) with children while they are waiting for an interview or therapy session. In addition, they assist the Volunteer Coordinator with organization of the Clothes Closet or other administrative duties if there are no children in the waiting areas. Must complete at least two 3 hour shifts per month.</p> <p>Complete an application online, background check is required, attend a Volunteer Orientation, Minimum age: 18</p>

<p style="text-align: center;"><b>DCAC (cont.)</b></p>	<p>Contact: Jenna Sampson at <a href="mailto:jsampson@dcac.org">jsampson@dcac.org</a> or <a href="mailto:volunteer@dcac.org">volunteer@dcac.org</a> for more information</p> <p><b>Serve a meal at DCAC</b> Provide and/or serve a meal to the families visiting us for services in the evening. Opportunities are available on Mon., Tues. and Thurs. from 5-7:30PM. Minimum age: 13 with parent present, 18 without supervision. Background checks required for adults.</p> <p><b>Host a Drive for DCAC</b> Dallas Children’s Advocacy Center’s (DCAC) Clothes Closet provides children and families with many urgently needed items including clothing, toiletries and toys. The community plays a vital role in helping support families through their time at DCAC by organizing and hosting drives for needed items. <b>Make a collection or donate</b> the following: Baby Items: wipes, diapers (size 5 &amp; 6), baby wash, lotion, bottles, pacifiers. Other Items: New toys and activities for girls &amp; boys (ages 0-17) New undergarments for girls &amp; boys (ages 3-17) New t-shirts &amp; athletic shorts for girls &amp; boys ( 3-17) Store gift cards: Target, Walmart, Payless Shoes: If you’re interested in hosting a drive to benefit DCAC’s Clothes Closet, please contact Jenna Sampson..</p>
<p style="text-align: center;">Weekends</p> <p style="text-align: center;"><b>Dallas Children’s Theater</b></p> <p style="text-align: center;">Wanda Roberson 214.978.0110x169 <a href="mailto:wanda.roberson@dct.org">wanda.roberson@dct.org</a></p> <p style="text-align: center;"><a href="http://www.dct.org">www.dct.org</a></p> <p style="text-align: center;"><a href="http://www.dct.org/support-us">www.dct.org/support us</a></p>	<p><b>Dallas Children’s Theater.</b> On weekends <b>volunteer ushers</b> are needed to take tickets, distribute programs, direct patrons to their seats, help with concessions and clean up after the show. DCT performances are held at the Rosewood Center for Family Arts. <b>Volunteer hours</b> on weekends vary according to each show and season but are typically Fridays 6:30pm-9:30pm; and Saturdays &amp; Sundays 12:30pm-3:30pm &amp; 3:30pm-6:30pm. <b>Remember</b> all volunteer ushers <b>get to watch the show for free!</b> <b>Dress Code</b> for <b>boys</b> includes dark or black dress pants and a solid white collared shirt. <b>Girls</b> can wear any combination of black and white clothes, but please no thin straps, low cut tops, or shorts/skirts above the knee.</p> <p><b>Volunteer training:</b> provided by a House Manager prior to each performance. This will ensure that volunteer training is show specific. Minimum age: 13 (parents who prefer to accompany their child must purchase a ticket for the show). For a schedule of DCT’s 18-19 season please contact Wanda Roberson (emails are preferred) to register and become a volunteer.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Dallas Historical Society</b></p> <p style="text-align: center;">Nora Ochoa</p>	<p><b>Dallas Historical Society:</b> The Dallas Historical Society is <b>seeking college students with interests in history, museum work, not-for-profit organizations, and/or library science</b> to perform low-stress, meaningful volunteer work. The applicant will get <b>hands-on museum training</b>, working with historic artifacts, from</p>

214.421.4500x110  
volunteer@dallashistory.org  
www.dallashistory.org

museum personnel. Established in 1922, the DHS now houses over a million archival materials and museum objects, including rare items from Spanish missions, Republic-era Texas, and modern history. The DHS also has an active education and membership program.  
Minimum age: 18  
**Volunteers are also needed for special programming, events, and exhibits throughout the year at the Hall of State in Fair Park.** Training provided. Minimum age: 18 (13 when accompanied by parent / legal guardian).

**DALLAS SPARK!**

Monica Susman  
Director of HR/Volunteers  
214.421.-SPARK 7727  
volunteersn@sparkdallas.org  
www.sparkdallas.org

**Dallas SPARK!** Their Mission: is to ignite the spark of creativity inherent in all children.

SPARK! Provides children from second grade through high school with a fully immersive creative environment and hands-on learning that develops their self-definition as creative individuals. Strategically located in the sub-basement of the historic South Side on Lamar building near a large population of low-income families. SPARK! provides an interactive learning environment, layering a myriad of creative disciplines to spark the imagination, expand the mind, and engage the body. Through an endless roster of creative and pop-up activities, students exercise their creativity and learn from creative experts, innovators, and artists.

SPARK! is open to the public on weekends and most holidays. During the week, they are open by reservation only for field trips.

**Office Help** SPARK! needs some office help

Frequency: Daily, prefer a committed schedule either weekly or monthly. Hours: 9-5pm (willing to work with individual schedules). The fast paced, extremely creative environment is ever growing and changing.

Basic responsibilities are:

- Welcome visitors by greeting them, in person or on the phone

- Answer or refer inquiries to correct person

- Become knowledgeable about SPARK!

Skills and Qualifications

- Be outgoing and enjoy talking with guests

- Have strong verbal communication skills to answer phones

- Enjoy a fast paced environment

- Professional demeanor

- Able to handle complex situations with


- Able to handle other small tasks.

**SPARK! Plugs, a docent program**

SPARK! Plugs help engage visitors in exploring SPARK! through their understanding of the history, current installations and future home plans. SPARK! Plugs will interact with visitors on weekends and during special events. They look for a high level of enthusiasm and initiative in the SPARK! Plugs, interest in and/or knowledge of the arts or arts education. Great communication and strong customer service skills. For ages 18+



<p style="text-align: center;"><b>Dallas Spark! (cont.)</b></p>	<p>Weekend and Holiday Volunteers:  <b>Frequency:</b> The 1<sup>st</sup>, 4<sup>th</sup> and 5<sup>th</sup> weekends and most holidays.  Help monitor the unique Climb, Crawl, Slide Sculpture, learn and share their mission and vision with visitors. This is a great way to get any service hours needed for school! Volunteers under 16 must be accompanied by an adult.  There are 2 shifts available each day:  ● Saturday Volunteer shifts 10am-4pm  ○ Shift 1: 9:45am - 1:45pm  ○ Shift 2: 1:00pm - 4:30pm  ● Sunday volunteer shifts noon-5pm  ○ Shift 1: 11:45am - 2:45pm  ○ Shift 2: 2:30pm - 5:30pm</p> <p>Volunteer orientations are required and several different options are available. Please visit the website for all upcoming volunteer orientations, opportunities, including special events. Go to: <a href="http://sparkdallas.org/volunteer/">http://sparkdallas.org/volunteer/</a> for up-to-date needs.</p> <p>Wish list items to keep programming costs low:: Paper towels, bottled water, individually packaged snacks, clear plastic storage bins of all sizes, glue sticks, #2 pencils, erasers, Crayola watercolor paints, artist paint brush packs, watercolor paper, white card stock paper, bottles of acrylic paint, masking tape rolls, black sharpies, colored sharpies, Elmer’s school glue, bottles of Modge Podge, packs of canvas boards 8x10, hot glue sticks (wide), hand soap, reams of copy paper.</p> <p>Gift cards to Office Max, Staples, Sam’s, Home Depot, Lowe’s, Michaels and Hobby Lobby.  For an updated Wish List, please visit <a href="http://sparkdallas.org/donate-goods/">http://sparkdallas.org/donate-goods/</a></p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>DeGolyer Library/SMU</b></p> <p style="text-align: center;">Russell Martin  214.768.3234  rlmartin@mail.smu.edu</p>	<p><b>DeGolyer Library/SMU:</b> The DeGolyer Library at SMU is <b>seeking cookbooks</b>, including those from companies, congregations and community groups, for their early American cookbook collection. If you are wondering what to do with your grandmother’s cookbook with her hand written recipes written on the fly leaf or even on ruled paper inserted into the book, contact Russell Martin. The DeGolyer Library will provide a home for the cookbooks and recipes where researchers, students on assignment and professors can access them. If you have books <b>to donate or have leads to cookbooks</b>, please call. <b>Collecting cookbooks</b> for the DeGolyer is a great <b>inter-generational project</b>.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>DFW International Airport Volunteer Ambassador Program</b></p> <p style="text-align: center;">Cristina Fraker  972.973.7016</p>	<p><b>Adults</b> can volunteer for the <b>DFW Airport Ambassador Program</b>. The Airport is looking for new volunteers for the 5 Terminals as well as <b>other</b> locations throughout the airport. They will <b>answer questions, give directions and assist customers as they move throughout the airport</b>.</p>

<p>cfrakerr@dfwairport.com www.dfwairport.com</p> <p><b>DFW international Airport Volunteer Ambassador (cont.)</b></p>	<p><b>Flexible hours.</b> Ambassadors work a minimum of 4 hours, once a week. Shifts are available seven days a week from 6am to 9pm. Training, a uniform jacket, vest &amp; hat, <b>as well as free parking is provided</b> while the volunteer is performing the service. <b>Interested individuals should call or log on to the Airport's website www.dfwairport.com</b> and click on: Ambassador Volunteers. Minimum age: 18</p> <p><b>Please call for exact dates for the next orientation and training sessions.</b> They are particularly <b>looking for volunteers 18 and over</b> who wish to help travelers in the terminals.</p> <p>The <b>DFW Navigator Program</b> is for young people between 14 and 18 years of age. They volunteer to work two 4-hour shifts a month for six months or two semesters. The Navigators work on board the Airport's internal train system (SkyLink) and on the train platforms helping the traveling public find their way around the Airport aboard the train system. They <b>direct customers</b> to Airport restaurants, shops and services and <b>escort travelers needing special assistance</b> on Skylink. All hours that the volunteers work are recorded and can be used for Community service hours needed to meet school graduation requirements. Call 972.973.7018 for more information. Minimum age: 15</p>
<p><b>DME Exchange of Dallas</b></p> <p>Betty Hersey 214.997.3639 bherseydmeexchange@gmail.com www.dfwdmeexchange.org</p>	<p><b>DME Exchange</b> is a nonprofit agency <b>that collects, restores and distributes durable medical equipment</b> bringing relief and hope to thousands of patients in need. There is <b>no charge for the equipment for those who qualify for services</b> and they currently service all of Dallas County.</p> <p><b>One time or ongoing:</b> <b>Clerical Assistance:</b> Light receptionist duties, Make copies, shred documents, data entry and mailings, count and record inventory. Call Mary to apply. Flexible schedule available. <b>Medical Equipment Preparer:</b> Looking for someone to help clean and refurbish medical equipment. <b>Translators:</b> Looking for people to help translate <b>(English/Spanish)</b>. This would be using a home or cell phone, and the schedule would vary. Looking for someone who would have availability anytime M-F, 9-5.</p> <p>Minimum age: 16, must be accompanied by an adult under 18</p> <p><b>Donate/Collect:</b> Walkers, wheelchairs, canes, shower chairs etc, as well as hospital beds and electric wheelchairs. Call Betty to make arrangements for getting the equipment to the agency. Minimum age: none</p>
<p> <b>Equest</b></p> <p>Ellie Wellford Grant 972.412.1099x211</p>	<p><b>Equest:</b> Humans – Horses - Hope. . The Mission of Equest is to enhance the quality of life for children and adults with diverse needs by partnering with horses to bring hope and healing through equine assisted activities and therapies.</p>

Mobile: 214.538.5393  
egrant@equest.org

www.equest.org

Equest at the Texas Horse Park  
811 Pemberton Hill Road, Building #4  
Dallas, Texas 75217  
(near Lake June and 175 south of downtown  
Not far from I-20, the Audubon, and  
the new Byron Nelson)

### Equest (cont.)

**Administrative Help:**  
Alyssa Lancaster, Receptionist  
alancaster@equest.org  
972.412.1099, ext. 225

Martha Johnson, Finance  
mjohnson@equest.org  
972.412.1099, x 201

Amanda Fastle, Registrar  
afastle@equest.org, 972-412-1099, x209  
Christine Volkmer, Development and Events  
cvolkmer@equest.org, 972-412-1099, x227  
CJ Bankhead, Communications and Marketing  
cjbankhead@equest.org, 972-412-1099, x228  
Rebecca Bond, Development and Events  
rbond@equest.org, 972-412-1099, x228

Equest provides therapeutic horseback riding, physical and occupational hippotherapy, therapeutic carriage driving, counseling and equine facilitated mental and emotional health sessions, education and more to children, adults, and veterans and their families, facing all types of disabilities, learning differences, emotional difficulties and other challenges.

You will help adults and children with disabilities and learning differences to ride or work with horses, thus building core strength, balance, muscle control, confidence, self-esteem and more.

Volunteers **prepare** the horses for class and **follow the directions** of the class instructor, which may involve **leading** the horse, **side walking**, and giving moral support. Arrive 1 hour prior to class to assist with **grooming** and **saddling** horses. **No experience necessary.** Times available are morning, afternoon and evening, depending on the day of the week: Mondays: daytime: carriage driving and barn help (special on the job training available for driving); Tuesdays -Fridays: mornings, afternoon and evenings; Saturdays: mornings and afternoons

Minimum age: 14 and up for working in the program; 12 and up with accompanying adult for Barn Help.

The Equest barn is at the Texas Horse Park, south of downtown at 811 Pemberton Hill Rd, Dallas, TX 75217, near Lake June and 175, approximately 10-15 minutes from Downtown Dallas.

Training and application including liability release, emergency medical consent, photo release, consent for a criminal background check, and confidentiality and social media agreements are required from every volunteer. Program Volunteers are also asked to complete a class selection registration form. Training flyer, application, handbook, direction and forms are available online at [www.equest.org](http://www.equest.org). Please look on the main Volunteer page and also the drop down menu from that page under Application for your forms and current session registration. Please also study the Volunteer Handbook available as a link on the main volunteer page.

**Classes run weekly, Monday-Saturdays (Sunday is barn work only) mornings, afternoons and evenings. Barn work daily in the mornings.**

Please get your application from the website at [www.equest.org](http://www.equest.org) and contact Ellie Grant to get started at the Dallas location at the Texas Horse Park.

**On the job training required to volunteer in the barn or office.** Please complete an application and let staff know when you are coming.

**Office Help: Please ask for the dept. you wish to work in as listed at left.** Daily help needed: **greet** guests and visitors, **answer phones, data entry, file, and inventory, prepare for special events,** and various other office projects.

**Self-scheduled Barn Helpers: Help any day of the week with barn chores - mucking, feeding, watering,**

<p><b>Barn Help and Facilities Work</b> Mon.-Fri. especially mornings</p> <p><b>Equest (cont.)</b></p> <p>Bobby Valdez bvaldez@equest.org 972-412-1099x226</p> <p>Saturdays and Sundays: Carol Chamberlin cchamberlin@equest.org 972.412.1099</p> <p>Jan. 19 Jan. 26</p> <p>June August</p>	<p><b>sweeping, cleaning and general maintenance.</b> Class registration form not needed, but must complete the other forms and attend training. Volunteering in the barn may be self-scheduled once you are trained in the mornings between 7:00am and 3:00pm. Most helpful if you arrive no later than 9:00am. Barn helpers must be <b>at least 12 years of age and, if under 14, accompanied by an adult until confirmed in the Junior Program.</b></p> <p>Barn helper volunteer positions <b>available daily (mornings and early afternoons) year round.</b> Report: <b>Monday-Friday</b> Bobby Valdez bvaldez@equest.org, 972-412-1099, x226 <b>Weekends</b>, Carol Chamberlin cchamberlin@equest.org Please call 972.412.1099, or email to let the appropriate staff member know you are coming.</p> <p><b>Training available on request</b></p> <p><b>Next Major Trainings:</b> January 19<sup>th</sup> or January 26<sup>th</sup> 8:30am-2:30pm.at the Texas Horse Park. Register online. Please see the volunteer page of the website: www.equest.org for specific dates and forms.</p> <p>Check later for training dates for June and August..</p>
<p>↪ ↩</p> <p>Anytime</p> <p><b>Frisco Family Services</b></p> <p>Volunteer Services Manager 972.335.9495 volunteer@friscocenter.org</p> <p>www.friscofamilyservices.org</p> <p>Sign up today! <a href="http://btr.im/bk1xp">http://btr.im/bk1xp</a></p>	<p><b>Frisco Family Services:</b> There are various ways you can become part of Frisco Family Services' mission to help members of the community who are facing hunger, homelessness and other urgent needs to improve their quality of life and achieve self-sufficiency. They are the only food pantry in Frisco and a non-profit organization helping those in need in Frisco and Frisco ISD.</p> <p><b>Corporate and Organization</b> team building opportunities also available.</p> <p><b>Ongoing Drivers:</b> Volunteers assist with picking up grocery store 35 Frisco Family Services (cont.) June 18 donations and bringing them to the food pantry for processing</p> <p><b>Food Pantry:</b> Volunteer at the food pantry accepting donations, sorting and stocking food and assisting clients, drivers for donation pick-up, hold a food drive, prepare weekend meal bags for clients or adopt a shelf committing to donate one or more of the items listed on listed on the website. Minimum age: 12</p> <p><b>Ongoing- Frisco Resale Store:</b> Processing donations of new and gently used clothes, home goods, electronics, books, etc. Drivers and driver assistants. Merchandising, cashier assistant and customer service, assisting Resale staff. Minimum age: 12</p> <p><b>Ongoing- Little Hands Opportunities for ages 4-12.</b> Birthday boxes, Work in the garden, Summer Lemonade</p>

<p style="text-align: center;"><b>Frisco Family Services (cont.)</b></p>	<p>Stands, Back Pack Drives, Scarf, Hat and Coat Drives and much more!</p> <p style="text-align: right;">June <b>June 2019</b> Mayor's Golf Tournament Ages 18 and older opportunities available helping at the event, check in, out on the course, Water stations and more.</p> <p style="text-align: right;">Mar. 23 <b>Gala One – 25th Anniversary March 23 at the Hilton Granite Park!</b> Ages 16 and older opportunities available helping prepare for their 25rd Annual Gala Fundraiser. Setting it up and day of the event, decorations, silent auction.</p> <p>All this and more available at <a href="http://bttr.im/bk1xp">http://bttr.im/bk1xp</a> Sign up today, create a profile for all age volunteers, ages 16 and older attend an orientation, ages 18 and older complete a background check and you are on your way. All this and more available at <a href="http://bttr.im/bk1xp">http://bttr.im/bk1xp</a> website.</p>
<p style="text-align: center;">↪ ↪</p> <p style="text-align: center;"><b>Genesis Women's Shelter</b></p> <p style="text-align: center;">Chandra Adkins 214.389.7701 (direct) 214.389.7700(main number) <a href="mailto:cadkins@genesishshelter.org">cadkins@genesishshelter.org</a></p> <p style="text-align: center;">To sign up please visit the website <a href="http://www.genesishshelter.org">www.genesishshelter.org</a></p>	<p style="text-align: right;">Anytime <b>Genesis Women's Shelter &amp; Support:</b> All volunteers are required to pass a criminal background check and attend an orientation class.</p> <p><b>To sign up</b> log into the website. Look under Get involved, Volunteer and complete the online application and background check and sign up for an orientation. Please call or visit the website for more information. <b>Call before you come</b></p> <p>All volunteers that come onsite must be 15 and older, anyone over the age of 18 must complete a background check. Here is the link to the volunteer page. <a href="https://www.genesishshelter.org/get-involved/volunteer/">https://www.genesishshelter.org/get-involved/volunteer/</a></p> <p>Younger volunteers or anyone else can do an at-home project that will help make a child's special day more magical and special.</p> <p><b>Genesis Women's Shelter:</b> Volunteer Group Projects are available for groups of 10 or less. The projects include: Breakfast of Champions, Let's do Lunch or Guess who's coming to dinner. All of these have to be coordinated through Chandra Adkins, Volunteer Manager.</p> <p><b>Donation Drives:</b> Organize a clothing, personal hygiene, diaper or Similac baby formula (orange, blue or yellow tops), gift card, over the counter adult or children's medicine or accessory drive. <b>Please only donate clean, gently used items to the thrift store.</b></p> <p><b>Court Partnership:</b> Volunteers monitor the proceedings in Dallas County Protective Order Court. Training opportunities for those 18 and above are held quarterly. Volunteers are self-scheduled but must be available to volunteer during business hours, Monday-Wednesday. Application, one-hour training and court orientation are required. Minimum age: 18 Please call Chandra Adkins for additional information.</p>

<p>Child Care Coordinator 214.389.7780</p> <p><b>Genesis (cont.)</b></p>	<p><b>Genesis PAL Fun -Club:</b> At the Outreach office located at 4411 Lemmon Ave. Dallas Texas 75219, 214.389.7700 Volunteers are needed from 9am-9pm Monday-Thursday for 2 hour shifts. All volunteers must be 15 years or older.</p> <p>Oh! The places you'll go! If you like fun &amp; adventure you will love to <b>assist the Child Care Coordinator with the following tasks:</b> Observe and monitor children's play activities, watch movies, play board games, read stories, assist with homework when needed and other task assigned to you. Keep play room clean and sanitized. <b>Special Note: please be sure to call the Child Care Coordinator before your shift to be certain that there have been no cancellations.</b></p> <p><b>Birthday in a Box:</b> Help a child, teenager or mom celebrate on their special day with a Birthday in a Box. By building a box full of all they need to make birthday special, you can create a magical celebration for children, teenagers and moms alike. Contact Chandra Adkins for information.</p>
<p>Ongoing</p> <p><b>Girls Inc. of Metropolitan Dallas</b></p> <p>Sherry Cook 214.654.4554 SCook@girlsincdallas.org</p> <p>www.girlsincdallas.org</p>	<p>The mission of <b>Girls Inc. of Metropolitan Dallas</b> is to inspire all girls to be strong, smart and bold. Volunteers are needed Mondays – Thursdays, 3:30-4:30pm and 5:30-6:30pm at all three Dallas campuses during the school year. Criminal background check required. The following are available:</p> <p><b>Mentors:</b> Work with a small group of 4-5 girls to provide assistance with homework, standardized testing preparation, and to provide ongoing support and encouragement to their mentee. No special skills are required. You must only have a willingness to encourage and support your mentee, and to serve as a positive role model and friend. In order to be a mentor, you must be dependable and consistent in meeting time commitments. Minimum age: 18+ and female. Mentors are needed one day a week and a Saturday a month.</p> <p><b>Homework Helpers/Literacy Leaders:</b> Give support by providing homework assistance to girls, individually and in groups, and/or share your love of reading with a small group of 4-6 girls on a weekly basis. Help needed Minimum age: 16+ and female</p>
<p><b>Highland Springs – Fountain View Continuing Care</b></p> <p>Natalee Johnson – Program Manager Natalee.johnson@erickson.com 972-656-3504</p>	<p><b>Highland Springs –Fountain View Continuing Care-</b> offers Assisted Living, Memory Care, Short-Term Rehabilitation, Long –Term Care, and Skilled Nursing. Volunteers enhance the quality of life for seniors in the community.</p> <p>Volunteer opportunities available anytime. <b>Assist with mail delivery, Bingo, Games, Crafts, Companionship.</b> Volunteer any day 9-5 and/or 6:30-8. Background check and TB assessment required Minimum age: HS</p>

## Hope's Door/New Beginnings Center(HDNBC)

Plano and Garland Contact:  
Beth Leos  
972.422.2911  
bleos@hdnbc.org

Plano Office  
860 F Avenue, Suite 100  
Plano, TX 75074

### HDNBC (cont.)

Garland Office  
218 N. 10<sup>th</sup> St.  
Garland, TX 75040

www.HDNBC.org

Headquartered in Plano, **HDNBC** has facilities in both Plano and Garland TX. HDNBC provides services to individuals and families impacted by domestic violence. The volunteer opportunities listed below are available at both the Garland and Plano locations.

### **Anytime:**

Organize a drive and collect items from an "urgent needs list". Examples of needed items are household cleaning supplies (laundry detergent, dish soap, antibacterial spray cleaners such as 409, etc.), toilet paper, paper towels, shower curtain insert (heavy duty vinyl), decorative shower curtains, dish towels, cleaning sponges, bath towels and wash cloths, used or new cell phones, heavy duty vinyl mattress covers and pillow protectors, gift cards from Target or Wal-Mart (used to purchase work uniforms and hard to fit sizes for clients) twin bedding. Email Beth for the most up-to-date list, information and instructions. **No minimum age, does not require volunteer application, orientation, or background check.**

Assist shelter staff: maintain shelter facility (yard service, minor repairs, short distance pickup and delivery); answer the crisis hotline; provide childcare; adopt a room (maintain rooms at shelter) etc. Minimum age: 16 unless accompanied by parent/guardian.

### Weekdays:

Outreach office needs: childcare, organize incoming donations in food pantry (perfect for a small group), provide administrative and front desk support to staff. Assist the education department as needed for presentations and events. Minimum age: 16 unless accompanied by parent/guardian.

Volunteer application and background check is required. Social Media assistant to help with Pinterest, Facebook, Twitter and Instagram posts to promote events, activities, resale store specials, and other timely news.

Facilities assistance: work with the facilities coordinator to make minor repairs and grounds keeping of the buildings. This work can be indoor and outdoor. No special/trade experience required but is helpful. Minimum age: 18.

Children's Activities: Monday, Tuesday and Thursday evenings, volunteers support staff by playing with and entertaining children while their parents attend counseling or life skills classes. Minimum age: 16 unless accompanied by parent/guardian. Volunteer application and background check is required.

During Store Business Hours: Help sort/hang donations or help customers at HDNBC's resale shop in Plano. Accept, sort and stock donations, provide customer service, clean and other duties to support the store. Minimum age: 16 unless accompanied by parent/guardian.

<p style="text-align: center;"><b>HDNBC (cont.)</b></p>	<p>Truck Crew Assistant: support truck crew, make pick-ups and deliveries of small to large and bulky items where needed. Volunteers do not drive. Minimum age: 18.</p> <p>Facilities assistance: work with the facilities coordinator to make minor repairs and grounds keeping of the buildings. This work can be indoor and outdoor. No special/trade experience required but is helpful. Minimum age: 18.</p> <p><b>As needed:</b> Special Events as they occur throughout the year. Volunteers may help prepare for the event, help clean up after the event, check in guests/participants, decorate, and assist event staff as needed. Minimum age: 18</p> <p>Volunteers must complete an application and orientation before being placed in any volunteer position except a donation drive. Background checks are required for anyone 18 years of age or older. To print the application and complete the online background check, please go to: <a href="http://www.hopesdoorinc.org/volunteer">www.hopesdoorinc.org/volunteer</a>.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Hope Supply Co.</b> (formerly Captain Hope's Kids)</p> <p style="text-align: center;">Liz Muth 214.630.5765x317 <a href="mailto:liz@hopesupplyco.org">liz@hopesupplyco.org</a> <a href="http://www.hopesupplyco.org">www.hopesupplyco.org</a> On Facebook &amp; Twitter</p> <p style="text-align: center;"><b>Hope Supply (cont.)</b></p>	<p><b>Hope Supply Co.:</b> Meets the critical needs of homeless children in North Texas. Help support Hope Supply Co. by becoming involved in one of the volunteer activities or starting a drive!</p> <p>Year-Round volunteer opportunities: <b>Diaper Drives:</b> Support North Texas homeless children by starting a diaper drive. Hope Supply Co. distributes around <b>21,000</b> diapers <b>and pull-ups</b> per week. We can provide you with a donation bin and flyers to start your drive! Drives are great for schools, community groups, and corporate groups.</p> <p><b>Hope In A Box:</b> Prepare a shoe box, wrapped or decorated and filled with small items a child would love to have on their birthday Or prepare a box that is filled with everyday needs like soap, shampoo, or a toothbrush. Visit <a href="http://www.hopesupplyco.org/files/u2/HSCHygieneBoxandBirthdayBox.pdf">http://www.hopesupplyco.org/files/u2/HSCHygieneBoxandBirthdayBox.pdf</a> to learn more about the Hope in a Box program.</p> <p><b>Warehouse volunteers:</b> Perfect for: Individuals, Families, and Groups; ages 10 and up. Warehouse volunteers sort, count, and label items such as clothing, school supplies, or toys. To sign up as an individual or small group visit the sign up link: <a href="http://hopesupplyco.org/volunteer-signup">http://hopesupplyco.org/volunteer-signup</a>. Please provide ages of all group members when completing the signup form. For groups larger than 12 contact Liz Muth directly at 214-630-5765 x 317 or <a href="mailto:liz@hopesupplyco.org">liz@hopesupplyco.org</a> to make arrangements.</p>



<p style="text-align: center;">Ongoing</p> <p style="text-align: center;"><b>Hunger Busters</b></p> <p style="text-align: center;">Jason Garza jgarza@hungerbusters.com 210.251.5196</p> <p>: Signup sheet: <a href="http://www.hungerbusters.com">www.hungerbusters.com</a></p> <p style="text-align: center;"><b>Hunger Busters (cont.)</b></p>	<p><b>Hunger Busters</b> provides a much-needed third meal of the day to food-insecure children. Volunteers work in their West Dallas kitchen, <b>making thousands of sandwiches</b> and boxed meals each week for hungry students in Dallas schools to take home for dinner. Individuals, small/large groups, and all ages and abilities are welcome. Sunday: 10am-12pm, 1-3pm &amp; 3-5pm. Monday - Thursday 10am-12pm, 2:30pm-4:30pm.</p> <p><b>Please call or email before coming to the kitchen</b> at 3116 Sylvan Ave, Dallas 75212. Volunteers typically work in 2 hour shifts, Sunday –Thursday between 9am-5pm. Hunger Busters <b>needs volunteers year-round</b> with brief closings during DISD holidays. Community service credit available for schools, clubs, etc. Together we are <b>“Feeding Kids, Fueling Futures”</b>.</p>
<p style="text-align: center;"><b>In-Sync Exotics Wildlife Rescue &amp; Education Center</b></p> <p style="text-align: center;">Chemyn Reaney 972.442.6888 creaney@insyncexotics.com chemynreaney@gmail.com</p> <p style="text-align: center;"><a href="http://www.insyncexotics.org">www.insyncexotics.org</a></p> <p style="text-align: right;">Michelle Young 469.364.0925</p>	<p><b>In-Sync Exotics Wildlife Rescue</b> is a wildlife sanctuary, specializing in the rescue of exotic cats. They currently provide a permanent, loving home to over 70 big cats, including lions, tigers, cheetahs, cougars, leopards, servals, bobcats and lynx. They also assist in the rehabilitation and relocation of native wild feline species, and strive to educate the public about the issues facing exotic cats, both in the wild and in captivity.</p> <p>There are both regular, on-going volunteering positions available, and short-term, service hours available as well. <b>Regular on-going volunteers</b> assist with all areas of the sanctuary, including <b>animal-care, cleaning enclosures, feeding animals, preparing diets, giving tours, working in the Visitor Center, general repair and construction</b>, etc. To discuss joining the regular volunteer team, please e-mail Chemyn Reaney.</p> <p>Those who would like to do a <b>short-term volunteer job</b> for service hours can help with <b>special projects, preparing animal diets, repair and construction jobs, grounds maintenance, office work, general cleaning, etc.</b></p> <p>To schedule service hours, please call Michelle Young at 469.364.0925. Minimum age: 18</p>
<p style="text-align: center;"><b>Jonathan’s Place</b></p> <p style="text-align: center;">Landon Cole 972-303-5303 lcole@kidnet.org</p> <p style="text-align: center;"><a href="http://www.jpkids.org">www.jpkids.org</a></p>	<p><b>Jonathan’s Place:</b> provides a safe place, loving homes, and promising futures for abused and neglected children, teens, and young adults. For the past 27 years Jonathan’s Place has cared for over 4,700 abused, abandoned and neglected children. They give them love, support, comfort and protection from adults that are their primary care giver. As we all know, parents should love, protect and care for their children. When that care is abusive in anyway, the child is brought to Jonathan’s Place.</p> <p>The emergency shelter, girls residential therapeutic program, foster care and adoption program, Safe Place</p>

**Jonathan's Place (cont.)**

and transitional living program are created to address the vital needs of children ages newborn to 18, who have no one to support their growth, development and transitions through life. Jonathan's Place is devoted to giving every child that comes through the doors a safe place, a loving home and a promising future by offering a continuum of care to abused children. Child abuse has no set time, date, season or reason. Jonathan's Place is open 24 hours a day, 365 days a year to children in crisis that need a home, food, clothing, medical care, safety and love.

Ongoing volunteer needs:

**Direct care volunteers** work directly with the staff in caring for the children. Depending on the time of day, that could be anything from helping to prepare meals, serving/feeding the younger kids, helping school-age children prepare for school or with homework, helping with night time routines or being a playmate. They like volunteers to feel comfortable working with an appropriate age group, and schedule your volunteer time around your schedule as much as they can.

There are opportunities for volunteers to help with **administrative tasks**.

Volunteers can also **provide meals**.

Volunteers can be involved through other avenues, such as, **organizing supply or food drives** taken from the *Wish/Needs List*, **coordinating a fundraiser**, working on various projects around the campus or in the **donation warehouse** or assisting with their many **events!** They are flexible, so be creative and let them know what you come up with.

The application process starts with an application, then background checks, FBI fingerprinting, TB test, volunteer orientation, and online trainings.

The Application should be downloaded from the website, ([www.jpkids.org](http://www.jpkids.org)), printed, and can be submitted in person, faxed, or emailed. Minimum age:18

↪ ↪  
**Jubilee Park & Community Center**

**Jubilee Park &**

Evelyn Amaya  
214.887.1364 x259  
Volunteer@jubileecenter.org

[www.jubileecenter.org](http://www.jubileecenter.org)  
[facebook.com/jubileecenterdallas](https://facebook.com/jubileecenterdallas)

Ongoing

School year

**Jubilee Park & Community Center:** The mission of Jubilee is to be a catalyst for community renewal and enrichment to the surrounding South Dallas/Fair Park neighborhood, with special emphasis on comprehensive, community revitalization and the education of children and adults.

**Jeanie's Place** – Assist the Early Head Start School with care and activities to infants and toddlers, ages newborn through three years old. The year round program asks volunteers to commit to one week, Monday through Friday between 9:00 a.m. and 3:30 p.m.

Reading at **David's Place** Head Start- volunteers are needed from 9-1 Mon-Fri.

Mentor and read with a student through **O.M. Roberts'** program, Book Buddies. The program is Mon-Fri from

<p style="text-align: center;"><b>Jubilee Center (cont.)</b></p> <p style="text-align: center;">Wednesdays and Fridays</p>	<p>8:30-2:30 with a time commitment of 30 minutes, twice a week, during the school year.</p> <p><b>After-School Program:</b> Volunteers in the Out of School Time (OST) Program serve as classroom assistants or tutors. Jubilee expanded the after school program to the local elementary school, O.M. Roberts. Volunteers and tutors are needed to help in this location in addition to the community center. The OST Program is at the Community Center (917 Bank Street) and O.M. Roberts Elementary School (4919 E. Grand) Monday –Friday (3:15pm – 6:15pm) during the DISD school year. Volunteers are asked to commit to at least 6 weeks or a semester. This is a great volunteer opportunity for high school students. Minimum age: 14</p> <p><b>Senior Lunch:</b> Volunteers assist with serving lunch to area senior citizens. This program is held every Wednesdays and Fridays from 11:30am – 1:00pm. Volunteers are asked to commit to assisting at least one day per week for a six- month commitment. Minimum age: 14</p> <p><b>Sports Program</b> – Jubilee’s youth athletics program is run through a partnership with the White Rock YMCA. The year round program includes soccer and basketball. Coaches and assistants are needed to help with practices and games. <b>Soccer coaches</b> are needed beginning September 18. <b>Basketball coaches</b> are needed for practices and games beginning in January</p> <p>Monthly and Special Events can be viewed on the website. Please contact Ovidia Amaya, Volunteer Coordinator at 214.887.1364 x259 or <a href="mailto:volunteer@jubileecenter.org">volunteer@jubileecenter.org</a>.</p>
<p style="text-align: center;"><b>Juliette Fowler Communities</b></p> <p style="text-align: center;">Volunteer Program <a href="mailto:volunteer@fowlercommunities.org">volunteer@fowlercommunities.org</a> 214.827.0813</p> <p style="text-align: center;"><a href="http://www.fowlercommunities.org">www.fowlercommunities.org</a></p>	<p><b>Juliette Fowler Communities:</b> Founded in 1892, Juliette Fowler Communities serves more than 500 seniors, children, youth and their families annually at its historic East Dallas location. Named for Dallas’ first female philanthropist, Juliette Peak Fowler, services include independent and assisted living, memory care, skilled nursing and rehabilitation, as well as foster care and a transitional living program for young women who have aged out of foster care (The Ebby House).</p> <p>Individuals and groups are welcome to bring their talents to Fowler. With multiple residential programs for older adults and youth, and 25 park-like acres to beautify, you can select a fulfilling volunteer opportunity that fits your schedule and preferences. Opportunities include:</p> <ul style="list-style-type: none"> <li>Entertain: concert, drama, poetry, dance</li> <li>Share your skills: swimming, yoga, computer, art</li> <li>Lead a discussion group: book review, current events</li> <li>Speak on a topic of choice: health, history, science</li> </ul>

	<p>Host a monthly birthday party or help with seasonal celebrations          Be a Grand Friend          Adopt a Garden          Paint Projects          Wash Windows</p> <p>Minimum age: 15, Under 15 must be accompanied by an adult.          All volunteers must complete a volunteer application and pass a; background check. Regular volunteers spending time with seniors must provide proof of a current flu shot and TB test.</p>
<p>↳ ↳</p> <p style="text-align: center;"><b>KERA</b></p> <p style="text-align: center;">Sharon Bradford          214.740.9224          volunteer@kera.org</p> <p style="text-align: center;">www.kera.org</p> <p style="text-align: right;">April 3-6          April 11-12</p>	<p><b>KERA:</b> Joining the KERA Volunteer Team is a great way to support North Texas Public Broadcasting, meet new people, and have fun! Explore and sign up for upcoming opportunities at <a href="http://www.kera.org/donate/volunteer">www.kera.org/donate/volunteer</a>.</p> <p>Minimum age: 18 for most opportunities, but qualified volunteers who are at least 16 years of age will be considered on a case-by-case basis.</p> <p><input type="checkbox"/> <b>MEMBERSHIP SERVICES</b></p> <p>Help steward the members who support KERA and KXT by volunteering in our Membership Services office.</p> <ul style="list-style-type: none"> <li>• Fold letters and stuff envelopes</li> <li>• Shifts are available Tuesday-Friday, between 9am-2pm</li> <li>• Opportunities can be one-time or ongoing</li> </ul> <p><input type="checkbox"/> <b>RADIO ON-AIR MEMBERSHIP CAMPAIGNS</b></p> <p>Help grow the community of members who support the programs and local news coverage on KERA FM – volunteer during a radio membership campaign.</p> <ul style="list-style-type: none"> <li>• Volunteers answer phones and take donations</li> <li>• Shifts are 7-11am and 3-7pm on weekdays, and 8am-12pm and 12-4pm on Saturdays</li> <li>• Group opportunities are available</li> <li>• Available dates are: April 3-6, 11-12</li> </ul>
<p>↳ ↳</p> <p style="text-align: center;"><b>Literacy Achieves</b>          Founded as Vickery Meadow Learning Center</p> <p style="text-align: center;">Lynette Williams Austin          214.265.5057x114          lwaustin@LiteracyAchieves.org</p> <p style="text-align: center;">www.LiteracyAchieves.org</p> <p style="text-align: center;">Spring semester: January 28-April 25          Summer Semester May-June</p>	<p><b>Literacy Achieves:</b> Dedicated to improving English literacy levels among non-English speaking adults and their young children, by providing programs in communication and life skills.</p> <p><b>Spring Semester:</b> January 28-April 25 (12weeks)          Volunteer to teach English to non-English speaking adults. Co-teach one two-hour class each week for 12 weeks in the morning (9:00-11:00am), afternoon (12:30-2:30pm) or evening (7:00-8:45pm) classes Monday through Thursday. Minimum age: 18</p> <p><b>Summer Semester</b> May-June          Contact Lynette Williams Austin to learn more and <b>register for the next volunteer orientations. See our website.</b></p> <p><b>Volunteer opportunities are available:</b>          Vickery Meadow Campus, 6329 Ridgecrest, Dallas, TX 75231          West Dallas Campus, 1018 Gallagher, Dallas, TX 75212          ELM East Dallas Campus, 629 N. Peak, Dallas, TX</p>

	<p>75246</p> <p><b>Additional volunteers needed for:</b> computer lab, photography, office help, tutoring, mentoring, substituting, registrations, recognitions and other special events.</p>
<p><b>Literacy Instruction for Texas (LIFT)</b></p> <p>Linda Johnson 214.824.2000x3202 Linda.johnson@lift-texas.org</p> <p>www.lift-texas.org</p> <p>Facebook: /LIFTDallas Twitter: @LIFTDallas Instagram: lift_dallas</p> <p><b>LIFT (cont.)</b></p>	<p><b>Literacy Instruction for Texas (LIFT)</b> is a nonprofit organization that helps adults reach their learning and career goals. In 1961, the National Council of Jewish Women (NCJW) Greater Dallas Section founded LIFT to address the rising illiteracy rate among adults in the Dallas area. Today, more than 2,000 adults are served annually by hundreds of adult volunteers. LIFT offers three adult literacy programs: Adult Basic Education (Basic Reading), High School Equivalency (GED) Prep, and English as a Second Language (ESL).</p> <p><b>How You Can Help</b></p> <p><b>Volunteer Teacher/Assistant (18 and over):</b> Volunteers needed to help teach and assist students. No prior teaching experience required. Volunteer Teachers must commit to a minimum of two hours per week for three months. Volunteer Teachers and Assistants must be 18 years or older.</p> <p><b>General Office/Administrative (16 and over):</b> Provide help with special projects (e.g. mailings) or routine office tasks such as data entry, filing, copying. General Office volunteers must be 16 years or older.</p> <p><b>Community Ambassador (All ages):</b> Volunteers needed to reach out to community groups, businesses and schools to inform them about LIFT's services and opportunities for involvement. We will teach you how to spread the word!</p> <p><b>Organize a book or supply drive (All ages):</b> Volunteers needed to help LIFT solicit supplies and books. Please contact LIFT to find out the names of needed books and supplies</p> <ul style="list-style-type: none"> <li>• Office/Administrative •</li> </ul> <p>Fundraising/Community Development Special Events/Workshops/Coaching</p>
<p>Anytime</p> <p><b>MADD (Mothers Against Drunk Driving) North Texas Affiliate</b></p> <p>Ara Grimaldo 214.637.0372x4825 Ara.grimaldo@madd.org</p> <p>www.madd.org/northtexas</p> <p>Chaz Moncriste Chaz.Moncriste@madd.org</p>	<p><b>MADD: Registration Takers Needed:</b> For Victim Impact Panels and Teen VIP evening classes. The panel is composed of 3-4 victims of drunk-driving crashes who speak to offenders sentenced to attend about the impact of the crash on their lives. Bilingual volunteers are helpful! This is a one-time or an ongoing opportunity. Proper ID required. Minimum age: 18</p> <p>Please go to the website to check times, locations and dates of classes or contact Chaz Moncriste, program coordinator for more information.</p> <p><b>Victim Impact Panels:</b> Volunteers can help with registration process. Please contact Ara for specific dates, times and locations.</p>

<p style="text-align: center;"><b>MADD (cont.)</b></p>	<p><b>Power of Youth presenters:</b> Volunteers can get trained to go out to schools and present on behalf of MADD. POY is a power point presentation that goes over the dangers of underage drinking. Minimum age: HS age</p> <p><b>Power of Parent presenters:</b> -Volunteers can get trained to do presentation to parents, educating them on the importance of speaking to their kids about underage drinking. Minimum age: 21+</p> <p><b>Booth Volunteer: Distribute</b> informational literature, including victim materials, bumper stickers and other pertinent materials at community events, fairs and conventions. Weekdays and/or weekends. Minimum age: 16, under 18 must be accompanied by adult and have parent or guardian sign a waiver.</p> <p><b>Graphic artist/Computer graphics</b> person needed to <b>design posters, brochures, mailings.</b> Minimum age: 16 and have parent or guardian sign a waiver.</p> <p><b>Hispanic Outreach:</b> Bilingual volunteers are needed to <b>develop educational programs</b> relevant to the Hispanic community, <b>translate</b> materials from English to Spanish and <b>public speaking.</b> Minimum age: 18</p>
<p style="text-align: center;">Ongoing</p> <p style="text-align: center;"><b>Manchester Place</b></p> <p style="text-align: center;">Dean Krasovitsky 214.682.1977 dean@manchesterliving.com</p> <p style="text-align: center;">www.manchesterplacecarehomes.com</p>	<p><b>Manchester Place:</b> Great volunteer opportunities for families and B'nai Mitzvah and/or scout projects at 4 residential assisted living facilities: 7109 Spring Valley, Dallas 75240 10754 St. Michael, Dallas, 75230 1438 Tranquilla, Dallas 75218 7701 Queensferry Lane, Dallas 75248. Volunteers can <b>assist with crafts, computer help for residents, bingo, music, games, conversation and more.</b> Flexible hours and adaptable for all ages.</p>
<p>↔ ↔</p> <p style="text-align: center;"><b>ManeGait Therapeutic Horsemanship</b></p> <p style="text-align: center;">Sarah Dobbins sdobbins@manegait.org 469.422.6376</p> <p style="text-align: center;">www.manegait.org</p>	<p>At <b>ManeGait Therapeutic Horsemanship</b> children and adults with disabilities move beyond their boundaries through the healing power of the horse and the dedication of a professional and caring community.</p> <p>ManeGait provides weekly therapeutic riding lessons to 135 adults and children with physical, emotional, cognitive, sensory and behavioral disabilities. Certified instructors lead the program with the assistance of 350 volunteers (per week) and 20 skilled therapy horses. Riding a horse provides a multi-dimensional movement pattern similar to the human gait. This motion influences the rider's body leading to increased flexibility, core strength, motor skills and intellectual functioning. What makes equine therapy unique is that it does not feel like traditional occupational, physical, or speech therapy to clients. Horseback riding is an exciting and rewarding sport, and ManeGait provides a fun, enriching, and supportive environment for riders to reach their potential.</p> <p>Minimum age: 14.</p>

<p style="text-align: center;">April 27th <b>ManeGait (cont.)</b></p>	<p>All volunteers who participate in lessons working with the horses and riders are <b>required to attend training</b>. They hold a training prior to the beginning of each session. <b>Email Sarah for the next scheduled training date.</b> If you are interested in volunteering, suggest you sign up early since volunteer spots fill up quickly. To volunteer at ManeGait, please complete a Volunteer Application at: <a href="https://formstack.io/034E1">https://formstack.io/034E1</a>. Or call Sarah Dobbins.</p> <p>They have Special Events throughout the year. Volunteers for these events do not need to have attended training.</p> <p>The 3<sup>rd</sup> Annual Country Fair will be held on Saturday, April 27<sup>th</sup>. Country Fair is their 2<sup>nd</sup> largest fundraiser of the year and they expect over 2,000 guests to visit ManeGait. Many volunteers are needed during the day to assist guests as they enjoy carnival games, bounce houses and other carnival activities.</p>
<p style="text-align: center;">Anytime <b>Metrocrest Services</b></p> <p style="text-align: center;">Brittni Coe Volunteer Manager 469.317.2541 <a href="mailto:bcoe@metrocrestservices.org">bcoe@metrocrestservices.org</a> <a href="http://www.metrocrestservices.org">www.metrocrestservices.org</a></p>	<p><b>Metrocrest Services:</b> Provides programs for individuals, families and seniors that lead to self-sufficiency and foster independence in Addison, Carrollton, Coppell, Farmers Branch and the portion of Dallas in Denton County. Individual and group projects include: <b>transportation; home delivered meals; food pantry; minor home repair; and seasonal programs, including Sack Summer Hunger and Back to School.</b> Limited opportunities for individuals under age 16; however, <b>families are encouraged to consider lunchtime meal delivery and seasonal programs.</b></p> <p><b>The Transportation program needs your help now!</b> The transportation program allows volunteers the opportunity to get to know the seniors and have a flexible schedule. Transportation is provided to seniors who live in Addison, Carrollton, Coppell or Farmers Branch and the portion of Dallas in Denton County for appointments or events in the area. The service is provided Monday through Friday from 9am to 4pm. <b>Some volunteers escort the senior into their appointment</b> and wait for them; however many times the volunteer can run errands while the senior is occupied. <b>Many transportation volunteers who work, drive the senior one way either to or from an appointment</b> and Metrocrest arranges the other one way ride. Transportation volunteers can choose the day of the week and a morning or afternoon schedule.</p> <p><b>Home Delivered Meals volunteers needed.</b> Meals are delivered to seniors Monday through Friday beginning at 11:00 am. Some volunteers deliver once a week. Others deliver once a month. You can choose the day of the week and the frequency that works best for you. An average route takes around 1 – 1 ½ hours.</p> <p>Help seniors remain independent in their own homes, by <b>helping with minor maintenance.</b> This can be a project for teens with adult supervision on the weekend as a family project.</p>

<p style="text-align: center;"><b>Metrocrest (cont.)</b></p>	<p><b>Food Pantry Volunteers Needed:</b> Food pantry volunteers assist clients in shopping our client choice food pantry. In between visitors volunteer help restock shelves. Shifts are available Monday – Friday either 8am-1pm or 12pm-5pm. Shift times can be adjusted if you are unable to attend the entire shift.</p> <p><b>Seasonal Volunteers Needed:</b> Seasonal volunteers assist with sorting, packing or distributing food or school supplies. Volunteers can sign up for one shift or multiple. Shifts are available weekdays, evenings, and weekends. Age restrictions vary depending on activity.</p> <p>Volunteers help to sort and prepare the bags of food, and produce for distribution, deliver the bags of food to clients, and help wrap up the program each Saturday when it ends by disassembling any undelivered or returned bags.</p> <p>A great opportunity to meet the members of the community you help by participating! Also a family friendly activity as children of all ages can assist with delivery groups as they bring the bags to the families. To assist in sorting or wrap up activities volunteers must be at least 13 years of age.</p> <p><b>Resale Store</b> Volunteers assist clients to shop in store, receive, unload and sort donation items received by the store. May involve lifting of items of 25 lbs. or more. Available Shifts: Monday – Saturday 9am-1pm, 1pm-5pm, or 5pm-7pm. Metrocrest Resale’s sales generate proceeds to support critical social services programs offered to the community. Store is located in the Bent Tree Plaza , 2661 Midway Rd. Suite 207 Carrollton, TX 75006</p> <p><b>To register as a volunteer</b> please complete an online application and attend a tour of the facility. To complete the online application please visit the website and click on Volunteer. Minimum age: 18, younger than 18 must be accompanied by adult.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Mosaic</b></p> <p style="text-align: center;">Julian Mensah 972.866.9989 julian.mensah@mosaicinfo.org</p> <p style="text-align: center;">www.mosaicindallas.org</p> <p style="text-align: center;">facebook.com/mosaicindallas</p>	<p><b>Mosaic:</b> Helps children and adults with intellectual and developmental disabilities reach their full potential and live as independently as possible.</p> <p><b>Weekend Volunteers</b> are needed in group homes in Richardson, Carrollton and Plano from 10am-7pm on Saturdays and from 1pm-6:30pm on Sundays. Volunteers are needed to be an extra pair of hands, to do arts &amp; crafts projects, gardening and other one on one and group activities. Must be 18 unless with an adult or group (with a signed Parental Permission Slip.)</p> <p><b>Weekday Volunteers</b> are needed in the Vocational Training Center located at 2245 Midway Road in</p>



<p style="text-align: center;"><b>Mosaic (cont.)</b></p>	<p>Carrollton. Volunteers are needed to assist with job training, arts and crafts, exercise and music classes and going out in the community. This opportunity is available Mon-Fri from 9am-3pm (in any 2 or more hour shifts). Must be 18 unless with an adult or group (with a signed Parental Permission Slip.)</p> <p><b>Landscaping Maintenance</b> is needed at the group homes in Carrollton, Richardson and Plano. Volunteers are needed to help with gardening, weeding, trimming bushes, cutting trees, cleaning gutters and raking leaves.</p> <p><b>Birthday Bash</b> – Join Mosaic and host a Birthday Bash for adults who have developmental disabilities. Location can be at Mosaic in Carrollton (during business hours), or at a location of your choice. Birthday Hosts provide refreshments and party games, music or dancing for approximately 30 people. Hosts are needed for 2018.</p> <p><b>Host a H.U.G.S Drive</b> – Host a drive to collect Hygiene items, Utility (cleaning) supplies, Get creative items (arts &amp; crafts) and Sheets (bedding &amp; towels) for the group homes.</p> <p><b>Eagle Scout or Girl Scout Project</b> – fence building and other projects are available for Scouts interested in projects to fulfill their requirements for Eagle Scout or Girl Scout badges.</p> <p><b>Join MAVS</b> – Share your voice. Advocate for Mosaic and individuals with intellectual disabilities by contacting local or federal legislators. Go to <a href="http://www.mosaicalliedvoices.org">www.mosaicalliedvoices.org</a> and click on “Sign Up Here” to join. For minimal time you will be making a MAXIMUM impact in the lives of those Mosaic serves and others throughout Texas and the U.S.</p>
<p style="text-align: center;">Ongoing</p> <p style="text-align: center;"><b>Mosaic Family Services</b></p> <p style="text-align: center;">Carolina Ramos 214.821.5393 <a href="mailto:volunteer@mosaiccservices.org">volunteer@mosaiccservices.org</a>  <a href="http://www.mosaiccservices.org">www.mosaiccservices.org</a></p>	<p><b>Mosaic Family Services:</b> a nonprofit community-based organization in Dallas that provides services free of charge to refugees and to immigrant victims of human trafficking and domestic violence. All volunteers must complete an application (available on the website), attend an orientation and pass a criminal background check. For additional information call or email. Minimum age: 18</p> <p>At the emergency shelter for women and children, volunteers are needed to <b>help in the children's program, teach classes</b> (ESL, finances, computer) to residents on a weekly basis, or do <b>maintenance projects</b>. At the main office, volunteers <b>assist case managers, aid fundraising</b> efforts and <b>special events</b>, or provide <b>clerical help</b>.</p>
<p style="text-align: center;"><b>The Network of Community Ministries</b></p> <p style="text-align: center;">Wendy Rivera 972.234.8880x126 <a href="mailto:wrivera@thenetwork.org">wrivera@thenetwork.org</a></p>	<p><b>The Network of Community Ministries</b> responds to human need by giving assistance with the goal of helping individuals achieve long-term independence. Network is in need of compassionate and dedicated volunteers that are willing to serve our neighbors in need. Opportunities are available for volunteers</p>

www.thenetwork.org

interested in serving on a weekly shift, for groups and organizations, and for individuals who have a little extra time to donate here and there. Network has an opportunity for volunteers at all different stages of life to assist in the program area that best matches their skills, personality, and passions.

**The Network (cont.)**

**Volunteer Orientation** (including a tour of the facilities and application process) is hosted at Network every Thursday at 4PM for interested individual volunteers. Orientation typically lasts around one hour and no appointments are required. If you are unable to attend or are interested in volunteering as a group, please call the Volunteer Coordinator at (972) 234-8880 ext.126 or email her at [wrivera@thenetwork.org](mailto:wrivera@thenetwork.org)  
Minimum age: 14 (with adult supervision) and 16 (without adult supervision).

**MAIN VOLUNTEER AREAS:**

**Volunteer Receptionist:** Are you great with people? Would you like to support an organization which helps people in need within the Community? Become a receptionist with Network of Community Ministries. Receptionists are the face of Network for clients. Volunteers in this area are critical to Network. They greet clients, make appointments and the first face seen when someone enters Network.

**Volunteer Interviewer:** Process incoming clients by conducting one-on- one interviews. Every person Network supports goes through an interview process before receiving assistance. Network is able to offer assistance and hope. Ideal candidates are comfortable interfacing directly with clients, discussing finances & using a computer to access & update client files.

**Food Room Volunteer:** Food Pantry Volunteers will assist clients through the selection process in the new Self-Select Food Pantry and assist in processing and sorting new donations. Network's Food Pantry support local families and seniors by providing food to their neighbors in need. Each month, Network provides families with approximately 40 to 50 thousand pounds of food and personal care items per person to combat food insecurity. Food is also provided to seniors on site and through home delivery.

**Clothing Closet Volunteer:** Network's Clothing Center provides free clothing to impoverished families for all adults and children residing in a household up to 4 times over a period of 12 months. Parents and children will have the opportunity to select their own free clothing. Whether it's for an interview, a new job or a new school outfit, clients are able find what they need. Volunteers in the clothing closet accept and sort donations, wash donated clothing, and assist families with finding and checking out their choices.

**Job Resource Center Assistant:** Assist the Job Counselor in providing career counseling and outreach to Network clients.

<p style="text-align: center;"><b>The Network (cont.)</b></p>	<p><b>Seniors' Net Volunteer:</b> Help seniors maintain their dignity and independence by volunteering with Seniors' Net. Volunteers process incoming clients by conducting one-on-one interviews, discuss Seniors' Net programs with clients, promote and refer other programs, accurately input client data, produce detailed work orders and refer clients to other agencies where possible.</p> <p><b>Volunteer Handyman/Handywoman:</b> The Network Handymen offer support &amp; assistance to older residents to help them maintain or improve their independence and quality of life. From cleaning gutters and changing light-bulbs to assisting with minor repairs around the property, the assistance the handymen provide help to local seniors to maintain their homes, and their dignity.</p> <p><b>Volunteer Driver:</b> Do you drive a SUV or a Truck? Would you like to help provide food for Families and Seniors in need? Become a food pickup driver for Network. Network has partnered with many local grocery stores and churches that donate food and personal care products to the food pantry. Volunteer drivers pick up donations from partner agencies and bring them to Network each week. This opportunity is an easy way to contribute to your neighbor's needs and support Network in the process.</p> <p><b>Data Entry/Administrative Support Volunteer:</b> Work with Network staff behind the scenes to support their neighbors in need. Assist with office work, data entry, special events, outreach, finance and more!</p> <p><b>Seasonal Volunteers:</b> Seasonal volunteers assist with the organization and implementation of all seasonal client programs (Toyland Express, Tools 4 School, Holiday Baskets, and the Tooth Fairy Project) and fundraisers on an as needed basis.</p> <p><b>Group Opportunities:</b> Network needs groups every week to help sort clothing, food and other donations coming in so they can continue to serve the low-income families and seniors in the community. Groups can volunteer any amount of time and can come in once, quarterly, monthly or weekly; whatever works best for you!</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>North Texas Food Bank</b></p> <p>To close the hunger gap in North Texas by providing access to nutritious meals.</p> <p style="text-align: center;"><a href="http://www.ntfb.org/volunteer">http://www.ntfb.org/volunteer</a></p> <p style="text-align: center;">Find them on Facebook: North Texas Food Bank</p>	<p><b>Create your own schedule</b></p> <ol style="list-style-type: none"> <li>1. <b>Visit</b> <a href="http://ntfb.volunteerhub.com/events/index">http://ntfb.volunteerhub.com/events/index</a></li> <li>2. <b>Register</b> as a volunteer.</li> <li>3. <b>Sign up</b> for an experience.</li> </ol> <p><b>Our Community Pantry:</b> Perfect for individuals and groups up to 10 people; age 16+. NTFB is serving South Dallas through "Our Community Pantry", a client-choice food pantry located near the Fair Park area. Interact with and assist families by helping with shopping, check out and stocking. Also, ask about the clerical opportunity</p>

Follow them on Twitter: @ntfb

**North Texas Food Bank (cont.)**

**Distribution Center: We moved!** Sort and pack food at the new Perot Family Campus in Plano! Perfect for individuals and groups up to 100 people; age 10+. Tuesdays - Saturdays: 9-11:30 a.m. and 1-3:30 p.m.

**Mobile Food Pantry:** Perfect for individuals and groups up to 15 people; age 16+. Join rain or shine as they work outdoors to feed families in need. Volunteers assist with crowd control, greeting clients, bagging food and cleaning up. Shifts are usually 3 hours long and take place in various locations across North Texas

**Nutrition Services:** Perfect for individuals and groups of various size; age requirements vary. Join the fight against hunger by teaching a Cooking Matters class, distributing food assistance materials, translating nutrition workshops or by helping a local garden.

**Special Events:** Perfect for individuals and groups of various sizes; age requirements vary. NTFB benefits from hundreds of community events every year. Volunteer needs vary and can include duties such as setting up, registration, bag check, crowd control, merchandise sales, manning a booth, refreshments, greeting guests, tear down, etc. Come and be part of the festivities.

**School Pantry:** Perfect for individuals and groups up to 10 people; age 16+. During the school year, they deliver shelf-stable food and produce to partner elementary schools on a monthly basis. Extra hands are needed to help carry 30-60 pounds of food to the cars of hungry families. Volunteers must pass a background check.

**Administrative Projects:** Perfect for individuals; age 16+. Help with mailings, database entry, courtesy calls and other clerical duties in their offices.

**Enter Jewish Family Service as your referral partner agency.**

**Volunteer time = credit for JFS**

Anytime

**Parkland Hospital  
(Dallas County's Public Hospital)**

Volunteer & Guest Services  
469.419.0808

Deira.lacy@phhs.org

www.ParklandHospital.com

**Volunteering at Parkland Hospital:** When you volunteer with Parkland Hospital, you become part of a team that's been providing valuable health services to Dallas County residents for more than a century. As a volunteer, your actions help meet their commitment to serve patients. Volunteering at Parkland is a rewarding opportunity that matches caring people with services that provide comfort to the patients and their families who come to Parkland. They enthusiastically welcome individuals of all backgrounds and abilities who wish to volunteer.

Minimum age: 16, 18 in some areas

**How Volunteers Help Parkland:** There are opportunities to volunteer in many different areas of the hospital. Volunteers provide important services, so they make every attempt to match interests, skills, and availability with hospital needs. You can volunteer in one of the following areas:

<p style="text-align: center;"><b>Parkland Hospital (cont.)</b></p>	<p>Hospital Support  Clinic Administrative Support  Greeters  Wayfinders  Staff Support  Community Support  Specialty Programs</p> <p><b>Applying to Volunteer:</b> For the safety of patients, all applicants will be asked to <b>submit an online application</b> and must meet certain qualifications. These qualifications include a background check, submission of personal references, and criminal background check. Prospective volunteers must also attend a hospital and department orientation. If you would like to volunteer at Parkland, please <b>visit the website at <a href="http://www.ParklandHospital.com">www.ParklandHospital.com</a></b>. Click the Get Involved tab and then the volunteer hyperlink to complete an online application.</p> <p><b>Donate New Items (handmade or purchased):</b> Slippers, pillows, quilts, robes, infant items, stuffed animals and dolls are always appreciated by patients. <b>Any item that has been used cannot be accepted.</b></p> <p><b>Prepare “Hygiene Kits” for Parkland’s Homeless and Indigent Patients:</b> Gather an assortment of sample size toiletry items, such as toothbrush, toothpaste, soap, shampoo, deodorant, lotion, etc. (no razors), and put in zipper bag. Minimum age: none</p>
<p style="text-align: center;">Ongoing as needed</p> <p style="text-align: center;"><b>Pebbles Apartments in Vickery-Meadow</b></p> <p style="text-align: center;">Nancy Lubar  214.718.8032  nlubar1@gmail.com</p>	<p><b>Help turn a bare apartment into a happy home for a homeless family.</b> Small groups are needed to <b>help set up homes for women and children</b> who have graduated from The Bridge (Dallas Homeless Center) into apartments near Park Lane and Greenville.</p> <p>This is a perfect opportunity for families and friends to volunteer together – <b>collecting needed items</b> such as lamps, pictures, kitchen utensils, pots and pans, bed sheets, comforters, towels and then using these items to make an apartment a comfortable home.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>PediPlace</b></p> <p style="text-align: center;">Shari K. Markey  469.322.3660  shari.markey@pediplace.org</p> <p style="text-align: center;">www.pediplace.org</p> <p style="text-align: center;">Lewisville Clinic:  502 South Old Orchard Lane, Suite 126  Lewisville, TX 75067</p> <p style="text-align: center;">Dallas Clinic:  Spring Creek Village  7989 Belt Line Road, Suite 120  Dallas, TX 75248</p>	<p><b>PediPlace</b> provides primary pediatric healthcare to Uninsured and Medicaid / CHIP eligible children throughout North Texas. Full-time, part-time and occasional volunteers are needed. Contact them to see how you can best help.  Minimum age for in-office activities is 16.</p> <p><b>Conduct a Drive for Wish List Items</b>  Help provide needed <b>new</b> items for our Clinics and Patients including children’s character band aids, diapers in any size, baby wipes, Children’s Motrin/Advil/Tylenol, and Pedialyte in any flavor.  Minimum age: none.</p> <p><b>Hygiene Bags:</b> Create hygiene bags for our young patients filled with: soap, shampoo, toothbrush, toothpaste; and for our teens filled with: soap, shampoo, toothbrush, toothpaste, deodorant, and</p>

	<p>safety razor. Minimum age none.</p> <p><b>Conduct a New Book Drive:</b> New books for children Age: birth to 5 years are needed. Great opportunity For families, children, and groups. Minimum age: none.</p> <p><b>Gifts of Health – Volunteer Medical Professionals Needed:</b> Pediatricians, Nurse Practitioners and trained Medical Assistants are always needed at PediPlace to supplement their ability to maximize quality care. Scheduled or on-call volunteers are both welcome.</p>
<p>Ongoing</p> <p><b>Perot Museum of Nature &amp; Science</b></p> <p>Volunteer Services 214.756.5776 volunteers@perotmuseum.org</p> <p>www.perotmuseum.org</p> <p>Summer</p>	<p>Volunteers of the Perot Museum of Nature and Science inspire minds through nature and science.</p> <p>Ongoing: There are a wide variety of daily volunteer positions available at the Museum including greeters, wayfinding, exhibit hall hosts, and administration. Special opportunities include facilitating science-themed activities at events and programs. Minimum Age: 18 +</p> <p>Summer: <b>Discovery Corps</b> is a teen summer volunteer program. Participants assist our educators in Discovery Camps, volunteer in the Museum exhibit halls and work together to complete a group project to engage visitors with nature and science in the Museum exhibit halls. Priority placement will be given to those applicants who apply and are accepted early on. Applications are online and open November 2018. <b>Final deadline</b> for all applications and documents is <b>April 12<sup>th</sup>, 2019</b>. Minimum Age: 14</p> <p>Ongoing: Opportunities are available for groups, clubs or organizations of six or more individuals to volunteer together in fun interactive assignments throughout the museum both weekdays and weekends. Groups can also schedule recurring volunteer dates. Minimum Age: 14</p> <p>Please go <a href="https://www.perotmuseum.org/join-and-give/volunteer/index.html">https://www.perotmuseum.org/join-and-give/volunteer/index.html</a> for information regarding all our volunteer opportunities and application instructions.</p>
<p>Anytime</p> <p><b>Plano Children’s Medical Clinic</b></p> <p>Teri Johnson 940.293.6009 tjohnson@healthntx.org</p>	<p><b>Plano Children’s Medical Clinic:</b> Provides medical care for children in Collin County who have no medical insurance or are on Medicaid.</p> <p><b>Volunteers Needed</b> at the following location that are willing to go through a background check and volunteer 5 hours each week <b>greeting patients</b> at this site from 9am to 1pm. (multiple opportunities) Health Services of North Texas, Collin County Center 2540 K Avenue Suite #500, Plano, TX 75074</p> <p><b>Organize a collection</b> of items needed for the children at the clinic: Pedialyte, Children's Tylenol or Motrin, over</p>

<p style="text-align: center;"><b>Plano Children’s Medical Clinic (cont.)</b></p>	<p>the counter cold and allergy medications, saline nose spray, digital thermometers, toiletry items, bottles, Sippy cups, formula, children’s underwear, socks and new clothing items.</p> <p><b>Great Bar/Bat Mitzvah, scout troop or school project.</b>  <b>Collect, assemble and deliver</b> any of the following to the clinic:  <b>New Baby Bag:</b> A bag to give to new parents which would include baby shampoo, lotion, baby wash, baby oil, baby wipes, bib, newborn outfit, onesie or baby gown, bottle, pacifier, and small baby toy (such as a rattle, or soft toy).</p> <p><b>Birthday Bag:</b> A birthday bag is given to children who come to the clinic that are celebrating a birthday. In the bag is: An aluminum disposable cake pan, cake mix, cake frosting, candles, birthday plates, napkins, Kool-Aid or Crystal Light, small birthday gift (toy car, Barbie, book or game). Place all of the goodies in a birthday gift bag</p>
<p style="text-align: center;"><b>Poiema Foundation</b></p> <p style="text-align: center;">Rebecca Jowers  Executive Director  214-536-6366  rebecca@poiemafoundation.org    www.poiemafoundation.org</p>	<p><b>The Poiema Foundation</b> is a 501(c)3 nonprofit organization that exists to educate and raise awareness in order to prevent sexual abuse, sex trafficking and other forms of sexual exploitation. They also work directly with survivors to help facilitate their journey to healing by providing for their physical, psychological, emotional and spiritual needs. This is done through providing a safe place where these victims receive unconditional love and trauma informed care.</p> <p>There are different ways you can serve and volunteer. Opportunities are ongoing.</p> <p><b>Court Presence</b>  <b>Victim Witness Waiting Room Support:</b> Each month Poiema supplies individually packaged snacks for the Victim’s Room at the Frank Crowley Courthouse in Dallas. Volunteers seek donations, gather them, and deliver them to the room once a month.</p> <p><b>Silent Court Advocacy:</b> When requested by the task force, Poiema volunteers attend the trials of perpetrators as part of the public gallery to quietly pray for the children as they give their testimonies. Defendants sometimes incorporate intimidation tactics by filling the courtroom gallery with their supporters. Because family members are often called to testify as well, they cannot be present during the child’s appearance; our presence on the child’s behalf is often the only visible support they have while they face their perpetrator.</p> <p><b>Community Awareness</b>  <b>Outreach:</b> Educating the public about human trafficking is essential to ending modern day slavery. Each month multiple teams of trained volunteers distribute posters of missing minors known or suspected of being in the area to hotels, bus stations, first responders, and local</p>

**Poiema Foundation (cont.)**

businesses in high risk locations throughout Dallas and the surrounding cities.

**Intel Data Entry:** These volunteers enter information, such as vehicle makes and models, gathered by the data collectors during Saturday outreaches. Information like this is used to help private investigators and detectives track perpetrators and find their victims. These tasks can be performed from home at a volunteer's convenience.

**Internet Surveillance (females only):** The Poiema Foundation closely partners with 4theONE Foundation in internet surveillance. Information that is collected on outreach and entered by the data entry team is used by volunteers trained by 4theOne to perform in-depth data collecting using internet searches and social media.

**Direct Care**

**Safe House Support:** The success of their safe house programs and services is largely dependent on support provided by caring volunteers. This ministry offers both long and short term opportunities for service in areas such as home maintenance, life skills, mentoring programs, and educational opportunities.

**Pen Pal:** Survivors of trafficking need plenty of encouragement and recognition of progress. Letters filled with truth, comfort, scriptures and unconditional love can mean the world to those who are trying to rebuild their lives.

**Call Center (females only):** The call center is a ministry to people who are actively being advertised for sexual services in the local area. Members call advertisements posted on the internet in hopes of building a relationship with the person on the other end of the phone line. Prayer, referral to resources to help their current situation, and encouragement to seek healing in a long-term restorative program are a few examples of conversations you may have. This ministry does not discriminate against any person whether man, woman, minor, LGBTQ, rich, poor, exploited, or exploiter.

**Operations**

**Administrative and Event:** Volunteers assist in a wide variety of technical, IT, clerical and customer service duties such as the production of marketing materials, general office tasks, and data maintenance. Volunteers can also be of great service for speaking presentations by providing speaker companionship and transportation, onsite IT collaboration, information table management, and/or answering ministry-related questions from people in attendance.

**Fundraising:** Fundraising is, first and foremost, a form of ministry. It is a way of announcing our vision and providing an opportunity for other people to participate with us in our mission. This team of volunteers is gifted



	<p>and passionate about raising money to help us sustain our Safe House and Victim Care ministries.</p> <p>Please see website for specific requirements for each volunteer opportunity and to apply. You can email to <a href="mailto:volunteer@poiemafoundation.org">volunteer@poiemafoundation.org</a> for additional information.</p> <p><b>Must be 18 years or older to volunteer</b> They have had minors volunteer with adult supervision for the Outreach, Safe House, Fundraising and administrative volunteer opportunities.</p>
<p>↪ ↪</p> <p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Prism Health North Texas</b></p> <p style="text-align: center;">Charley Ford 214.521.5191x3396 <a href="mailto:volunteer@prismntx.org">volunteer@prismntx.org</a></p> <p style="text-align: center;"><a href="http://www.prismhealthntx.org">www.prismhealthntx.org</a> <a href="http://www.lifewalk.org">www.lifewalk.org</a></p>	<p>Since 1986, <b>Prism Health North Texas</b> (formerly AIDS Arms) has worked to improve the lives and health of those with HIV or AIDS in North Texas. Prism Health North Texas, with the partnership of the North Texas community, provides medical care, testing, prevention efforts, case management, outreach &amp; education, research, HIV empowerment, behavioral health, and health insurance assistance.</p> <p>Volunteers serve in a variety of capacities at Prism Health North Texas &amp; are a critical partner in serving North Texas' health needs.</p> <p><b>Event support:</b> event support volunteers assist on evening &amp; weekend events for the Red Ribbon Society, special Agency events, etc.</p> <p><b>Marketing &amp; Development:</b> work with the marketing, communications, and development team. Most opportunities with this team occur M-F 8:30-5pm. Special projects at the volunteer's suggestion are possible. Please contact the volunteer coordinator for more information.</p> <p><b>Food &amp; Clothing Drives:</b> many clients are without the basic necessities of life. One of their services is a clothing closet which hosts household basics, basic hygiene products, and clothing which are free to clients and patients. Also, they work with individuals who are homeless and offer "snack packs" to them.</p> <p>Interested in any of these? Contact the Volunteer Coordinator at <a href="mailto:volunteer@prismntx.org">volunteer@prismntx.org</a> for more detailed information</p>
<p>↪ ↪</p> <p style="text-align: center;"><b>Promise House, Inc.</b></p> <p style="text-align: center;">Tiffany L. Ollie Volunteer Manager 214.941.8578x248 <a href="mailto:tiffany.ollie@promisehouse.org">tiffany.ollie@promisehouse.org</a></p> <p style="text-align: center;"><a href="http://www.promisehouse.org">www.promisehouse.org</a></p>	<p><b>Promise House</b> moves youth in crisis toward safety and success! Their programs cover the vital needs of teens, including emergency shelter, transitional living, pregnant teen services, individual group and family counseling, street outreach and educational intervention. Youth ages range from 6 - 21.</p> <p><b>Organize a Drive:</b> You and your group of friends, family or co-workers can host a donation drive to help the youth at Promise House. Sometimes the youth enter the program with little to nothing. To meet the resident/client needs, they rely on the In-Kind Donations from individuals and/or organizations. You can set-up a drive</p>

	<p>at your workplace, church or social group to help collect items. To host an In-Kind Donation Drive and to receive a Wish List, please contact the Volunteer Manager. Minimum age: None</p>
<p>School year (mid Sept.-mid May)</p> <p><b>Reading Partners North Texas</b></p> <p>Amber Martin 214.821.4500 amber.martin@readingpartners.org www.readingpartners.org/volunteer</p> <p><b>Reading Partners (cont.)</b></p>	<p><b>Reading Partners</b> is a national education nonprofit organization that partners with Title 1 public and charter elementary schools to provide a proven literacy intervention model to students who are reading one month to two-and-a-half years below grade level.</p> <p>At each school site, Reading Partners transforms a space within the school into a Reading Center and recruits and trains community volunteers to tutor students, using a highly structured, research-based curriculum. No formal teaching experience is required. Training and support is provided and volunteers work with the same student for as little as one hour a week. Tutoring occurs September – May, typically during school hours.</p> <p>All tutors must attend a volunteer orientation and pass a school district background check. Sign up online at: <a href="http://readingpartners.org/location/north-texas">readingpartners.org/location/north-texas</a>, Call 214.821.4500, or email <a href="mailto:volunteerntx@readingpartners.org">volunteerntx@readingpartners.org</a>. Minimum age: 14</p>
<p><b>Refugee Services of Texas- Dallas</b></p> <p>Jacqueline Buzas jbuzas@rstx.org 469.778.3139 dallas@rstx.org www.rstx.org/dallas</p>	<p><b>Refugee Services of Texas-Dallas:</b> Founded in 1978, is a social service agency dedicated to resettling and providing services to refugees and other displaced persons fleeing persecution based on race, religion, nationality, membership of a particular social group, and/or political opinion. RST has successfully resettled more than 15,000 refugees since its inception. Through the agency's home office in Dallas, RST provides services to refugees, asylees, and survivors of human trafficking from over thirty different countries of origin with service centers in Fort Worth, Austin, Amarillo, Dallas, and Houston. The majority of RST's clientele come from Burma, Bhutan, Iraq, Cuba, The Democratic Republic of Congo (DRC), Eritrea, and Somalia. The agency partners with volunteers, faith-based communities, social service groups, and businesses to provide clients with employment assistance, initial housing, household goods and furniture, case management, resources, referrals, education, and guidance to assist in establishing self-sufficient lives in Texas.</p> <p><b>Airport Pickup:</b> Make a difference and provide a newly arriving refugee with a huge Texas welcome. Volunteers will <b>greet refugee families at the airport and help transport them home to their new apartment!</b> Once at the apartment volunteers will have the opportunity to give a brief home orientation, and even provide a hot meal if they want. *Interpretation will be provided* <b>Average Time:</b> 3-4 hours, Monday-Saturday</p>

Refugee Services of Texas (cont.)

**Apartment Setup Hero:** Volunteers will **shop with a prepaid Walmart card** to get all of the groceries and household items for one of the incoming families. They will then work to **place all items in the family's new apartment** to help make their house a beautiful, welcoming home! **Average Time:** 2-4 hours, Monday-Saturday

**Childcare Assistant:** 1-3 volunteers needed who can assist on a regular basis to help with childcare for the mothers enrolled in ESL classes. Volunteers will **oversee, teach and play with children** while their mothers learn next door. **Average time:** 3 hours a day, 1-3 times/week. Every Monday, Tuesday and/or Wednesday from 9am-12 pm

**Refugee Mentor:** If you are interested in helping refugees/refugee families adjust to their new life here in America, please consider becoming a Mentor! **Mentors serve as teachers, guides, advocates and most importantly friends.** Volunteers will help each refugee set small goals to ease the journey to successful integration and then work to achieve them. The hope is that refugees will reach self-sufficiency as quickly as possible with the help of community member support.

**Adults/Families: Average Time:** 3-6 months, 4 hours a month, preferably once a week. Flexible based on the schedule of the volunteer.

**Youth: Average Time:** 1 year, 8 hours a month. Flexible based on the schedule of the volunteer

**Volunteer Interpreters:** Looking for volunteer interpreters to **help with client services, outings, and phone calls.** All volunteers must be 18 years of age or older and have an intermediate understanding of the language. Currently in need of the following: **Spanish, Arabic, Nepali, Rohingya, Burmese, Pashto, Urdu, Dari, : Kinyarwanda, Kinyamulenge, Farsi, French, Chin, Karen, Somali, Tigrinya, and Amharic.**

**Average Time:** Flexible, depending on need. Volunteers would be on call and have the chance to accept or decline any opportunity.

**Case Aides:** Volunteers needed who can works alongside Case Managers in connecting refugees with valuable community resources. Volunteers will get to learn the ins and outs of refugee resettlement and foster special connections with families and staff while doing it! **Transportation and valid driver's license and insurance required. Average Time:** 4 hours a day, 1-3 times a week.

**All volunteers must be 18 years or older and will need to fill out an online application at [rstx.org](http://rstx.org), and attend a volunteer orientation/training sessions.**

Anytime

**Resource Center**  
(formerly Aids Resource Center)

Deborah Cavazos

**Nutrition Services:** The Nutrition Center (Food Pantry) and Hot Meals are the two most utilized services at RC, and volunteers are vital to the successful operation of both. Volunteers in Nutrition Services are trained and used in both programs, so flexibility is important. Location: 2701 Reagan St Dallas, TX 75219

<p>214.528.0144x1007 DCavazos@myresourcecenter.org</p> <p>www.resourcecenterdallas.org</p> <p><b>Resource Center (cont.)</b></p>	<p>Contact: Juan DeAvila, 214.918.3695, jdeavila@myresourcecenter.org</p> <p><b>Nutrition Center (Food Pantry):</b> Volunteers assist with stocking shelves, pickups and deliveries, maintaining a clean storage and shopping area, and performing various tasks as needed. The ability to lift 10-15 lbs. is important. A shift is typically four to five hours a day depending on the number of shoppers and food delivery schedules. Volunteers must wear clothing appropriate for lifting and carrying: closed-toe shoes, T-shirt, and jeans or walking shorts. Hours: Monday, 8:30am–6pm, Tuesday–Friday, 8:30am–2:30pm Please know they can accommodate <b>groups up to 12 volunteers</b> divided between two areas, food bank and hot meals. Volunteers must be 18 years or older</p>
<p><b>Richardson Adult Literacy Center</b></p> <p>Sara Bramlett 972.644.5119 volunteer@ralc.org</p> <p>www.ralc.org</p> <p>Sept –Mid-Dec. (Training Mid-August) February – Mid-May (Training Early January)</p>	<p><b>Richardson Adult Literacy Center</b> transforms lives by providing English as a Second Language instruction to adults in the community through trained volunteers. By learning English these adults are able to obtain better jobs, participate more in their children’s education and become more engaged in the community.</p> <p><b>Teach:</b> Help non-English speaking adults learn English. Minimum commitment is 2 hours, 1 day/week, mornings, afternoons or evenings, for 10-15 weeks (depending on the program). <b>No experience is required, no need to speak a language other than English.</b> Training, curriculum, materials and mentoring are provided. Minimum age: 18 years.</p> <p><b>Additional volunteer opportunities</b> include office volunteers and special event volunteers. Volunteering takes place in the Richardson/Richardson ISD geographic area. (“ESL for Adults” classes are held at the Richardson Public Library, Audelia Road Library and Richardson High School. “ESL for Parents” classes are held at various RISD schools.)</p>
<p>Monday-Saturday</p> <p><b>Riding Unlimited</b></p> <p>Pat Dellemann, Director 940.479.2016 equineride@embarqmail.com or Carrie Mahan 940.479.2016 Volunteer@ridingunlimited.org</p> <p>www.ridingunlimited.org</p>	<p><b>Riding Unlimited:</b> Located in Denton County, Riding Unlimited provides therapeutic horseback riding to the disabled as a unique form of therapy and now offers physical therapy on horseback known as hippo therapy. Classes are: Hippo therapy on Monday 8:00am-5pm, Therapeutic Horsemanship: Tuesdays: 10am and 5:15pm, Wednesdays: 10am and 5pm, Thursdays: 5pm and 6:15pm, Saturdays: 9am-noon</p> <p>Volunteers <b>assist disabled riders learn horsemanship skills</b> during the therapeutic riding lesson. <b>Hippo Therapy</b> volunteers provide support at the direction of the physical therapist. <b>No previous experience required, required training is provided.</b> <b>Horse handlers</b> work directly with the horse before, during and after the riding lesson. <b>Side walkers</b> assist the rider by walking beside the horse and rider to provide either physical or verbal support. The instructor will direct volunteers as to which type of support the</p>

**Riding Unlimited (cont.)**

rider needs. Each class is one hour and meets once a week. Volunteers working with riders must be 14 or older. Volunteers 11, 12, and 13 are allowed to help **groom and tack the horses, assist with stable management, and clean tack.**

**Mandatory orientation/training is required.** Please email for additional information, directions or to sign up for training. **You do not have to work in all the classes, you are assigned to a team according to your schedule.**

**Volunteer training is ongoing.** Please call or email the Volunteer Coordinator Carrie Mahan to arrange a date and time.

Classes are held Mondays - Saturdays. Call and volunteer for a specific schedule. Minimum age: 14+ (11 for Jr. Volunteer) **Volunteer training is mandatory.**

Currently **seeking volunteers** for: Side walkers, horse handlers, fundraising, grant writing, and ranch projects.

**Class volunteers:** ongoing

**Grant writing team:** Will work under the direction of the grant writer performing various support tasks. It can be done from a remote location.

**Fundraising:** work with committee chair on fundraiser held in October annually.

**Development Committee:** Meetings will be held once a month. Some will be by conference call only.

**Board Members:** Meetings are held once a month at the Ranch.

**Social Media Support:** work with webmaster, ongoing development.

Please contact Pat by email or phone if interested in any of the above.

**Ronald McDonald House of Dallas**

Hannah Hopkins  
214.624.5358  
hhopkins@rmhdallas.org

www.rmhdallas.org

Juliet Siddons  
214.624.5357  
jsiddons@rmhdallas.org

**Ronald McDonald House** serves and sustains families when serious illness or injury strikes the most cherished part of their lives, their children.

**Community Volunteers:** Monday through Sunday, 6am - 9pm (3 hour shift increments/weekly and needed in various areas of the House, i.e., **kitchen, front desk and administrative**) for additional information please contact: Juliet Siddons at 214.624.5357. Minimum age: 18

**Meals That Heal Cooking Program Volunteers:**

Groups of 12 individuals or less **prepare a meal** for families at The Ronald McDonald House of Dallas. Groups are responsible for **menu selection, purchasing the groceries, preparing the meal, serving the meal** to families and **clean up** after the meal. For additional information please contact Hannah Hopkins. Minimum age: 15

**Hosting activities for families** such as Bingo, Movie, or Ice Cream Socials and Craft projects. Most activities last 1-1 ½ hours and always end by 8:30pm. These activities are appropriate for small groups (no more than

<p style="text-align: center;"><b>Ronald McDonald House (cont.)</b></p>	<p>10), families, and friends. Please contact Ms. Hopkins for specific guidelines for each activity.  Minimum age: 15, Individuals under the age of 18 must be accompanied by a parent. Volunteers must be at least 15 years old or older to volunteer for the Meals That Heal Cooking Program or Family Activities.</p> <p><b>Wish List Items Needed For Families:</b>  Toilet paper, paper towels, paper plates, paper bowls, cups, individually packaged snacks, bottled water, travel size toiletries, Keurig Coffee Cups (Regular, Decaf and Assorted Flavors), gift cards (i.e., Wal-Mart, Target, Starbucks, Restaurants, Fast Food Restaurants, Gas Stations, AMC Movies, Entertainment Venues, Kroger's and grocery stores Minimum age: None).</p> <p><b>Ticket Donations</b> – i.e., professional sporting events, Broadway shows/musicals, symphony/opera, concerts, museums, Six Flags tickets, fair tickets, circus tickets, concert tickets, etc.  For an updated listing of wish list items needed please visit the website at <a href="http://www.rmhdallas.org">www.rmhdallas.org</a> or contact Ms. Hopkins.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Sole Hope</b></p> <p style="text-align: center;">Amy Cates, Director of Development  855.516.4673  <a href="mailto:amy@solehope.org">amy@solehope.org</a></p> <p style="text-align: center;"><a href="http://www.solehope.org">www.solehope.org</a></p>	<p><b>Sole Hope</b> is a US-based non-profit working in Uganda, Africa with vulnerable communities affected by a parasitic sandflea commonly referred to as jiggers. Those suffering from both the stigma of jiggers and the damaging physical effects of jiggers are offered HOPE, healthier lives, and freedom from foot-related diseases through Sole Hope's holistic approach.</p> <p>Volunteers can join in the efforts throughout the year in a variety of ways. Hands-on opportunities like the Shoe Party and Care Kit Party options provide tangible ways to serve others. Shoe Parties can be hosted with ages fifth grade and up, and Care Kit Parties are great for all ages. Some supplies are required at a small expense for each party option. For a full list of ways to get involved, visit <a href="http://www.solehope.org/get-involved">www.solehope.org/get-involved</a>. All options are available online.</p> <p>For questions, contact <a href="mailto:amy@solehope.org">amy@solehope.org</a></p>
<p style="text-align: center;"><b>Special Olympics Texas</b></p> <p style="text-align: center;">Alex Hubbard  214.943.9981  <a href="mailto:Ahubbard@sotx.org">Ahubbard@sotx.org</a></p> <p>Check the following for more information &amp; events  Greater Dallas (Area 10) website  <a href="http://www.sotx.org/about/areas/area-10">http://www.sotx.org/about/areas/area-10</a></p> <p>Facebook: <a href="https://www.facebook.com/SOTX10">facebook.com/SOTX10</a></p> <p>Twitter: <a href="https://twitter.com/sotexas">https://twitter.com/sotexas</a></p>	<p><b>Special Olympics Texas</b> offers individuals with intellectual disabilities year round opportunities to participate in Olympic type sports. There are various volunteer opportunities in the Greater Dallas Area that are community based and area wide. The Area Office is currently seeking volunteers to serve as:</p> <ul style="list-style-type: none"> <li>- Day of Event Competition Support</li> <li>- Fundraisers</li> <li>- Medical Personnel/First Aid</li> <li>- Sport Officials/Referees</li> <li>- Souvenir Support</li> <li>- Office Volunteers/Data Entry</li> <li>- Volunteer Coordinators</li> </ul> <p>Please visit the online <b>volunteer registration page</b> for all opportunities open to public volunteering:</p>

	<p><a href="http://www.eventbrite.com/o/sotx-greater-dallas-area-10-123992917">http://www.eventbrite.com/o/sotx-greater-dallas-area-10-123992917</a></p> <p>You can also find <b>additional opportunities</b> at the Special Olympics Texas Greater Dallas @ <a href="http://www.sotx.org/about/areas/area-10">http://www.sotx.org/about/areas/area-10</a></p> <p>Please contact Alex Hubbard, Program Associate for additional inquiries or information about volunteer opportunities at <a href="mailto:Ahubbard@sotx.org">Ahubbard@sotx.org</a> or 214.943.9981.</p>
<p>↩ ↪</p> <p><b>Texas Trees Foundation</b></p> <p>Marc Beadoing 682.238.5620 <a href="mailto:marc@texastrees.org">marc@texastrees.org</a></p> <p><a href="http://www.texastrees.org">www.texastrees.org</a></p> <p><b>Texas Trees (cont.)</b></p>	<p><b>Texas Trees Foundation</b> is dedicated to greening North Central Texas. Join and learn how to plant, transplant, prune, and weed trees. This is a great opportunity for families, friends, youth groups, and scouts to learn about trees and their importance to the environment. Volunteer listings can be found at <a href="http://www.texastrees.org/volunteer">www.texastrees.org/volunteer</a></p> <p>Contact Marc Beadoing to register your group today. Texas Trees Foundation is very accommodating to your schedule (except <b>no Sundays</b>). Become a Tree Tender today!</p> <p>The TXU Energy Urban Tree Farm &amp; Education Center is located on Richland College Campus, The Tree Farm hosts one monthly “<b>Tree Tender</b>” day on the 3<sup>rd</sup> Saturday of every month 9am-11:30am and many other projects throughout the year. Following are some upcoming dates:</p> <p>TreeTender Volunteer Days (3<sup>rd</sup> Saturday of every month) 9:00 AM – 11:30 AM January 19<sup>th</sup> February 16th March 16th April 20th May 18<sup>th</sup></p> <p>Location: TXU Energy Urban Tree Farm and Education Center (Richland College Campus) 12800 Abrams Rd., Dallas 75243 (“C” parking lot).</p> <p>Cedar Crest Tree Plantings Phase V Date and Times TBD* Phase VI Date and Times TBD*</p> <p>Jubilee Park TBD*</p> <p>Cool Schools Bench and Tree Installations Boude Storey Middle School TBD** Tom C. Gooch TBD** C.A. Tatum TBD** SS Conner TBD**</p> <p>*Please check <a href="http://www.texastrees.org/volunteer">www.texastrees.org/volunteer</a> for updates on Date and Time for these events. **(Volunteer groups only. Must coordinate with Marc Beadoing)</p>

	<p>Check the website for updated listings  <a href="http://www.texas-trees.org/volunteer">www.texas-trees.org/volunteer</a></p> <p>Volunteers will learn the following tree related skills: pruning, plant aftercare, watering requirements, tree identification, nursery management, native tree species, why trees are important, and other tree related knowledge.</p> <p>Please wear something you don't mind getting dirty, wear closed-toe shoes, and bring gardening gloves, water bottles, sunscreen, a light snack, and a hat. Minimum age: 14. Younger than 14 must be accompanied by an adult.</p>
<p>Anytime year round</p> <p><b>The Bridge Homeless Recovery Center</b></p> <p>Angela Frear  214.670.1138  <a href="mailto:volunteer@bridgenorthtexas.org">volunteer@bridgenorthtexas.org</a></p> <p><a href="http://www.bridgenorthtexas.org">www.bridgenorthtexas.org</a></p> <p><b>The Bridge (cont.)</b></p>	<p><b>The Bridge:</b> The Bridge's purpose is to <b>end adult long-term homelessness</b> in Dallas and the surrounding region by developing, coordinating and/or delivering:</p> <ul style="list-style-type: none"> <li>Outreach/intake services</li> <li>Jail diversion/reentry services</li> <li>Emergency shelter/transitional shelter services</li> <li>Primary health care/behavioral health services</li> <li>Recreational/educational services</li> <li>Employment income/supported employment income/disability income services</li> <li>Affordable housing/supportive housing services.</li> </ul> <p><b>Volunteers are needed year round for: Library:</b> Help guests use the computers, check out donated library books, read newspapers, and use this relaxing space. Minimum age: 18.</p>
<p>Available year round</p> <p><b>The Dallas Zoo and Children's Aquarium at Fair Park</b></p> <p>Engaging People &amp; Saving Wildlife</p> <p>Tracy Gardner  469.554.7452  <a href="mailto:volunteers@dallaszoo.com">volunteers@dallaszoo.com</a></p> <p><a href="http://www.dallaszoo.com">www.dallaszoo.com</a></p>	<p>Live your passion for animals and the natural world by volunteering at the Dallas Zoo and the Children's Aquarium at Fair Park. At the Dallas Zoo and Children's Aquarium you'll enjoy being part of the behind-the-scenes work while making a real contribution.</p> <p>Volunteers assist with helping care for the animal and plant collections, educating visitors of all ages, and with our conservation action teams. Volunteers are valued members of the Zoo and Aquarium team, generously contributing over 77,000 service hours each year! People from all walks of life are welcome! Prior zoo or aquarium experience isn't necessary. Minimum age: 18 and will need proof of a current negative tuberculosis test.</p> <p>To become a volunteer at the Dallas Zoo or The Dallas Aquarium at Fair Park, please contact the Dallas Zoo Volunteer Services Department:  <a href="mailto:volunteers@dallaszoo.com">volunteers@dallaszoo.com</a> or 469.554.7579</p> <p><b>Adult Opportunities</b>  <b>Zoo / Aquarium Ambassadors:</b> Dedicated to educating guests about animals, natural history, wildlife conservation, and new happenings at the Dallas Zoo and Children's Aquarium. They serve as interpretive guides in stations throughout the Zoo, including the Jake L. Hamon Gorilla Conservation Research Station, the Giants of the Savanna Base Camp, as well as the</p>



<p style="text-align: center;"><b>Dallas Zoo (cont.)</b></p>	<p>Children’s Aquarium at Fair Park. This placement is ideal for people who love to learn, have good verbal communication skills, and enjoy interacting with diverse audiences.</p> <p><b>Special Event Volunteers:</b> Staff a wide variety of events held at the Zoo and Aquarium throughout the year. They provide hospitality and information, staff games and activities for children and may assist with set-up or preparation work. This placement is ideal requires enthusiasm and a love of people. This placement has a flexible schedule.</p> <p><b>Keeper Aide Volunteers:</b> Work behind-the-scenes with the keeper staff to help care for the diverse collection of birds and mammals. These positions require the ability to lift up to 50 pounds and to perform physically demanding work in all weather conditions. The work can be strenuous and dirty. Volunteers must make a commitment of one morning shift per week, 7am. to noon, on the same day each week for one year. (Flexible schedules are not available.) There may be a waiting list for placements in this area.</p> <p><b>Animal Nutrition Center volunteers:</b> Assist the Zoo’s nutritionist in the preparation of animal diets. This is a fascinating opportunity to participate in the behind-the-scenes care and feeding routine of Zoo animals. Volunteers must commit to one morning shift per week.</p> <p><b>Horticulture volunteers:</b> Assist the Zoo’s horticulture crew in maintaining our plant collection on grounds or in the greenhouse. We also have an adopt-a-bed program – a great opportunity for corporations, garden clubs and youth groups!</p> <p><b>Youth Volunteer Opportunities:</b> For youth between the ages of 11 and 18. These exciting programs give a wide variety of experiences to teens looking into the field of animal management and conservation education.  <a href="http://www.dallaszoo.com/aboutus/volunteers/youthopportunities">http://www.dallaszoo.com/aboutus/volunteers/youthopportunities</a></p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>The Samaritan Inn</b></p> <p style="text-align: center;">Volunteer Office  972.542.5302x228  volunteer@thesamaritaninn.org</p> <p style="text-align: center;"><a href="http://www.thesamaritaninn.org">www.thesamaritaninn.org</a></p>	<p><b>The Samaritan Inn:</b> The largest homeless program in Collin County, located in McKinney Volunteers needed (Mon.- Sun., 9am-9pm)  Kids activities – doing crafts and games with resident children while their parents attend onsite classes. As needed</p> <p>Thrift Store – sort, organize, and accept donations at the Thrift Store. The store located in McKinney is open Tues.. - Sat., 9am to 5pm, volunteer shifts are minimum 3 hours. Open House not required for Thrift Store.</p> <p>Lawn Work – mow; use a weed-eater and garden.</p> <p>Computer Lab Monitor. (No computer skills required)</p>

	<p><b>All volunteers (parents and students)</b> must sign up, attend an Open House and complete an application. Minimum age: 18, children 14 and up with adult supervision.</p> <p>You can also <b>organize</b> and <b>collect items</b> needed at the Inn. Call for their wish list. Minimum age: none.</p>
<p style="text-align: right;">Anytime</p> <p style="text-align: center;"><b>The Senior Source</b></p> <p style="text-align: center;">Meghan Hutchinson 214.525. 6161 mhutchinson@theseniorsource.org</p> <p style="text-align: center;">www.theseniorsource.org</p> <p><b>The Senior Source (cont.)</b></p>	<p><b>The Senior Source</b> needs volunteers to serve as <b>Life Enrichment Volunteers</b>. The agency is appointed as Guardian of the Person by the courts for older adults who need help managing personal affairs. Volunteers serve a very important role for the clients: they visit clients, provide much needed social interaction, and improve the quality of life for the most vulnerable population. Read, play games, reminisce, share pictures, vacation memories, or even a meal.</p> <p>Volunteers receive 3 hours initial and further on-going training. Staff support is available around the clock. If you are interested in becoming a volunteer or learning more about the program, call or email. Minimum age: 21.</p> <p><b>Money Management</b> offers opportunities to use skills learned in business or in managing a home to help frail and needy citizens in the community remain independent as long as possible. Money Management provides initial training and ongoing support for all volunteers. Those volunteers who work with a client's funds are insured for the protection of the client and the volunteer. This service provides peace of mind and security to vulnerable seniors. Minimum age: 18.</p> <p><b>Home Visitor</b> (5-10 hrs/month) serves as <b>liaison</b> between the client and The Senior Source (Corporate Representative Payee); <b>visits</b> the client in the home several times a month offering support, <b>delivers</b> small amounts of cash for client's personal needs and ensuring basic needs are being met.</p> <p><b>Bill Payer</b> (5-10 hrs/month) works with the client to <b>develop a basic budget; visits</b> the client twice a month to review bills; <b>writes checks</b> and has the client sign checks; <b>files a simple report monthly</b> and <b>notifies the area manager</b> of any needs of the client that require additional support.</p> <p><b>Office Assistant</b> (6-8 hrs/week) <b>data entry</b> using Office 2007 Word, Access &amp; Excel; handles <b>general clerical duties, files, phone contact, correspondence and other staff support duties as assigned</b></p>
<p style="text-align: center;">2<sup>nd</sup> &amp; 3<sup>rd</sup> Saturdays last Monday of each month</p> <p style="text-align: center;"><b>The Texas Ramp Project</b> (Building Freedom for the Homebound) (Dallas Region)</p> <p style="text-align: center;">Volunteer Coordinator</p>	<p><b>The Texas Ramp Project:</b> No experience required! Learn how to <b>build a ramp. Individuals or groups</b> become part of a team. Projects are complete in a few hours (3-5 hrs). <b>Work sessions are scheduled on the mornings of the 2<sup>nd</sup> and 3<sup>rd</sup> Saturdays of each month</b> While the normal schedule is the 2nd and 3rd Saturday of the month, they do accommodate off-schedule build</p>

214.293.8938  
rickhill.dallasramps@outlook.com

www.texasramps.org

### Texas Ramp (cont.)

#### Interested in volunteering outside Dallas?

Apply at [volunteer@texasramps.org](mailto:volunteer@texasramps.org)  
You will be connected with the  
appropriate coordinator

requests, depending on team leader and material availability.

**Last Monday of each month held with minor variations** to accommodate Holidays. But please **check prior** to ensure they select a ramp large enough for the volunteers.

Individuals and groups are welcome to work alongside the cast of “regulars” – even folks with no previous construction experience can be active participants. It helps, but is **not required**, if you can **bring your own variable speed drill** and some **tips for #2 SQUARE Philips screws**. Also bring **work gloves, lunch/snacks, plenty of water and sunscreen. No flip flops** or similar shoes.

Participants meet at the Dallas Ramp Project Warehouse at 3341 Towerwood Drive, Suite 204 , Farmers Branch 75234 at 7:30am-7:45am and carpool for worksites by 8:15am, except from June-August when they meet at 6:30am-6:45am and leave by 7:15am to avoid the heat.

**Please park near their warehouse on the SW corner of the building** and avoid parking in front of Freed's Warehouse. They are usually open for business and need the parking for their customers

- **Plan on staying until the ramp is finished.** Some ramps take longer than others due to size, complexity, and amount of on-site customization. If you must leave at a certain time, please make this known at the warehouse as ramp assignments are being made. On average, ramps are finished by 2:00 PM but that is not a guarantee. **Please have your team members communicate any time conflicts with Dallas Ramp Project Leadership before leaving the warehouse.**
- **Be prepared for safe construction work – flip flops or similar shoes are unsafe** and should not be worn. They also need to have at least two adults able to use an electric drill/screwdriver and assist other volunteers.
- If possible, bring one cordless drill for every two people.
- **Bring work gloves, lunch (or snacks), bug spray, sunscreen, and plenty of water.**
- **Check** for weather related updates on this page of the Dallas Ramp Project **after 6:30 A.M.** on build days:  
[http://www.texasramps.org/?page\\_id=22830](http://www.texasramps.org/?page_id=22830)
- **Review** the Volunteers Should Know page for more information.

**Cancellation or group volunteer reduction** - The more advance notice they get, the easier it is to find someone to fill the gap. So please provide notice as soon as possible of any change in your reservation

**To schedule groups**, please email the Volunteer Coordinator. Someone will contact you to find a mutually agreeable date for your group. Groups can be scheduled on off-schedule days providing that they have

	<p>team leader availability for the # of volunteers. They typically send 4 to 6 volunteers with each team leader, depending on ramp size and complexity.</p> <p><b>Individuals</b> can usually be accommodated if they show up, but to make certain it is best to email or call the number listed.</p> <p><b>Youth opportunities:</b> Teens 16 and older can participate in the construction of the ramps with adequate adult supervision. <b>Insurance prevents them from allowing kids under the age of 16 on the build site.</b> A minimum of two adult supervisors at each site is required in case one adult has to leave. The remaining adult would be responsible for supervising minors still on the build site. <b>They cannot transport minors to/from the site.</b></p>
<p style="text-align: right;">Anytime</p> <p style="text-align: center;"><b>The Turning Point Rape Crisis Center</b></p> <p style="text-align: right;">Keilah Davis 972.985.0951 volunteer@theturningpoint.org</p> <p style="text-align: right;">www.theturningpoint.org</p>	<p><b>The Turning Point:</b> Provides counseling, education and advocacy to those who have been impacted by sexual assault.</p> <p><b>Advocate volunteers provide crisis intervention and hospital accompaniment</b> while the office is closed, (nights and weekends). Volunteers sign up for shifts that work with their schedule. Scheduling is very easy since they are flexible!</p> <p><b>Volunteers can choose shifts on the “crisis” phone,</b> answer calls coming in to the hotline <b>and offer emotional support and crisis intervention</b> to those in need.</p> <p>Or, volunteers can choose <b>Hospital shifts</b>, to provide crisis intervention and emotional support to survivors at our local area hospitals immediately following an assault.</p> <p><b>Volunteers are required to go through a 40-hour certified training</b> that is provided by The Turning Point. Call for more information. Minimum age: 18+</p> <p><b>Fundraising volunteers needed:</b> find support and help with The Turning Point events on a monthly basis. Great for those who only have time a few evenings or days out of the month.</p> <p><b>Collect items for Sexual Assault Care Kits:</b> (Kits are needed to give to sexual assault victims when they go to the hospital to get a forensic exam). Items needed: new small &amp; medium underwear, sport bras, and small &amp; medium sweatshirts and sweat pants.</p>
<p style="text-align: center;"><b>Veterans History Project</b></p> <p style="text-align: center;">Learn more at <a href="http://loc.gov/vets/kit.htm">loc.gov/vets/kit.htm</a></p>	<p><b>Veterans History Project:</b> You can help capture the stories of the veterans in your life. The Veterans History Project at the Library of Congress started in 2000 and to date some 88,000 audio and video remembrances and artifacts from WWI through Afghanistan have been collected by family, friends, scouts and veteran activists.</p> <p><b>How to do this Project:</b>  <b>Download</b> the Veterans History Project “field kit.”  <b>Collect</b> photos, diaries, documents and letters from the veteran</p>

	<p><b>Read</b> the suggested questions to guide your conversation.  <b>Record</b> the interview in audio or video digital format.  <b>Send</b> materials to the Library of Congress American Folk life Center  This would be an interesting project for families, scouts, history and genealogy buffs.</p>
<p><b>Vickery Meadow Neighborhood Alliance Food Pantry</b></p> <p>Kristen Jackson  972.437.9950  kjackson@jfsdallas.org</p> <p><b>Vickery Meadow Food Pantry (cont.)</b></p>	<p><b>Vickery Meadow’s Food Pantry:</b> This pantry is sponsored by Catholic Charities, Jewish Family Service, Ladies of Charity, National Council of Jewish Women, St. Vincent’s de Paul, Temple Emanu-El and Vickery Meadow Improvement District.  Volunteers are needed to <b>assist individuals</b> in the pantry, Wed. 1pm-3:30pm; Thurs. 9am-noon and Sat. 9am-noon. Additionally volunteers are needed to help <b>stock and organize</b> on Mondays 9am-11am; Wed. 4pm-6pm; Thurs. 12pm-2pm.  <b>Drivers</b> are also needed to pick up food donations or purchases.  Minimum age: 18; 14 accompanied by adult</p>
<p>↪ ↪</p> <p><b>Vickery Meadow Youth Development Foundation</b></p> <p>Dalene Buhl  mcshanreads@gmail.com</p> <p>www.vmydf.com</p> <p>vmsra2018@gmail.com  www.vickery-meadow-summer-academy.com</p> <p>Sept. 18-May 24</p> <p>Saturdays</p> <p>July 7-Aug. 2, 2019</p>	<p><b>Vickery Meadow Youth Development Foundation</b> partners with Preston Hollow Presbyterian Church, North Park Presbyterian Church and Temple Emanu-El to provide 2 reading/tutoring programs to immigrant/refugee children from 29 countries in the Vickery Meadow area.</p> <p>McShan Reading Homeroom begins Sept. 17, 2018 - May 24, 2019  mcshanreads@gmail.com</p> <p>2018/19 McShan Reading Homeroom: Prepare to join them starting September 18, and throughout the school year, 100+ immigrant/refugee students struggling with their English are tutored in basic phonics, reading and writing. Tutor sessions are 45 minutes and run 7:30am to 3pm, Monday –Thursday at McShan Elementary, Room 224, 8307 Meadow Road, Dallas. Many tutors have 2 back-to-back sessions on the day of their choice.</p> <p>2018/19 McShan Saturday School: Meets 8am-12noon on designated Saturdays.  Minimum age: 15</p> <p><b>No teaching experience is necessary for either program.</b> All needed materials tailored for specific student's skills are provided. Email Dalene with your contact information (name, email address, phone) and your availability to volunteer, questions, request for additional information. She will get back to you.</p> <p><b>MAKE PLANS NOW FOR SUMMER 2019!</b>  Vickery Meadow Summer Reading Academy began tutor volunteer registration in November 2018  vmsra2019@gmail.com Ongoing registration.  www.vickery-meadow-summer-academy.com  July 7-Aug. 2, 2019</p>

<p style="text-align: center;"><b>Vickery Meadow Youth Development Foundation (cont.)</b></p> <p style="text-align: right;">Aug. 5-9, 2019</p>	<p><b>2019 Vickery Meadow Summer Academy</b> (VMSRA2019): Make plans now to join the same students and about 100 more from four other area elementary schools who are tutored in classroom settings grouped by reading level during the summer at Jack Lowe Elementary, 7000 Holly Hill Dallas 75231. Sessions are 7am-1pm, Mondays, Tuesdays, Wednesdays and Thursdays. Students receive breakfast and lunch. Tutoring is done in 17 classrooms with 4 adult/youth leaders for every 10 students. View photos of activities at <a href="http://www.vickery-meadow-summer-academy.com">www.vickery-meadow-summer-academy.com</a>.</p> <p><b>No teaching experience is necessary.</b> All needed materials tailored for specific student's skills are provided. Email Dalene at <a href="mailto:vmsra2019@gmail.com">vmsra2019@gmail.com</a> with your contact information (name, email address, phone) and your availability to volunteer, questions, request for additional information. Dalene will get back to you. Minimum age: 15</p> <p><b>Plan now for Summer 2019! Super Happy Fun Week</b> August 5-9 for 38 Vickery Meadow students to partner with 38 Preston Hollow youngsters at Preston Hollow Presbyterian Church 8am to 3pm. Friday, Vickery Meadow and Preston Hollow parents will join their children to review and experience the week's journey together. Email Dalene Buhl at <a href="mailto:funweek2019@gmail.com">funweek2019@gmail.com</a> to receive needed forms. Minimum age: 15. Non-member adults must submit additional forms for background check.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>VolunteerNow</b> (formerly the Volunteer Center of North Texas)</p> <p style="text-align: center;"><a href="mailto:churst@volnow.org">churst@volnow.org</a> <a href="http://www.voly.org">www.voly.org</a> <a href="http://www.volnow.org">www.volnow.org</a></p>	<p><b>Volunteer Now</b> serves to connect volunteers with over 1,500 nonprofit organizations in North Texas. The platform used by nonprofits to present their volunteer needs is located at <a href="http://www.voly.org">www.voly.org</a> .</p> <p>Volunteers may register their email address to review potential volunteer placement sites and directly contact the agency through the email address registered by clicking on the words "I Want to Help" in the volunteer posting.</p> <p>Volunteer opportunities may be searched using categories such as Cause (homeless, education, hunger), Skills (are you a web designer or a piano tuner), Date &amp; Time (when do you wish to volunteer, Location (where within 10/20 or 50 miles) and finally Individual/Team (are you a youth volunteer, a group, a senior, etc).</p> <p><b>Voly.org</b> is powered by Volunteer Now with 44 years of service to volunteers and nonprofits in North Texas.</p> <p>Volunteer minimum age is typically 16, but please check with any nonprofit you volunteer with through VolunteerNow.</p>

<p><b>The Warren Center</b></p> <p>Jordan Bender 972.490.9055x1118 jordan.bender@thewarrencenter.org</p> <p>www.TheWarrenCenter.org</p> <p>facebook/twitter/Instagram: thewarrencenter</p>	<p><b>The Warren Center</b> advocates, serves, and empowers the children and families impacted by developmental delays and disabilities. They serve more than 2,700 families each year through their early intervention program, parent support groups, on site therapy clinic (speech, occupational, and physical), monthly parent workshops, and the Recess Respite program.</p> <p>Volunteers working directly with the children require a background check. Minimum age: 18 or 15-17 with parent supervision. Please contact Jordan Bender: (972) 490-9055 extension 1118 or email: jordan.bender@thewarrencenter.org</p>
<p><b>The Warren Center (cont.)</b></p> <p>April 2 July 16 Oct/ 31</p> <p>Jan. 26 April 6 July 20 Oct. 5</p> <p>Aug. 23</p> <p>Feb. 7 March 14</p>	<p><b>Handyman or Handywoman</b> – There is always something needing a little work around there - from tightening loose toilet paper holders to replacing fluorescent lights to fixing a gate.</p> <p><b>Family Fun Days</b> at each of the offices (Richardson, Garland &amp; Carrollton) April 2, July 16, and October 31 – Approximately 9:00 – 11:30 AM - Each office provides a fun event filled with child-friendly activities and snacks for the children and their family. <b>Volunteers</b> needed to help out at the event as well as <b>help providing needed supplies</b> for the event (snacks, juice boxes, craft items, bubbles, etc.)</p> <p><b>Graduation</b> – Saturdays; January 26, April 6, July 20 &amp; October 5<sup>th</sup> from 9:30 – 11:00. <b>Volunteers</b> needed to help guide families. Help is also needed to <b>provide snacks, juice boxes and water bottles.</b></p> <p><b>Board Committee participation</b> – they need committee members for Finance, Development, Marketing and Board development.</p> <p><b>Fantasy Football</b> – Their largest fundraiser will be held this year in the evening on August 23<sup>rd</sup> at the Intercontinental Hotel in Addison</p> <ul style="list-style-type: none"> <li>• <b>Volunteers</b> are needed for the day/evening of the event including set-up and clean-up</li> <li>• <b>Securing silent auction items</b> – contacting potential retail/artists/etc. to ask for donation items</li> <li>• <b>Preparing/organizing silent auction items</b></li> <li>• <b>Mailings/other Prep Help</b></li> </ul> <p><b>Social Media Ambassadors</b> – (Ongoing) Inviting media-savvy professionals, technology fanatics, and basically anyone who is interested in helping to spread The Warren Center’s mission to become a social media ambassador. The social media ambassador program is an easy way to volunteer your time to by simply sharing content through your personal network.</p> <ul style="list-style-type: none"> <li>• Volunteer on the 2<sup>nd</sup> Thursday from 6:00- 7:30 PM (either once or consecutive times) at the Richardson Parent Support Group completing an organized book time, music time, or craft</li> </ul>

<p style="text-align: right;">Jan. 17 Feb. 21 March 21</p> <p style="text-align: center;"><b>The Warren Center (cont.)</b></p> <p style="text-align: center;">Jan. 24, Feb. 28, March 2</p> <p style="text-align: right;">Feb. 2</p> <p style="text-align: right;">April 2</p>	<p>activity with a small (2-3) children rotating through all 15-20 children. The dates for Spring are: February 7, and March 1.</p> <ul style="list-style-type: none"> <li>• Volunteer on the 3<sup>rd</sup> Thursday from 6:00- 7:30 PM (either once or consecutive times) at the Carrollton Parent Support Group completing an organized book time, music time, or craft activity with a small (2-3) children rotating through all 15-20 children. The dates for Spring are: January 17, February 21, and March 21.</li> <li>• Volunteer on the 4<sup>th</sup> Thursday from 6:00- 7:30 PM (either once or consecutive times) at the Garland Parent Support Group completing an organized book time, music time, or craft activity with a small (2-3) children rotating through all 15-20 children. The dates for Spring are: January 24, February 28, and March 2.,</li> <li>• Art of Music Gala: On February 2. The Warren Center holds a gala featuring local artists. Volunteers are needed to help set up the venue from 9:00 AM to 1:00 PM.</li> <li>• Create a Spring or Summer craft activity using ours or your own materials. I have examples available for reference. Basically, a craft in a bag. Simple to complete activities in one bag for our clinic clients, early childhood intervention participants, and for children in our parent support group. This can be done at your location or ours.</li> <li>• Two people, three hours a month assisting with organization, flyers, and database maintaining in our fundraising development department and family education and support.</li> <li>• Family Fun Days: Help out with hands on children’s activities at one of our three locations (Carrollton, Garland, or Richardson) on Tuesday, April 2<sup>nd</sup> from 9:30-11:30 AM.</li> </ul>
<p>↳ ↳</p> <p style="text-align: center;"><b>Wesley-Rankin Community Center</b></p> <p style="text-align: center;">Severina Ware 214.742.6674 severina@wesleyrankin.org and Natalie Breen natalie@wesleyrankin.org</p> <p style="text-align: center;">www.wesleyrankin.org</p> <p style="text-align: right;">Year round. Mon.-Fri.</p>	<p><b>Wesley-Rankin Community Center:</b> Through caring relationships, Wesley-Rankin Community Center partners with their West Dallas neighbors providing education and resources to drive community transformation.</p> <p>Program Contact: Natalie Breen, Natalie@wesleyrankin.org Volunteer Contact: Severina Ware severina@wesleyrankin.org</p> <p>Volunteers must be 13 years of age older. Any volunteer over the age of 18 will require a background check. For more information, email, severina@wesleyrankin.org .</p> <p><b>Senior Citizen’s Program:</b> Seniors enjoy activities including Bingo, exercise, puzzles, and games, crafts, sewing, seasonal events, and holiday dances. Lunch is served daily. The program meets Monday-Friday from 9am-12pm. Volunteers are needed to host a one-time</p>



<p style="text-align: center;"><b>Wesley Rankin Community Center (cont.)</b></p> <p style="text-align: center;">Sept.-May Mon.-Thurs.</p> <p style="text-align: center;">Sept.-May Tuesdays Wednesdays</p> <p style="text-align: center;">June 3-July 26</p>	<p>enrichment activity such as c <b>Wesley Rankin Community Center (cont.)</b> rafts, health topics, etc., host a dance by providing music and food</p> <p><b>After-School Program:</b> Students grades 1-12 participate in reading, science and math enrichment activities, and homework assistance. A full meal is served daily. Volunteers are needed to tutor one week or daily. Mondays-Thursdays, September-May</p> <p><b>GOh! GOh! Girls! (Girls of Hope, Girls of Honor):</b> Through positive role models and mentors, this program engages 4-8th grade girls in activities and field trips to build self-confidence promote healthy living Volunteers are needed to assist with activities and lessons; teach personal responsibility, and focuses on goal-setting and achievement. GOh! GOh! Girls! in grades 4-5 meets on Tuesdays, 4:30pm-6pm. GOh! GOh! Girls! In grades 6-8 meets on Wednesdays 4:30pm-6pm</p> <p><b>B3X Summer 2019 Program Dates</b> June 3 to July 26 – Runs for 7 weeks from 8:15am to 3:30pm Volunteer duties included classroom set up, facility maintenance, facilitating enrichment activities, math intervention support, etc. <b>Sign Up begins April 1, 2019</b></p> <p><b>B3X</b> (Beakers, Base Ten, and the Beat) is an energizing summer enrichment camp that provides the expansive, hands-on learning experiences and tailored instruction proven to benefit academic performance in underserved students. Daily activities to reinforce core learning in science, math, art, music and reading are provided to B3X-pplorers via field trips, on site labs, workshops, and arts enrichment activities. The B3X programs ensures that students have access to experiential learning opportunities that will help bridge abstract classroom concepts with tangible experiences. Intentionally aligned field trips are chosen to reinforce curriculum coverage. Contact Severina at severina@wesleyrankin.org for more details.</p>
<p style="text-align: center;"><b>Wipe Out Kids' Cancer</b></p> <p style="text-align: center;">Dr. Alisa Rich 214.987.4662 CEO@wokc.org  www.wokc.org</p>	<p><b>Wipe Out Kids' Cancer (WOKC)</b> is a non-profit organization founded in 1980 by Cindy Brinker Simmons dedicated to educating and funding pediatric cancer research on a national basis. WOKC also provides hope and support to children stricken with cancer and their families through our Buddy Bag and Ambassador programs.</p> <p><b>Ambassador Program:</b> Volunteers are needed for the Ambassador and Special Events to help with set-up, decorations and organizing activities. Minimum age: 16</p> <p><b>Fundraising and Marketing:</b> Volunteers interested in a career in marketing and/or fundraising may desire to participate in our Jersey Mike's Promotion in March</p>

	<p>every year, and the Addison Oktoberfest Fun Run (September every year). Special campaigns for fund raising by students is available and encouraged.</p> <p><b>Research:</b> Volunteers are needed to assist with research (data entry, data mining, analysis, knowledge of Microsoft Office) and development of information for presentations to the community. The ideal candidates are students who have a strong interest in a career in medicine, dentistry or health care. Other general administrative tasks at the WOKC office may also be available. Minimum age: 16</p> <p>Please contact Dr. Alisa Rich for further information (CEO@WOKC.ORG or 214.987.4662 office).</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;"><b>Wooden Spoon</b></p> <p style="text-align: center;">Gwen Workman 972.424.6687 TwoNordic@aol.com</p> <p style="text-align: center;">www.woodenspoonplano.com</p>	<p><b>Save and collect</b> the aluminum tabs from cans. They are <b>recycled for cash</b> and the <b>money is sent to the Kidney Foundation.</b></p> <p><b>Recycle old greeting cards:</b> collect the front of greeting cards (no messages on reverse please). They can be holiday or all occasion cards. They will be sent to children at Mosaic. <b>Deliver to:</b> 1617 Avenue K (between 18<sup>th</sup> St and 15<sup>th</sup> St.), Plano</p> <p><b>Support Mosaic</b>, group homes sponsored by the Lutheran Church for those with disabilities. by making a collection of needed items. Following is the list, laundry soaps, dish soaps, toilet paper, paper towels, toothpaste, Dove or Ivory soaps, Aveeno lotion, etc. Please ask for complete want list. <b>Deliver</b> items to Wooden Spoon or directly to PMLC Lutheran Church.</p>

FOR YOUR INFORMATION: Websites for teen opportunities

<http://www.volunteersinplano.org>      <http://www.voly.org>  
<http://www.idealists.org>      <http://www.dosomething.org>  
<http://www.bygpub.com>      <http://www.volunteermatch.org>  
<http://www.volunteerfamily.org>

### National Days for Community Service in 2019

Jan. 21	Martin Luther King Jr. Day of Service.
April 7-13	National Volunteer Week
Sept. 11	9/11 Day of Service and Remembrance
Oct. 26	Make a Difference Day
Nov. 11	Veteran's Day
Nov. 23	Family Volunteer Day

**SUPPORT THE TROOPS, VETERANS AND FAMILIES:** Please consider ways you can continue to support the troops and returning veterans  
Following are some organizations you can contact: Also check [www.nrd.gov](http://www.nrd.gov) for additional organizations nationally and by state.

Carry The Load [www.carrytheload.org](http://www.carrytheload.org) 214.733.6068

Supports nonprofit partners to provide continuum of care to Military, Law Enforcement, Fire Fighters and Rescue personnel and their families.

Comfort Crew [www.comfortcrew.org](http://www.comfortcrew.org) 1.512.337.2739

Provides services to children in military families

Defenders of Freedom [www.defendersoffreedom.us](http://www.defendersoffreedom.us) 320 HWY 121, Suite 203, Coppell, TX 75019

Gives emergency financial assistance to wounded troops and families. Builds and gives away new, custom built homes to wounded and disabled veterans.

Disabled American Veterans [www.dav.org](http://www.dav.org)

Provides free, professional assistance to all veterans in obtaining benefits earned through service. Volunteers provide injured and ill veterans with free transportation to and from VA hospitals and clinics. Offers other programs: Transition Service, Employment,

Grace Under Fire [www.graceunderfire.org](http://www.graceunderfire.org) 1.800.363.6477

Supporting female veterans.

Heroes on the Water [www.heroesonthewater.org](http://www.heroesonthewater.org) [dfw@heroesonthewater.org](mailto:dfw@heroesonthewater.org)

Serves all military who have been wounded, injured or disabled with a meaningful day trip of paddling and fishing.

Homeless Veteran Services of Dallas [www.hvdsd.org](http://www.hvdsd.org) 877.424.3838

Provides temporary housing for veterans and their families and transportation to the VA for appointments.

Homes for Our Troops [www.info@hfotusa.org](http://www.info@hfotusa.org) 1.866.7TROOPS

Help severely injured Veterans and their families restore freedom and independence through the gift of a specially adapted home

Honor Courage Commitment [www.hccvet.org](http://www.hccvet.org) 214.481.3834

Trains veterans to be entrepreneurs.

Hope for the Homefront [www.hopeforthehomefront.com](http://www.hopeforthehomefront.com) 1.719.440.1000

Provides services to women in military families including retreats and support services

Operation Home Front/TX [www.operationhomefront.org](http://www.operationhomefront.org) 1.866.316.9170 [southernplains@operationhomefront.net](mailto:southernplains@operationhomefront.net)

Provides emergency assistance and morale to service members, veterans and their families.

Operation Once in a Life Time [www.operationonceinalifetime.com](http://www.operationonceinalifetime.com)

Provides free financial and moral support in an effort to make the dreams of U.S. soldiers, their families and veterans come true.

Snowball Express [www.snowballexpress.org](http://www.snowballexpress.org) 1.817.410.4673  
Provides services to children of our fallen military heroes since 9/11

Soldier's Angels [www.soldiersangels.org](http://www.soldiersangels.org) 615.676.0239  
Provides opportunities to support troops through various projects.

USO DFW [affiliates.uso.org/dfw](http://affiliates.uso.org/dfw) 972.574.3933  
Supports military traveling through DFW and organizes community outreach programs with homecomings, deployment and family days.